

EXPLORATIONS

BY NORWEGIAN®

Onshore Explorations Guide

Exploration from Singapore to Singapore

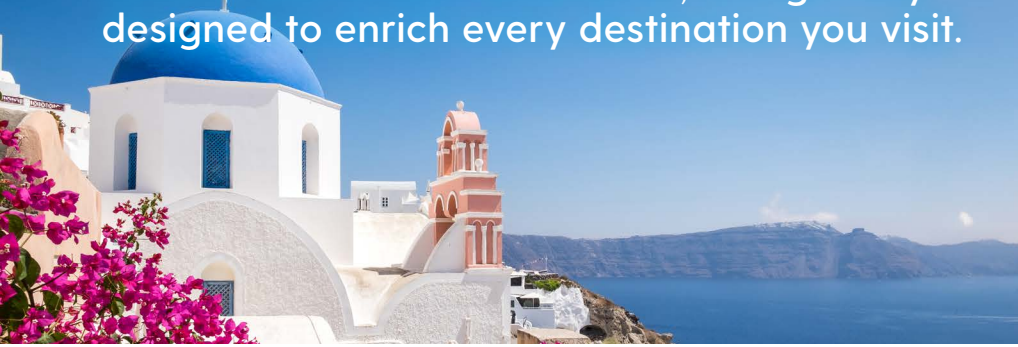
EMBARK Singapore 29 December 2026

DISEMBARK Singapore 06 January 2027



DISCOVER

Some of the world's most significant historical, cultural and artistic landmarks, thoughtfully designed to enrich every destination you visit.



To make choosing your experience simple, our onshore explorations are grouped into three clear categories:

Highlights

Effortlessly experience the must-see sights and key points of interest in each port.

Local Discovery

Go deeper into the destination, with immersive experiences that reveal local life, culture and character.

Active

Explore your ports of call from a fresh perspective through engaging activities such as cycling, hiking, kayaking and more.

Every port offers a carefully curated collection of tours and adventures. Experience awe-inspiring natural sights, world-renowned landmarks and authentic local culture, history and cuisine that bring these destinations to life.

Reasons to Explore Onshore

Seamless and Secure Experiences

All excursions are carefully monitored by shipboard staff and depart directly from the pier for your comfort, safety and convenience.

Expert Local Guidance

Enjoy insightful commentary from professional, English-speaking guides who bring each destination to life.

Thoughtfully Planned Itineraries

Our experienced excursion specialists design every tour to help you make the most of your time ashore.

Premium Transportation

Travel with trusted, licensed and insured tour operators using the best available climate-controlled vehicles.

Helpful Hints for Your Onshore Exploration

- Wear casual, weather-appropriate clothing and comfortable walking shoes suitable for the day's activities. For more active experiences, sturdy, non-slip footwear or hiking shoes are recommended.
- Dress respectfully when visiting cultural or religious sites. Shoulders and knees should be covered where required.
- Bring a hat, sunglasses and sunscreen to stay protected from the sun.
- Carry bottled water to stay hydrated, particularly during active or warmer excursions.
- For water-based activities, remember to bring swimwear and a towel.
- Insect repellent may be useful for outdoor or nature-focused explorations.



While excursions may be shown for embarkation and disembarkation ports, they may not be available to book on the day you board or leave the ship due to operational requirements. The excursions listed are offered exclusively for ports of call during the voyage.

Once onboard, you are welcome to visit the Destinations Desk to discuss your onward travel plans. In some cases, transfer services may be available to suit your individual arrangements. Please note that these services are not listed in this document, as they cannot be pre-booked and are available for purchase only whilst onboard **Regatta**.

Important Information About Onshore Explorations

Onshore Explorations offered through **Explorations by Norwegian** are operated by independent, licensed third-party providers. Explorations by Norwegian facilitates these experiences but does not operate them directly.

Details such as itineraries, routes, duration, departure times, pricing and availability are provided as a **guide only** and may be updated, adjusted or withdrawn without notice. Onshore Explorations may be modified or cancelled due to weather conditions, safety considerations, capacity limitations or other operational requirements.

Participation in any Onshore Exploration is at the guest's own discretion and risk. Explorations by Norwegian is not responsible for the actions, services or omissions of third-party tour operators. Cancellation terms and conditions may vary depending on the specific Onshore Exploration and operator.

All pricing is listed in US\$ on a per person basis. Pricing is correct as at 10 March 2026 but may be subject to change.

Official Port Name	Country	Tour Code	Onshore Explorations Category	Tour Name	US\$ Cost Per person	Duration (Hours)	Walking	Overview	Please note
Singapore	Singapore	SIN-006	Highlights	PANORAMIC SINGAPORE	\$149	3.5	EASY	Delight in the exotic charms of Singapore's inner city and surrounding suburbs on a panoramic drive that includes only minimal walking. Drive through the business district and historic Colonial area, where splendid architecture and foliage combine to create the perfect backdrop. Stopping at the Merlion Park, where the enduring half-lion and half-fish symbol of Singapore stands majestically. Originally located at the mouth of the Singapore river, it currently stands in the centre of Marina Bay, where you will be able to enjoy panoramic views of the spectacular waterfront. Catch a glimpse of Singapore's cultural aspects during a visit to Little India, a fascinating area teeming with shop houses and flamboyant temples. Visit the Arab Quarter, where you will find a different side of Islam among the mosques and outgoing lifestyle. Stop at a local coffee shop just outside Chinatown which bustles with frantic street merchants. As you drive down Orchard Road, you will see Singapore's ultimate shopping district, a cityscape of one futuristic-looking mall after another.	This tour is available to wheelchair guests who have a collapsible wheelchair and are able to make their own way on and off transportation. Guests must be self-sufficient or if assistance is required, they should travel with a companion who can provide this.
Singapore	Singapore	SIN-010	Highlights	SINGAPORE BY RIVER BOAT & FLYER	\$279	4.5	MODERATE	See Singapore from several unique perspectives that present the ultimate breathtaking views of the sprawling city-state. The SkyPark observation deck at Marina Bay Sands will offer the highest and most sweeping panorama of Singapore as it towers 56 stories above the ground. From this lofty vantage point, you will look down on the Gardens on the Bay, its grove of 18 towering artificial SuperTrees and the durian-shaped domes of the Esplanade. Immerse yourself in the otherworldly beauty of Gardens by the Bay, exploring the award-winning Flower Dome and Cloud Forest conservatories, brimming with exotic flora from diverse climates. The Ferris wheel-like Singapore Flyer will offer awe-inspiring views of the urban landscape from yet another angle. You will ride in the comfort of an enclosed glass capsule as the wheel slowly spins on its axis, reaching 42 stories at its highest point. Then, there is the scenic wooden bumboat cruise on the Singapore River. From Clarke Quay, you will motor under bridges, past skyscrapers and along the lush parks that border the riverbanks. Few experiences are so memorable.	Guests must be able to embark/debark the boat as it doesn't have an even walkway and at times might need to walk across boat to boat for boarding. tour is not recommended for guests with walking or mobility concerns. Not recommended for guests with a fear of heights as the Singapore Flyer stands 168m from the ground.
Singapore	Singapore	SIN-011	Highlights	SINGAPORE'S ICONIC TOUR	\$209	4	MODERATE	Explore some of Singapore's most well-known and culturally significant landmarks by motor coach and riverboat. A short drive will bring you to Thian Hock Keng, an extraordinarily ornate temple dedicated to a sea goddess. Built in 1839, it was on the waterfront until a land-reclamation project extended the shoreline. The temple is revered for its traditional southern Chinese design and for being constructed without a single nail. Re-board your coach for a sightseeing drive through the Colonial District of Singapore, also known as Old Singapore. You will also see the city's first church, St. Andrew's Cathedral, which was named for the patron saint of Scotland, as Scottish merchants funded its construction. A stop will be made on Arab Street to visit and photograph the beautiful, gold-domed Sultan Mosque. The Sultan Mosque further exemplifies the city's religious diversity and early history, as it was built in 1824 by Singapore's first sultan. A cruise down the Singapore River will present a different perspective of the urban landscape, as skyscrapers line the riverbanks. Another icon of Singapore is the legendary Raffles Hotel, where you will make a stop. Years of tender, loving care and pride of purpose have kept this landmark a must-see for any visitor to Singapore. Experience the legendary Singapore Sling, invented in 1915 right here in the Long Bar at Raffles. You may also take this time to visit the Raffles Hotel Shops, for that last-minute souvenir hunting.	Guests must be able to embark and debark the boat with limited assistance and negotiate many steps during visits. This tour is not available for wheel chair guests and not recommended for those with walking or mobility concerns. Dress appropriately to visit the temple with shoulders and knees covered. Proper dress is also required if you intend to visit the lobby of the Raffles Hotel; shorts and bermudas are not allowed. For men, closed shoes with sox are required, and for women, sandals and open backs are not allowed.
Singapore	Singapore	SIN-013	Highlights	FOUNDING FOOTSTEPS OF RAFFLES	\$169	3.5	MODERATE	Discover how the vision of Singapore's founding father Sir Stamford Raffles came to fruition by delving into the culture and history of the flourishing island city-state. Your exploration will begin by cruising the Singapore River in a bumboat, a type of vessel that was originally used to ferry supplies from ships moored offshore to the pier. A white marble statue of Raffles overlooks the river at the site where he supposedly first landed in 1819. You will learn more about the founding of Singapore at the riverfront Asian civilisations Museum, which holds a collection of artifacts that tells the story of Singapore over the past two centuries. Many of the items are even older, such as the treasures found in a 9th-century Chinese shipwreck. You will also visit the renowned Raffles Hotel, a 19th-century landmark named for the Englishman that was highly influential in creating Britain's empire in the Far East, including Singapore.	Guests must be able to embark and debark the boat with limited assistance and negotiate many steps during visits. This tour is not available for wheelchair guests and not recommended for those with mobility concerns. Proper dress is required to enter the Raffles hotel lobby: shorts are not allowed. Men must wear closed shoes with socks and women are not permitted to wear sandals or open-back shoes.

Singapore	Singapore	SIN-014	Highlights	THE SPIRIT OF SINGAPORE	\$139	4	MODERATE	<p>Experience the diversity of Singapore by exploring architectural treasures that reflect the dichotomy between its cherished past and bullish future. That ambivalence will be especially apparent in the city's colonial heart, where you view historical landmarks such as St. Andrews Cathedral and walk the skyscraper-lined Esplanade. Your orientation of the city begins with a drive through the Colonial Heart of Singapore to the Padang, the island's premier ground for sporting events and get-togethers. From the Padang see the Cricket Club, Parliament House, Supreme Court and City Hall. Walk along the enchanting Esplanade, lined with futuristic skyscrapers, chic restaurants and boutiques.</p> <p>Even the statue of the official mascot, the Merlion, reflects Singapore's duality. The lion half of the mythical Merlion figure is a nod to Singapore originally being called the "lion city"; the fish half honours Singapore's humble beginnings as a fishing village. A tour of the lavish Sri Mariamman Temple in Chinatown will present a glimpse into Hinduism, one of five main religions practiced here. The colourful statues adorning the roof are particularly noteworthy. Despite Singapore's outstanding architecture, UNESCO chose to recognise the city instead for its botanical gardens. As you will discover, the lush site demonstrates its evolution from a British colonial tropical garden to a scientific institution for conservation and education.</p>	Tour includes approximately 1 ½-hours of walking, some, on cobblestones. Tour is available to wheelchair guests who have a collapsible wheelchair and are able to make their own way on and off transportation. Guests must be self-sufficient or if assistance is required, they should travel with a companion who can provide this. You must remove your shoes to enter the Sri Miriamman Temple, and dress appropriately with shoulders and knees covered.
Singapore	Singapore	SIN-015	Highlights	INS AND OUTS OF SINGAPORE	\$309	4.5	STRENUOUS	<p>Experience Singapore like a local by travelling throughout the city-state using common modes of transportation. You can expect to ride the subway or a public bus, a riverboat and a motor coach, all of which will give you a great feel for local life. Depending on the traffic conditions, you will visit either the vibrant ethnic enclave of Chinatown or the bustling Maxwell Hawker Centre to indulge in the local street food, which includes every cuisine imaginable. The riverboat cruise from Clarke Quay will present a unique waterfront perspective of Singapore, as you will pass an array of modern and colonial landmarks. To make the most of the adventure, you will be provided with a bag containing essential items such as a map, subway tokens and snacks. And what better way to toast the day than with a Singapore Sling at the Raffles Hotel, where this classic drink was created.</p>	This is a fast-paced tour that involves extensive walking, steps and stair climbing. It is not available for wheelchair guests and not recommended for those with mobility concerns. Proper dress is required to enter the Raffles hotel lobby: bermudas and shorts are not allowed. Men must wear closed shoes with socks and women are not permitted to wear sandals or open-back shoes.
Singapore	Singapore	SIN-017	Highlights	SENTOSA ISLAND & WINGS OF TIME	\$279	5.5	MODERATE	<p>Explore Sentosa Island, an entertainment venue just off the mainland, where you will enjoy the Images of Singapore museum, Madame Tussauds and the ambitious Wings of Time show. The ride to the island on a cable car will be extraordinarily picturesque, as it will offer a literal bird's-eye view of the harbour below and Brani Island, which lies between Sentosa and the mainland. Upon arriving at the museum, you will enjoy a cultural immersion that tells Singapore's story through dioramas with live actors and authentic furnishings. Madame Tussauds takes a different approach by presenting wax figures of local idols and international celebrities. After the museums, head down to Sentosa's latest attraction, Sentosa Sensoryscape offering a unique blend of nature, architecture, and cutting-edge technology featuring large-scale outdoor interactive light art, a nature-inspired soundscape, and augmented reality (AR) engaging five senses and inducing "sixth sense" of imagination each crafted to captivate your senses and create unforgettable memories and you will have some time to explore on your own. As night falls, you will watch the Wings of Time, an outdoor show with spectacular multi-media effects, lasers, robotic water fountains and pyrotechnics. The wonderfully entertaining performance tells an epic tale.</p>	This tour involves about two hours of easy walking and standing with many steps to negotiate. Guests must board cable car while it moves slowly. The amount of walking and level of exertion during free time is at guests' discretion. The tour is not available to wheelchair guests and may not be suitable for guests with mobility concerns. The Wings of Time show is outdoors, so bring a raincoat or umbrella during the rainy season from December through February.
Singapore	Singapore	SIN-021	Highlights	ROUND ISLAND TOUR	\$269	6.5	MODERATE	<p>Explore attractions on the outer reaches of Singapore that may be a bit off the beaten path but no less unforgettable. You will get a candid glimpse into daily life by watching the locals shop in the Tiong Bahru Market, a traditional wet market, as opposed to a market that only sells dry goods such as textiles. You can expect to see a staggering variety of garden-fresh produce, just-caught seafood and exotic flowers. In the northern reaches of Singapore, you will pause at the Kranji War Memorial, where thousands of soldiers from World War II are buried. Bright Hill Temple encourages reflection of a different sort, as it is Singapore's largest Buddhist temple. Stop a Tampines New Town for a walking tour of the area. Tampines New Town residential district has received the United Nations' world habitat award for being an outstanding human settlements area. Follow your guide on a walk around the town, which gives an insight into the typical Singaporean lifestyle, showcasing the neighbourhood and the community where schools, shopping malls, restaurants, libraries and a sports hub can be found.</p>	This tour involves approximately 2.5 hours of walking with many steps to negotiate. Tour is not available for wheel chair guests and those with walking or mobility concerns are cautioned to evaluate their personal level of ability and stamina. Tiong Bahru Market is undergoing renovation and will be replaced with a visit to Chinatown Complex Market.

Singapore	Singapore	SIN-026	Highlights	SINGAPORE BIRD PARADISE	\$149	4	MODERATE	Meander through Bird Paradise, Asia's largest collection of aviaries, and observe every imaginable species of bird in habitats that reflect those found in nature. As an introduction to the avian world, you will watch an array of colourful, highly intelligent birds show off their prodigious talents in the Sky Amphitheatre. You will then be free to walk about the park on your own and observe other species that interest you. You might see Gentoo penguins – the world's fastest swimming penguin – zipping through the water and hear snow-white Bali mynas singing a song composed of chuckles, squawks and scratchy chatters. There are fearsome-looking raptors such as the Philippine eagle, wide-beaked tawny frogmouths, dinosaur-like Southern cassowaries and neon-coloured rainbow lorikeets, whose brush-tipped tongues help them feed on nectar and soft fruits. Bird Paradise lives up to its name by sheltering more threatened avian species than any other zoological park in the world.	This tour is available to wheelchair guests who have a collapsible wheelchair and are able to make their own way on and off transportation. Guests must be self-sufficient or travel with a companion that can assist.
Singapore	Singapore	SIN-027	Highlights	ORCHIDS & TEA	\$299	4	MODERATE	Take pleasure in two of Singapore's most celebrated landmarks. Visit the Singapore Botanic Gardens, the first UNESCO Heritage Site in Singapore. With its superb collection of tropical plant life, spread over 128 acres, the Gardens hold over 4,000 species of plant life, including many rare specimens and one of the world's largest orchid collections. Drive along Orchard Road, the city's glossy hotel, shopping and entertainment district before arriving at The Raffles Hotel. Evoking a sense of grandeur and colonial-era charm, Raffles Hotel Singapore is a landmark that transcends mere hospitality. It's an experience. And at the heart of this experience lies a cherished tradition – Afternoon Tea at the Grand Lobby.	This tour is available to wheelchair guests who have a collapsible wheelchair and are able to make their own way on and off transportation. Guests must be self-sufficient or travel with a companion that can assist.
Singapore	Singapore	SIN-035	Highlights	TEA TRADITIONS AND CHINATOWN SIGHTS	\$349	3	MODERATE	Become immersed in the culture of Chinatown while browsing a Buddhist temple and learning to prepare the perfect cup of tea according to tradition. As you walk through Chinatown's maze of narrow streets, you can't help but become enthralled by the vibrant atmosphere and striking architecture. One of the highlights will be visiting the Buddha Tooth Relic Temple, a relatively new Tang Dynasty-style complex that it holds an ancient sacred relic – a tooth from Buddha that was recovered from his funeral pyre in India. You will delve deeper into the Chinese culture at Tea Chapter, a tea house where one of its masters will demonstrate the art of brewing tea. You will learn about the origins of Chinese tea, the characteristics of it and the details of the tea ritual. Using this new-found knowledge, you will then brew your own tea and enjoy the sensory experience of drinking it.	This tour includes approximately 1.5 miles of walking at a steady pace, part of which will be on cobblestone and uneven surfaces. The tour is not recommended for guests on wheelchairs, scooters or with any limited mobility. The flavour and aroma of the teas may vary based on seasonality and batch variations, which are part of the authentic experience. If you are pregnant, nursing, or have specific health conditions, please consult your healthcare provider before consuming tea. Tour sensitive to weather conditions. The order and times of the sites visited may vary. Entrances to sites and venues are not included unless otherwise stated. Appropriate attire is required for temple/places of worship entry. Please avoid miniskirts, short shorts, bare-back tops, or singlets. Pants or skirts must cover the knees for both men and women. Please remove all hats, caps and shoes before entering the temples. Non-compliance may result in denied entry.
Singapore	Singapore	SIN-038	Highlights	BUZZING AROUND IN SINGAPORE (VW)	\$469	4	EASY	Ride around Singapore in a vintage car with stops for cocktails and appetizers at some of the city's most iconic and unusual venues. No place is more well-known than Raffles Hotel, a 19th-century landmark named for the Englishman that was highly influential in creating Britain's empire in the Far East, which included Singapore. There, at the Long Bar, where the iconic Singapore Sling was invented, you will enjoy a favourite beverage. The next venue will be a hidden speakeasy known only to locals as it is cleverly disguised as a traditional Chinese medicine shop. The bartender will mix a drink infused with exotic herbs and serve tropically inspired tapas that pair perfectly with it. After buzzing around Singapore a bit more, you will pause for yet another cocktail at the SkyBar at the Marina Bay Sands, an extraordinary 5-star hotel that offers the ultimate panoramic view of the skyline.	Due to the nature of this tour, it is only available for guests 21 and over. Guests should drink responsibly. This tour involves moderate walking over relatively even and flat surfaces with some steps. This tour is not suitable for guests who utilise a wheelchair or have mobility issues. Cash is preferred in small stores. Tour sequence may vary for optimal enjoyment and operational planning.

Ko Samui	Thailand	KOS-001	Highlights	KO SAMUI DISCOVERY	\$229	6	MODERATE	Discover a truly unique lifestyle and culture during your visit to Ko Samui, the Island of Coconuts. Take a scenic coastal drive past exquisite beaches en route to Ko Samui. Stop at the Big Buddha Temple, or Wat Pha Yai. The Big Buddha Temple features a 36-foot golden statue perched atop a wide staircase decorated with dragons. You will also visit the Plai Laem temple. Surrounded by a lake, this serene modern temple features a towering white statue of Guanyin, a goddess who is believed to be the protector of all beings and a source of unconditional love. Her many arms are thought to represent her ability to reach out and provide help. Equally impressive is a statue of a large white laughing Buddha and the temple itself has many beautiful designs that were created by Jarit Phumdonming, a renowned Thai artist. On either side of the Guanyin statue you will find two halls that are adorned with murals and frescoes that depict Buddhist mythology. After a Thai themed Lunch at a beach resort, return back to pier.	This tour involves a moderate amount of walking. Tour buses and guides will be brought over from the mainland. Appropriate dress is required to enter the temple; no cut-offs or sleeveless shirts are permitted.
Ko Samui	Thailand	KOS-001OE	Highlights	OE- KO SAMUI DISCOVERY	\$299	6	MODERATE	<p>Explorations Exclusive Tour</p> <p>For those travellers who prefer an added measure of intimacy and flexibility, we are pleased to offer our new Explorations Exclusive tours. With a minimum of 10 guests and a maximum capacity of just 16 guests, each tour benefits from a higher level of personal attention and the added flexibility and agility that come from travelling in a small group.</p> <p>Explorations Exclusive tours are available for a specially selected number of tours in almost every port we visit, in every corner of the world.</p> <p>Discover a truly unique lifestyle and culture during your visit to Ko Samui, the Island of Coconuts. Take a scenic coastal drive past exquisite beaches en route to Ko Samui. Stop at the Big Buddha Temple, or Wat Pha Yai. The Big Buddha Temple features a 36-foot golden statue perched atop a wide staircase decorated with dragons. You will also visit the Plai Laem temple. Surrounded by a lake, this serene modern temple features a towering white statue of Guanyin, a goddess who is believed to be the protector of all beings and a source of unconditional love. Her many arms are thought to represent her ability to reach out and provide help. Equally impressive is a statue of a large white laughing Buddha and the temple itself has many beautiful designs that were created by Jarit Phumdonming, a renowned Thai artist. On either side of the Guanyin statue you will find two halls that are adorned with murals and frescoes that depict Buddhist mythology. After a Thai themed Lunch at a beach resort, return back to pier.</p>	This tour involves a moderate amount of walking. Tour buses and guides will be brought over from the mainland. Appropriate dress is required to enter the temple; no cut-offs or sleeveless shirts are permitted.
Ko Samui	Thailand	KOS-003	Highlights	KOH SAMUI HIGHLIGHTS	\$169	4.5	MODERATE	Discover the highlights to be found in Ko Samui during an orientation tour of this scenic island. Enjoy a scenic coastal drive past exquisite beaches. Stop for a visit at the Big Buddha Temple, or Wat Pha Yai, which features a 36-foot golden statue perched atop a wide staircase decorated with dragons. The statue is visible from several miles away and creates an impressive silhouette against the sea and sky behind it. You will also visit the Plai Laem temple. Surrounded by a lake, this serene modern temple features a towering white statue of Guanyin, a goddess who is believed to be the protector of all beings and a source of unconditional love. Her many arms are thought to represent her ability to reach out and provide help. Equally impressive is a statue of a large white laughing Buddha and the temple itself has many beautiful designs that were created by Jarit Phumdonming, a renowned Thai artis. On either side of the Guanyin statue you will find two halls that are adorned with murals and frescoes that depict Buddhist mythology. Enjoy a brief photo stop at a scenic viewpoint overlooking Chaweng Beach before returning to the pier.	This tour includes about 1½ hours of walking with some steps to negotiate at the temple. The tour is available to wheelchair guests who are able to both make their way on and off the coach and sit in a coach seat. Guests with mobility concerns should evaluate their stamina and ability before joining the tour. Appropriate dress is required to enter the temple; sleeveless shirts, shorts, culottes, tight trousers or leggings are not permitted. Tight or see-through blouses are not permitted, even if a jacket is worn over them. Trousers must cover the ankles, and women must cover their shoulders and knees. Footwear must be removed to enter temples.

Ko Samui	Thailand	KOS-004	Local Discovery	THAI COOKING CLASS	\$309	6	MODERATE	Experience the flavours of Ko Samui during this unique guided visit to a local market, followed by an exclusive Thai cooking lesson at the beautiful Nora Beach Resort & Spa. Depart the pier for the drive to a local market, which features a wide array of food and goods consumed by the islanders. Wandering among the tiny, packed stalls of this fascinating site is truly a unique experience and it offers excellent insights into the local way of life. Your guide will explain the essential ingredients in the preparation of a typical Thai meal. Please note that you will not be purchasing your ingredients for the cooking class here as they have already been prepared by the school. Next, you will be escorted to the Nora Beach Resort & Spa for a memorable cooking class and lunch. Upon arrival, you will be welcomed at the resort with a traditional Thai Herbal beverage prior to your cooking class. You will then watch and learn how the chef prepares the food and explains the traditional methods used in Thai cooking. During this 90-minute cooking demonstration, you will be invited to don an apron and chef's hat and help prepare your meal before enjoying the results of your efforts. You will begin with a delicious bowl of chicken soup made with fresh coconut milk. Next, you will dine on deep-fried spring rolls served with Thai noodles. Refreshing seasonal fresh fruit will cap off your meal. Before returning to the ship a stop will be made at the Big Buddha Temple. It features a 36-foot golden statue perched atop a wide staircase decorated with dragons. The statue of Buddha is visible from several miles away and creates an impressive silhouette against the sea and sky behind it. Surrounding the Buddha, you will find a number of meditation huts, or kutis, along with several striking golden statues and shops.	Mini-vans are used for the transportation portions of this tour. There are approximately 25 steps to negotiate at the resort and 80 at the Big Buddha Temple. This tour is not available for wheel chair guests and those with walking or mobility concerns are cautioned to evaluate their personal level of ability and stamina. As this tour visits places of worship, please dress respectfully. Footwear must be removed before entering temples.
Ko Samui	Thailand	KOS-005	Active	SNORKEL BY SPEED BOAT	\$309	5	MODERATE	Race through the sea on a speedboat to Koh Maa Island, a slice of tropical heaven known for its crystal-clear waters. It won't be long before you will start snorkeling in the island's national marine park, which is teeming with marine life. While exploring the underwater wonders, you may see brightly coloured clown anemonefish, emperor angelfish and freckled goatfish. Expect an endless parade of species that might also include larger creatures such as green turtles and hawksbills. Afterwards, you will cruise around beautiful, beach-blessed Pha-Ngan Island while the guides describe its highlights. Be sure to ask about the raucous full-moon parties that occur here each month. Later, you will pause for a traditional Thai lunch that will likely feature fresh seafood.	This tour is not available to wheelchair guests or to those with mobility concerns. Snorkelers should be good swimmers. When boarding the boat from the water, you must negotiate a ladder and high step. Guests participating in water activities do so at their own risk and responsibility and may be required to sign a release form. Snorkeling equipment is provided.
Ko Samui	Thailand	KOS-006	Highlights	ANCIENT TEMPLES	\$149	4.5	MODERATE	Delve into the spiritual side of Ko Samui by visiting three prominent temples or wats. Although Khunaram Temple is rather modest, it still draws quite the crowd for its unusual, macabre display. A mummified Buddhist monk wearing sunglasses sits in a meditative pose in a glass case, as he requested in his final wishes. Although contemporary, the Big Buddha Temple is much more traditional, as its attractions are the namesake enormous statue of Buddha and a collection of huts for meditation. The depiction of Buddha laughing and the statue of the 18-armed goddess Guayin are more whimsical and colourful at Plai Laem, a contemporary temple in a tranquil, lakeside setting.	This tour includes about 1½ hours of walking with steps to negotiate at the temples. The tour is available to wheelchair guests who are able to both make their way on and off the coach and sit in a coach seat. Guests with mobility concerns should evaluate their stamina and ability before joining the tour. Appropriate dress is required to enter the temple; sleeveless shirts, shorts, culottes, tight trousers or leggings are not permitted. Tight or see-through blouses are not permitted, even if a jacket is worn over them. Trousers must cover the ankles, and women must cover their shoulders and knees. Footwear must be removed to enter temples.
Ko Samui	Thailand	KOS-006OE	Highlights	OE- ANCIENT TEMPLES	\$269	4.5	MODERATE	Explorations Exclusive Tour For those travellers who prefer an added measure of intimacy and flexibility, we are pleased to offer our new Explorations Exclusive tours. With a minimum of 10 guests and a maximum capacity of just 16 guests, each tour benefits from a higher level of personal attention and the added flexibility and agility that come from travelling in a small group. Explorations Exclusive tours are available for a specially selected number of tours in almost every port we visit, in every corner of the world. Delve into the spiritual side of Ko Samui by visiting three prominent temples or wats. Although Khunaram Temple is rather modest, it still draws quite the crowd for its unusual, macabre display. A mummified Buddhist monk wearing sunglasses sits in a meditative pose in a glass case, as he requested in his final wishes. Although contemporary, the Big Buddha Temple is much more traditional, as its attractions are the namesake enormous statue of Buddha and a collection of huts for meditation. The depiction of Buddha laughing and the statue of the 18-armed goddess Guayin are more whimsical and colourful at Plai Laem, a contemporary temple in a tranquil, lakeside setting.	This tour includes about 1½ hours of walking with steps to negotiate at the temples. The tour is available to wheelchair guests who are able to both make their way on and off the coach and sit in a coach seat. Guests with mobility concerns should evaluate their stamina and ability before joining the tour. Appropriate dress is required to enter the temple; sleeveless shirts, shorts, culottes, tight trousers or leggings are not permitted. Tight or see-through blouses are not permitted, even if a jacket is worn over them. Trousers must cover the ankles, and women must cover their shoulders and knees. Footwear must be removed to enter temples.

Ko Samui	Thailand	KOS-009	Highlights	BO PHUT BEACH AT LEISURE	\$209	5.5	MODERATE	Spend hours relaxing however you please at a waterfront resort on Bo Phut Beach, one of the most beautiful stretches of sand on the island of Ko Samui. It won't take long to reach the resort, which will allow you all the more time to enjoy the amenities. You might lie back in a lounge chair and bask in the sun, stroll along the sheltered crescent-shaped beach as the waves gently lap the shore and take a refreshing swim in the sea. The resort's swimming pool is just steps away if you prefer that setting for swimming and lounging about. Both the beach and the pool offer plenty of shade from coconut palms, which are so prevalent throughout Ko Samui that it is known as the Island of Coconuts. Around midday, a sumptuous lunch buffet full of tropical-inspired Thai dishes will be served at the resort.	There are numerous steps to negotiate at the resort. This tour is not available for wheelchair guests and those with walking or mobility concerns are cautioned to evaluate their personal level of ability and stamina. Tour includes access to hotel facilities, a welcome drink, and lunch with 2 beverages (beer or soft drink). Lunch is usually served in the resort's restaurant from 11:30 am to 12:30 pm. Your guide will confirm these details to you en route to the property. More than one resort may be used on this tour so please notify the Destination Services Desk on board if you are travelling with someone to ensure you are accommodated at the same location.
Ko Samui	Thailand	KOS-010	Highlights	4x4 SAMUI MOUNTAIN VIEW	\$159	3.5	MODERATE	Ride through the gorgeous countryside in a 4-wheel-drive vehicle and view a collection of natural wonders that define the island. In the mountainous interior, you will find Na Muang Waterfall 1, the larger of two nearby cascades that plummet into tranquil pools. Na Muang means "purple waterfall," a reference to the purple hue of the waterfalls' cliff faces. You will also visit the Secret Buddha Garden atop Pom Mountain, one of the highest peaks on the island. While meandering the winding paths, you will come across dozens of sculptures, including ones of Buddha, angels and even the founder's family positioned about the lush landscape. Although some coconut trees shade the garden, you will see an infinite number of these palms at a plantation that harvests them for food, cosmetics and other uses. The 4x4 vehicle will also bring you to the Grandfather and Grandmother Rocks, which are named for their visually arresting shapes.	
Ko Samui	Thailand	KOS-GG2	Highlights	GG-TREATING ELEPHANTS ETHICALLY	\$269	4	MODERATE	Interact with rescued elephants that are now living with dignity and respect in an elephant sanctuary. As an introduction, the staff will describe the elephants' prior lives, which often involved being exploited for labour in the logging industry. You will see firsthand how they are now treated ethically and humanely. Elephants consume hundreds of pounds of food each day, and you will have the opportunity to prepare a meal for them with ingredients such as bananas, sugar cane and watermelons. In the wild, elephants eat a remarkably wide array of plants, but the sanctuary elephants must be fed vitamin balls to supplement their diets. While observing the animals, you will likely notice their individual personalities and the caring manner in which they relate to each other.	This tour includes approximately 2 hours of moderate walking and standing over uneven and muddy terrain. The tour is not available to wheelchair guests or those guests with mobility concerns. Casual, weather-appropriate clothing, sun screen, sun glasses, insect repellent and comfortable, flat walking shoes are suggested. Participants clothes may become muddy due to the nature of the tour. Tour duration may vary depending on traffic conditions.
Ko Samui	Thailand	KOS-WT1	Highlights	WT-SAMUI WELLNESS DISCOVERY	\$289	5	EASY	Become thoroughly immersed in Koh Samui's culture by practicing yoga at a yoga studio and then trying to achieve inner peace at a meditation centre. After departing from the pier, you will soon arrive at a museum devoted to coconuts, the main cash crop on Koh Samui. The island exports nearly two million coconuts each year and has become synonymous with the fruit. While browsing the enlightening exhibits, you can expect to see how organic virgin coconut oil is produced through fermentation and view numerous products made with coconuts that include cosmetics and shampoos. You might even purchase unusual items such as coconut massage slippers. Continuing on, you will arrive at a Yoga Studio to practice yoga, a form of exercise introduced more than 5,000 years ago. Yoga offers benefits that range from burning calories to toning muscles to enhancing relaxation, and the yoga instructor will help you achieve those results through various postures. As a complement to yoga, you will then visit the nearby a nearby meditation centre. The centre teaches a technique called Middle Way Meditation that helps practitioners achieve inner peace in hopes that their enlightened state of mind will lead to world peace. You will surely find the centre's philosophy fascinating, as well as inspiring. After meditating, you will be free to explore the centre at your leisure before returning to the pier.	This tour is not available to guests who utilise a wheelchair. Those guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina. Guests may visit the beach instead of the plantation based on availability.
Laem Chabang (Bangkok)	Thailand	LCH-002	Highlights	THAILAND'S ANCIENT CAPITAL: AYUTTHAYA	\$259	10	STRENUOUS	Enjoy a glimpse into the past splendor of the Siamese kingdom by visiting the 14th-century city of Ayutthaya, an acclaimed World Heritage site. Founded in 1350, Ayutthaya remained the kingdom's capital until 1767, when the conquering Burmese destroyed it. As you tour the magnificent excavated ruins, you will behold a collection of towering spires known as prangs and begin to understand the significance of the city, which was once one of the world's largest, most cosmopolitan urban areas. Be sure to notice the city's rigid grid layout and the moats and canals around the principal structures. You will also find the Buddhist temples Wat Chaiwatthanaram and Wat Naphramen within the complex. The royal summer palace of Bang Pa-In lies nearby on an island in the middle of a lake. An excellent example of classic Thai architecture, it is one of the most photographed buildings in the kingdom.	This tour consists of extensive walking, at times over uneven ground. It is not considered suitable for wheelchair guests or those with mobility concerns. Revealing attire such as sleeveless shirts or blouses, shorts and slippers are not permitted inside the Bang Pa-In Summer Palace. The drive to and from Ayutthaya is about three hours. The tour duration may vary due to traffic conditions.

Laem Chabang (Bangkok)	Thailand	LCH-004	Highlights	WOOD PAVILLION AT SANCTUARY OF TRUTH	\$109	4.25	MODERATE	Experience the ancient beauty, tradition and art of Thailand by visiting the Wooden Pavilion at the mystical Sanctuary of Truth. This enormous, pagoda-shaped structure overlooking the Gulf of Thailand is made entirely of wood, using ancient methods of building. Not even one nail was used in its construction, which began in 1981 and continues today. Nearly every square inch of the Wooden Pavilion is covered with intricate hand-carved wooden sculptures that supposedly reflect the world's ancient knowledge. It is an amazing and emotionally moving sight, inside and out. While browsing the interior, you can expect to view the cavernous inner chapel, which reveals scenes from Chinese, Hindu and Buddhist traditions. Other highlights include a massive carving of the three-headed elephant god Erawan at the entrance and a towering central atrium.	Tour involves about two hours of walking and standing at the Wood Pavilion with some uneven ground and steps to negotiate. This tour is not recommended for guests with limited mobility or guests who utilise a wheelchair. Revealing attire such as sleeveless shirts or blouses, shorts and slippers are not permitted.
Laem Chabang (Bangkok)	Thailand	LCH-006	Highlights	BANGKOK IN A DAY	\$269	10	STRENUOUS	Gain insight into life in Bangkok, past and present, by cruising the meandering Chao Phraya River and intersecting canals and then visiting key landmarks. During the cruise, you will see houses on stilts, floating grocery stores and water taxis zipping about. Few experiences offer such a candid look at life on Bangkok's waterways. In time, you will arrive at Wat Arun, the glorious Temple of Dawn, whose main spire soars more than 200 feet into the air. A traditional Thai lunch follows, after which you will explore the Grand Palace, an extraordinary example of an ancient Siamese court. Thailand's kings lived here for more than 150 years, and today it is used primarily for royal ceremonies and state occasions. You will also visit the Emerald Buddha Temple within the palace complex. It holds a 14th-century statue of Buddha that was carved from a single piece of emerald-green jasper.	The drive to and from Bangkok is about 2¼ hours. The tour involves a moderate amount of walking and pontoons to negotiate. Guests must be able to enter and exit the boats with limited assistance. The tour is not recommended for guests with limited mobility or who utilise a wheelchair. Shoes must be removed when entering temples. Shooting photography and videos is only permitted outside the Grand Palace.
Laem Chabang (Bangkok)	Thailand	LCH-007	Highlights	SCENES OF OLD BANGKOK	\$249	9.5	MODERATE	Experience the diversity of Bangkok's vibrant Old Town through must-see attractions such as the ornate temple Wat Suthat. Construction began in the late 18th century during the reign of King Rama I, and it became one of the city's largest temples. Be sure to notice its beautiful roofline, golden Buddha and huge red teak arch, which is all that remains of its giant swing. The statues outside were supposedly ballast from rice boats that arrived from China. During a panoramic drive you will stop for lunch at a local hotel before continuing through Old Town. You will pass the massive Democracy Monument, which is dedicated to the ideals that led to Thailand becoming a democratic monarchy in 1932. This excursion also allows time for shopping for exquisite merchandise such as silk and jewellery.	The drive to and from Bangkok is about 2 ½ hours. The tour includes about 1½ hours of walking and standing with some steps. This tour is not recommended for guests with limited mobility or guests who utilise a wheelchair. Shoes must be removed to enter the temple.
Laem Chabang (Bangkok)	Thailand	LCH-011	Highlights	THE ANCIENT CITY	\$129	6.5	MODERATE	Delve into the history of Thailand by visiting the Ancient City, a theme park with replicas of some of the country's most architecturally and historically important buildings. Also known as Ancient Siam, the park sprawls over hundreds of acres full of temples, stupas and entire villages that represent different regions of Thailand. As you wind your way through the Ancient City on a tram, you will likely see countless images of Buddha, stone statuary and a floating market surrounded by traditional houses that were saved from destruction in other parts of Thailand and reconstructed on site. The most outstanding structure is the reproduction of the Prasat Sanphet Palace, which was the principal palace during the Ayutthaya Period that lasted from the mid-14th to mid-18th centuries. The tram will stop on occasion, so you can approach the most interesting sites for a closer look.	The drive to and from Bangkok is about 2¼ hours. The tour involves about a mile of walking and some steps to negotiate. It is not available to wheelchair guests and those guests with mobility concerns should evaluate their stamina and ability before joining the tour.
Laem Chabang (Bangkok)	Thailand	LCH-014	Highlights	BANGKOK CANALS & THE ROYAL BARGES	\$259	8	MODERATE	Gain a unique perspective of Bangkok's waterways and see some of the attractions that highlight the charms of the river and canals. As you cruise the city's always bustling Chao Phraya River, you will take in picturesque scenes of traditional life on the water. You can expect to see floating grocery stores, water taxis zipping about and teakwood houses built on stilts. In time, you will stop to browse the Royal Barge Museum, which houses the ornately decorated longboats that were once used for royal functions. You might also see a gold-encrusted swan-shaped barge used solely by the king. Wat Arun, known as the Temple of Dawn, will present yet another side of Bangkok, as it features a soaring tower-like spire that symbolises Mount Meru, which is supposedly the centre of the universe.	The drive to and from Bangkok is about 2 ½ hours. The tour involves about an hour of walking with some steps at Wat Arun. Pontoons must be crossed to embark the boats. The tour is not available to guests with limited mobility or guests who utilise a wheelchair. Shoes must be removed when entering temples. Should the Royal Barge Museum be closed, stop will be substituted with a flower market.
Laem Chabang (Bangkok)	Thailand	LCH-016	Highlights	GRAND PALACE & THE EMERALD BUDDHA	\$259	9	STRENUOUS	Discover the charms of the Grand Palace and the Emerald Buddha Temple and see firsthand why they are among the most popular attractions in Bangkok. Considered to be an extraordinary example of an ancient Siamese court, the palace was built in 1782 at the beginning of the Chakri Dynasty. The entire complex sprawls over nearly one square mile in the heart of Bangkok and served as the residence of Thailand's kings for 150 years. Within the palace compound, you will find the Temple of the Emerald Buddha, which holds a 14th-century statue of Buddha that was carved from a single piece of emerald-green jasper. The king of Thailand changes the Buddha's robes each season in an elaborate ritual, during which he also sprinkles water over the monks to bring good fortune. Be sure to notice the murals on the temple walls that depict the life of Buddha and steps to enlightenment.	The drive to and from Bangkok is about 2¼ hours. The tour involves about two hours of moderate to strenuous walking and standing with some steps to negotiate. The tour is not recommended for guests with limited mobility or guests who utilise a wheelchair. Shoes must be removed to enter the temple. Video and still cameras are allowed in the Royal Palace grounds and in the compound of the Emerald Buddha Temple, but not inside the buildings.

Laem Chabang (Bangkok)	Thailand	LCH-020	Highlights	ALCAZAR CABARET SHOW	\$109	4	MODERATE	Experience a new wave of entertainment by watching the outstanding performance of the Thai famous "Alcazar Show". This fabulous show of lights, extravagant costumes, music and dance will be sure to entertain. Dubbed as "the greatest show in Asia" and "legend within the area" this show invites you to experience the wonder of a lifetime. Alcazar has a reputation of full satisfactions for its shows, and this show is no different. You will experience the magic of Alcazar's state of the art lighting system, surround sound and of course, the lovely "Ladies" performing for their audience. An approximately 1-hour drive takes you to Pattaya. Entering the city, enjoy a short scenic drive passing some of its livelier areas. On arrival to the theatre, your guide will hand out your seating tickets and escort you into the grounds. Taking your seats, the lights will dim, and the show will begin. A performance of a lifetime will be presented by over 400 professional production crew members and a talented cast. The show lasts for approx. 70 minutes and involves up to 17 different acts including: The Wondrous World, Flowers of China, Hello Vietnam, Persian Dance, The World is Not Enough and The Four Legendary Regions of the Siam Kingdom.	This tour includes approximately ½-mile of walking over moderate terrain with steps to negotiate. Tour is not suitable for guests in wheelchairs; and those with walking or mobility concerns are cautioned to evaluate their personal level of ability and stamina. An adult must accompany children under the age of 18.
Laem Chabang (Bangkok)	Thailand	LCH-021	Highlights	ELEPHANT JUNGLE SANCTUARY	\$279	4	MODERATE	Interact with rescued elephants that are ethically cared for at a reserve in Pattaya, the first such program in the Chonburi province. The pachyderms at the Elephant Jungle Sanctuary are treated respectfully in an environment where they are free to socialize, play and forage along the jungle trails. Unlike other captive elephants, they aren't ridden and they don't perform in shows. The elephant handlers, known as mahouts, will describe the natural behaviour of Asian elephants, a species that is smaller than African elephants. Don't be surprised if you get wet and somewhat muddy while feeding the elephants, walking through the jungle with them and observing them bathing. Elephants are highly intelligent and communicate by touching and making sounds such as roars, rumbles and trumpets. They are also known to show emotions ranging from compassion to grief. Asian elephants are considered to be a bit sassy, which makes this experience all the more fun.	This tour includes approximately 2 hours of walking. Tour is not available to guests who utilise a wheelchair. Those guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina.
Laem Chabang (Bangkok)	Thailand	LCH-GL1	Local Discovery	GL-PATTAYA FLOATING MARKET	\$119	3.5	EASY	Get a genuine feel for river life by exploring the Pattaya floating market, which vendors in small wooden boats supply with all sorts of local goods. The market is divided into four sections, each representing a different region of Thailand. Although just opened in 2008, the market looks much older as it was designed to replicate an ancient floating market, most of which have long been abandoned. During free time at the market, you might sample items such as dragon fruit and mangosteen—the national fruit of Thailand—and linger over a freshly prepared lunch that is characteristic of one of the four regions. With so many aromas enticingly wafting through the air, it will be hard to resist dining. But the floating market offers much more than food. You will also find unusual handicrafts, silverware, handmade bags and silk clothing. The atmosphere couldn't be more inviting.	
Laem Chabang (Bangkok)	Thailand	LCH-GL2	Local Discovery	GL-LOCAL LIFE EXPERIENCE	\$189	6.5	EASY	Experience daily life in the fertile agricultural countryside and delve into Thailand's spiritual side by visiting the area's most important Buddhist temple. While it will take two hours to reach Chachoengsao, it will be well worth the effort. The Bang Pakong River supplies abundant water to the area, and rice especially flourishes there. As you will discover by browsing the century-old Klong Suan Market with the locals, every imaginable type of food is available. Best of all, many vendors offer samples. For an entirely different perspective of the area, you will visit Luang Pho Sothon, a temple with a revered statue of Buddha that according to legend was found floating down the river. Chances are, you will see worshippers praying for prosperity and others leaving offerings. Women often leave boiled eggs in hopes of becoming pregnant. While wandering about the temple, be sure to notice the artwork, especially the painted murals of religious scenes.	
Laem Chabang (Bangkok)	Thailand	LCH-GL3	Local Discovery	GL-ANG SILA VILLAGE & NONG MON BAMBOO STICKY RICE	\$169	4.5	MODERATE	Mingle with the locals in two coastal areas known more for their signature products than their beaches and seaside attractions. You will first visit Ang Sila, an engaging city revered for its hand-carved stoneware, especially granite mortars and pestles used for grinding spices. This prized piece of kitchenware is prevalent throughout Ang Sila, which means "stone basin." Even so, fishing is the primary industry and most of the local seafood recipes call for spices—preferably ground with a stone mortar and pestle. Sticky rice is the iconic product associated with the Chon Buri province. Served as a signature dessert known as Khao Lam, sticky rice is typically mixed with coconut milk, black beans, sugar and salt before being roasted over an open fire in a stout bamboo tube. As you will discover firsthand at the Nong Mon Market, Khao Lam is a delicious treat any time of the day.	This tour includes approximately 2 hours of walking/standing. Guests will need to manage some uneven and flat surfaces throughout the excursion. The tour is not available to wheelchair guests and may not be suitable for those with mobility concerns who are cautioned to carefully evaluate their personal level of stamina and ability. Casual, weather-appropriate clothing and comfortable, flat walking shoes are suggested. Some shops may be closed when the tour is run as an afternoon departure.
Koh Kut-Kood	Thailand							Description Pending	

Sihanoukville	Cambodia	SIH-002	Highlights	SIHANOUKVILLE IN DEPTH	\$189	6	MODERATE	Observe typical daily life in the village of Puthong and then luxuriate at a beachfront resort. Nestled among lush rice fields, the enchanting village is quite representative of traditional ways. You will first visit a temple adorned with statues of elegant Apsara fairies dancing to entertain the gods. While meandering through the temple grounds, you will also see the monks' residences and dining hall, as well as the nuns' homes. Continuing on to the centre of the village, you will observe the villagers going about their day. The guide will explain how they raise domestic animals, prepare traditional dishes and worship their ancestors in the pagodas. You will spend the next two hours or so relaxing at the Sokha Beach Resort. Situated on a long stretch of pristine beach, the resort beautifully combines Khmer and western architecture. Feel free to swim in the pool, take a leisurely stroll along the beach and linger over lunch.	This tour includes about two hours of moderate to easy walking, at times over some natural and uneven surfaces, plus any walking at the guests' discretion during free time at the resort. This tour is not considered suitable for wheelchair guests and those with mobility concerns should evaluate their stamina and ability before joining the tour.
Sihanoukville	Cambodia	SIH-003	Highlights	HIGHLIGHTS OF SIHANOUKVILLE	\$119	4.5	MODERATE	Enjoy an introductory tour of Sihanoukville, a beach-rimmed resort city known for its relaxed attitude and traditional pagodas. At the Buddhist pagoda Wat Krom, you can expect to see monks chanting and young monks learning Pali, the sacred language of the Buddhist scriptures. Most pagodas in town are brightly painted and decorated with deities represented by king cobras. They are called nagas, a Sanskrit word for snakes. Continuing on, you will explore a bustling market that presents a glimpse into daily life, as the locals will be shopping for various foods and items such as palm sugar, a natural sweetener. A stop at Wat Lu Pagoda follows. Its most striking feature is a stone statue of a three-headed elephant with a statue of Buddha atop each head. You will have time to contemplate further on Sihanoukville's attractions while relaxing at the Sokha Beach Resort.	This tour includes about 1½ hours of moderate walking over some natural and uneven surfaces and steps, plus any walking at the guests' discretion during free time at the resort. This tour is not considered suitable for wheelchair guests and those with mobility concerns should evaluate their stamina and ability before joining the tour.
Sihanoukville	Cambodia	SIH-004	Highlights	AMAZING REAM NATIONAL PARK BY BOAT	\$169	4	MODERATE	Spend a magical day exploring Ream National Park, a wonderland of evergreen forests and mangrove swamps teeming with wildlife. Established by Cambodia's former King Sihanouk, the park provides a protected environment for animals such as birds and monkeys. Your exploration of the park will begin with a boat ride down the mangrove-lined Prek Toeuk Sap River. Watch for flying fish and dolphin breaking the water's surface, and birds such as Brahminy kites, grey-headed fish-eagles and white-bellied sea eagles in the estuary. Storks and egrets usually congregate along the mudflats here. You will spend the next few hours on a guided walk through the woods, where you will likely see monkeys in the trees, butterflies flitting around the path and even more birds, as at least 150 avian species thrive here. You will also tour a village in the park and relax on an unspoiled beach nearby.	This tour includes about three hours of moderate to strenuous walking, over mostly natural and uneven surfaces. Be prepared to travel through areas of the park that need repair or maintenance. This tour is not available to wheelchair guests or those with mobility concerns. Participants must be in good physical condition. Wildlife sightings are common but not guaranteed.
Sihanoukville	Cambodia	SIH-005	Active	KAYAKING REAM PARK MANGROVE RIVER	\$149	4	STRENUOUS	Experience the natural beauty of Cambodia by kayaking a river that winds through a lush national park, after which you will relax on a nearby beach. Water is one of the area's key attractions and secluded beaches and rivers such as those in Ream Park are abundant. Upon arriving, you will walk to the Prey Chak River, where you will board a two-person kayak and paddle off for an intimate look at the wonders within this heavily vegetated park. Kayaking offers an extraordinary way to observe the natural world without disturbing the wildlife. And there is plenty to see. Ream Park is home to more than 150 species of birds, including fishing eagles, storks and kingfishers. Be sure to scan the riverbank as you paddle along, as deer, wild pigs and monkeys also thrive here. Elusive fishing cats have also been spotted recently, a welcome discovery, as they were once considered extinct in Ream Park.	This tour includes limited walking but about 1½ hours of paddling a kayak, which can be strenuous at times. The tour is not available to wheelchair guests or those with mobility issues. Participants should be in good physical condition and must sign a waiver. Guests participating in water activities do so at their own risk and responsibility.
Sihanoukville	Cambodia	SIH-007	Local Discovery	SIHANOUKVILLE BY LOCAL TUK TUK	\$59	1.5	EASY	Sit back in the comfort of a tuk-tuk and zip through the streets of Sihanoukville, taking in the most historical and culturally important attractions. From inside the tuk-tuk – an open-air rickshaw of sorts for two people – you will enjoy a street-level view of the city highlights while listening to commentary that describes them. You can expect to stop for photos of a sugar-white beach shaded by palm trees and the Golden Lion Monument in the centre of a roundabout, where you will learn what its statue of crouching lions represents and how it has become a symbol of the city. You may also pass Phsar Leu, a market with more than 1,000 vendors offering most everything imaginable. Chances are, the enticing aroma of food cooking on braziers will be wafting through the air. At another point in the tuk-tuk tour, you will pause at the city's somber War Memorial in Independence Square.	This tour is not available to guests who utilise wheelchair. Tuk-tuks have roof but there is no air conditioner. Tuk tuk has space for only 2 guests.



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