

EXPLORATIONS

BY NORWEGIAN®

Onshore Explorations Guide

Exploration from Vancouver to Los Angeles

EMBARK Vancouver 12 May 2027

DISEMBARK Los Angeles 25 May 2027



DISCOVER

Some of the world's most significant historical, cultural and artistic landmarks, thoughtfully designed to enrich every destination you visit.



To make choosing your experience simple, our onshore explorations are grouped into three clear categories:

Highlights

Effortlessly experience the must-see sights and key points of interest in each port.

Local Discovery

Go deeper into the destination, with immersive experiences that reveal local life, culture and character.

Active

Explore your ports of call from a fresh perspective through engaging activities such as cycling, hiking, kayaking and more.

Every port offers a carefully curated collection of tours and adventures. Experience awe-inspiring natural sights, world-renowned landmarks and authentic local culture, history and cuisine that bring these destinations to life.

Reasons to Explore Onshore

Seamless and Secure Experiences

All excursions are carefully monitored by shipboard staff and depart directly from the pier for your comfort, safety and convenience.

Expert Local Guidance

Enjoy insightful commentary from professional, English-speaking guides who bring each destination to life.

Thoughtfully Planned Itineraries

Our experienced excursion specialists design every tour to help you make the most of your time ashore.

Premium Transportation

Travel with trusted, licensed and insured tour operators using the best available climate-controlled vehicles.

Helpful Hints for Your Onshore Exploration

- Wear casual, weather-appropriate clothing and comfortable walking shoes suitable for the day's activities. For more active experiences, sturdy, non-slip footwear or hiking shoes are recommended.
- Dress respectfully when visiting cultural or religious sites. Shoulders and knees should be covered where required.
- Bring a hat, sunglasses and sunscreen to stay protected from the sun.
- Carry bottled water to stay hydrated, particularly during active or warmer excursions.
- For water-based activities, remember to bring swimwear and a towel.
- Insect repellent may be useful for outdoor or nature-focused explorations.



While excursions may be shown for embarkation and disembarkation ports, they may not be available to book on the day you board or leave the ship due to operational requirements. The excursions listed are offered exclusively for ports of call during the voyage.

Once onboard, you are welcome to visit the Destinations Desk to discuss your onward travel plans. In some cases, transfer services may be available to suit your individual arrangements. Please note that these services are not listed in this document, as they cannot be pre-booked and are available for purchase only whilst onboard **Regatta**.

Important Information About Onshore Explorations

Onshore Explorations offered through **Explorations by Norwegian** are operated by independent, licensed third-party providers. Explorations by Norwegian facilitates these experiences but does not operate them directly.

Details such as itineraries, routes, duration, departure times, pricing and availability are provided as a **guide only** and may be updated, adjusted or withdrawn without notice. Onshore Explorations may be modified or cancelled due to weather conditions, safety considerations, capacity limitations or other operational requirements.

Participation in any Onshore Exploration is at the guest's own discretion and risk. Explorations by Norwegian is not responsible for the actions, services or omissions of third-party tour operators. Cancellation terms and conditions may vary depending on the specific Onshore Exploration and operator.

All pricing is listed in US\$ on a per person basis. Pricing is correct as at 10 March 2026 but may be subject to change.

| Official Port Name | Country | Tour Code | Onshore Explorations Category | Tour Name | US\$ Cost Per person | Duration (Hours) | Walking | Overview | Please note |
|--------------------|--------------------------|-----------|-------------------------------|---------------------------------------|----------------------|------------------|----------|---|---|
| Vancouver | Canada | YVR-001 | Highlights | DISCOVER VANCOUVER | \$129 | 2 | MODERATE | Acquire an enlightening overview of Vancouver by viewing its most alluring attractions and then exploring on your own. Although large and metropolitan, Vancouver has still retained much of its natural beauty in urban oases such as Stanley Park. After pausing there to admire a display of First Nation totem poles and take in the serenity, you will enjoy an entirely different ambience in bustling Chinatown. Exotic open-air markets, heritage buildings and pagoda-topped telephone booths are staples in this ethnic neighbourhood, which dates back to 1890 when Chinese immigrants settled in what was then known as Shanghai Alley. Another historical perspective awaits you in Gastown, an area that developed in the early 1870s. The neighbourhood is named for settler "Gassy" Jack Deighton, a saloon owner who was considered full of hot air because he spun tall tales. The cobble streets of Gastown are now lined with upscale boutiques, galleries and restaurants. | There are cobblestoned surfaces to negotiate in Gastown. The tour is available to wheelchair guests who have a collapsible wheelchair, are able to make their own way on and off the coach and have an able-bodied companion to assist them. Guests with mobility concerns should evaluate their personal level of stamina and ability before joining the tour. The order of the venues viewed may vary. Cancellations made within 3 days or less are subject to a 100% cancellation penalty. |
| Vancouver | Canada | YVR-002 | Highlights | VANCOUVER HIGHLIGHTS & CAPILANO PARK | \$259 | 4 | MODERATE | Drive through neighbourhoods that present the true character of Vancouver and then walk along a suspension bridge in the heart of a coastal rainforest. The urban highlights include seeing the late 19th-century community of Chinatown, the historical architecture in Gastown and serene Stanley Park, a green oasis that's 10% larger than New York City's expansive Central Park. On the other side of Vancouver harbour, you will find a spectacular suspension bridge that spans the deep gorge of the Capilano River. A cable bridge has been at this location since 1903 and this most recent 450-foot version in Capilano Park offers stunning views in every direction, especially down to the roaring river hundreds of feet below. The bridge is surrounded by dense coastal rainforest and wildlife is abundant, so keep an eye out for birds in particular. You might also follow the boardwalks and other suspension bridges through the towering Douglas firs. | This tour includes about two hours of walking, mainly at the guests' discretion. The tour is not recommended for wheelchair guests, those with mobility concerns or those who suffer from a fear of heights. The order of the venues viewed may vary. Cancellations made within 3 days or less are subject to a 100% cancellation penalty. |
| Seattle | United States of America | SEA-001 | Highlights | BEST OF SEATTLE ENDING AT AIRPORT | \$189 | 4 | EASY | See key attractions that paint a true picture of Seattle and come away with a remarkable understanding of its urban landscape. Nicknamed the Emerald City for its greenery, Seattle is full of landmarks, none so iconic as the futuristic Space Needle. An exterior elevator will whisk you to its observation deck, which soars a staggering 520 feet above the ground. From there, you will enjoy sweeping views of the city, Mount Rainier, Puget Sound and distant mountain ranges. Continuing on, you will pass historical Pioneer Square, several professional sports stadiums and the International District before exploring Pike Place Market on your own. The oldest and largest farmers market in Seattle, it's an excellent venue for dining, shopping and people-watching. Be sure to drop by the seafood market where the employees famously toss the fish to each other to save a few steps and dazzle onlookers. Afterwards, you will head to the airport for your flight. | This tour is only available for guests with flights after 3:00 PM for domestic and 4:00 PM for International. Guests are responsible for ensuring their debarkation tours are compatible with their flight departure times. Guests have the option to book their flights through our Premium Air Department to ensure that flight departure times do not interfere with debark tours. Cancellations made within 3 days or less are subject to a 100% cancellation penalty. |
| Seattle | United States of America | SEA-002 | Local Discovery | PANORAMIC SEATTLE & PIKE PLACE MARKET | \$89 | 2.5 | EASY | After an enlightening driving tour through Seattle, you will browse the city's original farmers market and sample dozens of fresh and locally made delicacies. You can expect to see sports stadiums, the Seattle centre entertainment hub and the International District, an ethnic enclave where many Asian Americans live. You will also ride through the historical streets of Pioneer Square, where Seattle was founded in the 1850s. The architecture is magnificent, especially the dozens of ornate brick buildings constructed shortly after the 1889 Great Seattle Fire. In time, you will arrive at Pike Place Market and spend the next few hours browsing and sampling some of the delicacies. As you snack on more than a dozen signature items such as crab cakes, seafood chowder and locally made cheese, the vendors will regale you with quirky stories about the history of the marketplace. Founded in 1907, it is America's oldest continually operating farmers market and the site of the original Starbucks. | This tour is primarily panoramic in nature with walking at the guest's discretion during stops. Weather appropriate clothing; sunglasses; and flat, comfortable walking shoes are recommended. Cancellations made within 3 days or less are subject to a 100% cancellation penalty. |
| Seattle | United States of America | SEA-003 | Highlights | SEATTLE BY LAND & SEA | \$259 | 2.5 | EASY | Take in Seattle from two very different perspectives; from atop a modern marvel and as the ancient mariners did, from the sea. From the pier depart via coach taking in the city's highlights. View Seattle's sports stadiums, and then discover the historic flavour of Pioneer Square, Seattle's birthplace dating back to 1852. Pass the International District and tour through the downtown core and shopping district and circle the Seattle centre campus on your way to the Space Needle, where you'll soar to the top by elevator for an unforgettable vista of the Emerald City. From the top you see the downtown Seattle skyline, as well as the Olympic and Cascade Mountains, Mount Rainier, Mount Baker, Elliott Bay and surrounding islands. Back on terra-firma, a short transfer brings you to your sight-seeing vessel on Elliott Bay. A one-hour cruise on bay offers you a different perspective on the Emerald City. See the city skyline including the just-visited space needle as you ply the coastal waters. Catch up on the progress of the Alaskan Way Viaduct demolition, peek into Puget sound and see the scale of commerce at the shipping port. Of course, a spectacular view of your ship at port is offered. Following the harbour cruise, a short walk returns you to the ship. | This tour includes limited walking, mainly at the guest's discretion. Casual clothing and comfortable, flat walking shoes are suggested. The order of the sites visited or viewed may vary. Cancellations made within 3 days or less are subject to a 100% cancellation penalty. |
| Seattle | United States of America | SEA-004 | Highlights | BEST OF SEATTLE | \$189 | 4 | EASY | Past and present thrive side by side in Seattle, and you'll see it all on this tour of the best that Seattle has to offer. Circle the Seattle centre campus on your way to the Space Needle, where you'll soar to the top by elevator for an unforgettable vista of the Emerald City. From here, you'll head over through newly renovated Belltown to the Pike Place Market, the West Coast's largest and oldest open-air farmers market. Here you'll have the opportunity to browse the hundreds of curio shops and local artisan stalls. Don't forget to check out the 'Flying Fish', one of the more famous vendors at the Market. Then you will be treated to a scenic drive through the city to view Seattle's sports stadiums, and then discover the historic flavour of Pioneer Square, Seattle's birthplace dating back to 1852. Pass the International District and tour through the downtown core and shopping district. | This tour includes limited walking, mainly at the guest's discretion. Casual clothing and comfortable, flat walking shoes are suggested. The order of the sites visited or viewed may vary. Cancellations made within 3 days or less are subject to a 100% cancellation penalty. |

| | | | | | | | | | |
|---------|--------------------------|---------|-----------------|--|-------|------|----------|---|---|
| Seattle | United States of America | SEA-005 | Highlights | SPACE NEEDLE & CHIHULY GARDEN OF GLASS | \$259 | 4 | EASY | Enjoy a 360° view of Seattle from the top of the Space Needle and see the city's artistic side at Chihuly Garden and Glass. Built for the 1962 World's Fair to symbolise humanity's Space Age aspirations, the saucer-shaped Space Needle soars above the city. Its observation tower offers sweeping views of Seattle's urban sprawl, Mount Rainier, Puget Sound and the Cascades and Olympic mountain ranges. You can also look straight down to the ground 500 feet below by standing on the tower's rotating glass floor, the only one in the world. Chihuly Garden and Glass lies at the foot of the Space Needle. As you stroll through its indoor and outdoor galleries, you will behold a collection of artist Dale Chihuly's visually stunning blown-glass artwork. Highlights include a massive suspended glass sculpture, thousands of colourful glass flowers and plants, and all sorts of whimsical pieces that showcase the artist's prodigious talents. | This tour is primarily panoramic in nature with walking at the guest's discretion during stops. Weather appropriate clothing; sunglasses; and flat, comfortable walking shoes are recommended. Due to the nature of the exhibition at Chihuly, we ask that those under the age of 14 be accompanied by an adult. Cancellations made within 3 days or less are subject to a 100% cancellation penalty. |
| Seattle | United States of America | SEA-006 | Highlights | FUTURE OF FLIGHT - BOEING FACTORY TOUR | \$159 | 5 | MODERATE | Enjoy a tour of the Boeing Future of Flight Aviation centre, the only commercial jet assembly plant in North America that is open to the public. The plant is the world's largest building by volume, a necessity to accommodate Boeing's signature planes such as the 747, 767, 777 and 787 Dreamliners as they progress through the assembly line. As you proceed through the massive building on catwalks above the assembly floor, you will have a unique perspective of the commercial airplanes in various stages of manufacturing. You will also have the opportunity to experience the Boeing Gallery and Sky Deck which is all part of the tour. The focus is on how aviation innovations are incorporated into the designs. The scale of the operation is so huge and the information so fascinating that aviation buffs won't be the only ones to enjoy this eye-opening factory tour. | The tour does require substantial walking, including through the underground tunnel system of Boeing—so wear comfortable shoes. Guests must be 4 ft tall and able to maintain a steady walking pace. There is approximately 90 minutes of standing, 21 stairs and 1/3 mile walk. Walkways are 35 feet above factory floor. Children under 16 must be accompanied by an adult. You may take photos in the Future of Flight Gallery & on the Strato Deck but The Boeing Company does not permit still photos or video cameras on the tour. In addition, there are no personal items allowed on the tour, including purses, backpacks, waist pouches, binoculars, cell phones, etc. Free lockers are available on-site. There is a Café on-site for meals and snacks. Casual, weather-appropriate clothing and comfortable, flat walking shoes are suggested. Cancellations made within 3 days or less are subject to a 100% cancellation penalty. |
| Seattle | United States of America | SEA-007 | Highlights | SEATTLE UNDERGROUND | \$139 | 2 | MODERATE | Explore the remains of the original city that lie beneath Pioneer Square by walking the eerie subterranean passages with a guide that will regale you with stories of Seattle's raucous past. A raging fire in 1889 destroyed a 25-square-block area and most of the district's wooden buildings. During the re-construction that followed, fill dirt was added to raise the low-lying swampy streets and retaining walls were built, effectively burying the old city. For decades, this underground world was forgotten, as fire-resistant stone buildings were erected well above the former level of the city. Today, Seattle's so-called basement is one of the city's most unusual attractions. As you meander through the tunnel-like passageways, you will see Seattle's original streets and first-floor storefronts of buildings that have been long buried. It will be like walking through a time capsule. To enhance the experience, the guide will describe the rogues and smugglers that once inhabited Seattle's underground. | This tour includes a moderate amount of walking and is not recommended for those with mobility concerns. Guests must be able to walk on uneven ground and navigate flights of stairs. Casual, weather-appropriate clothing and comfortable, flat walking shoes are suggested. Cancellations made within 3 days or less are subject to a 100% cancellation penalty. |
| Seattle | United States of America | SEA-008 | Local Discovery | WOODINVILLE WINERIES | \$209 | 3.25 | EASY | Sample a selection of wines at two celebrated wineries around Woodinville, an idyllic river valley setting on the outskirts of Seattle. You will first stop at Chateau Ste. Michelle, a winery established more than 50 years ago on the early 20th-century estate of a lumber baron. It eventually branched into two wineries—one for reds, the other for whites, which you will visit. Following an enlightening tour of the vineyards, you will taste several wines that may include a Chardonnay with ripe pineapple and butterscotch flavours and perhaps a Sauvignon Blanc that offers the bright fruit character of melons. The second winery will be chosen the day of the excursion from the hundreds in the Columbia Valley wine country. As the valley encompasses more than a third of the state, the terroir varies considerably from winery to winery. Even so, the Merlots are typically redolent of flavours such as sweet cherries, raspberries and chocolate. | This tour includes minimal walking. Those with mobility concerns are cautioned to evaluate their personal level of stamina and ability. Casual, weather-appropriate clothing and comfortable, flat walking shoes are suggested. Cancellations made within 3 days or less are subject to a 100% cancellation penalty. |
| Astoria | United States of America | AST-003 | Highlights | FT. STEVENS BEHIND THE SCENES | \$129 | 3 | MODERATE | Travel to the Astoria Column for a panoramic view of the area and gain an understanding of the strategic value of the well-placed installations at the mouth of the Columbia River. Cross Young's Bay Bridge for the short journey to Fort Stevens State Park. Upon arrival, your friendly and knowledgeable guide will take you on a tour and share the fascinating history of the fort which was built by the U.S. Army and completed in 1865. The gun batteries, fortifications and other buildings are preserved along with 3,700 acres of woodlands, lakes, wetlands and beaches. Your guide will lead you through the complex and its bunkers, abandoned gun batteries, and tower stations before heading up to the commander's station for a scenic view of the Columbia River. The museum will be your last stop before heading back to the pier. Enjoy browsing through the interesting artifacts that date back to the Civil War and stop in at the gift shop, which offers a variety of souvenirs. | This tour includes approximately two hours of moderate walking. Some areas of the fort are only accessible by climbing numerous steps. It is not available to guests who utilise a wheelchair and those with mobility concerns are cautioned to evaluate their personal level of stamina and ability before joining the tour. |

| | | | | | | | | | |
|---------|--------------------------|---------|-----------------|-----------------------------------|-------|------|----------|--|---|
| Astoria | United States of America | AST-004 | Active | ASTORIA WATERFRONT BIKE TOUR | \$195 | 2.5 | MODERATE | Enjoy a leisurely six-mile bike ride along the scenic Astoria waterfront, admiring views of the Columbia River as the guide entertains you with stories of the town's history. As you follow the paved and at times wooden pier path, you will hear how Astoria became known as the Salmon Canning Capital of the World. So many labourers were needed on the fishing boats, that people were often shanghaied on the streets and forced to work at sea. Fishing is still a huge industry, as you will discover while pausing to sample a enjoy seafood snack at a local seafood processor. In other areas of the waterfront, you can expect to catch sight of California sea lions along the shore and all sorts of birds such as cormorants, egrets and herons. | It is recommended that guests dress in warm, layered clothing and wear flat, comfortable shoes suitable for bike riding. Raingear may be needed in case of inclement weather. This tour is not recommended for inexperienced bike riders. Parts of the path is on wooden piers with uneven surfaces and spaces between the planks. Equipment is included. Bicycles are non-motorised. Few women's bicycles and no children's bicycles. |
| Astoria | United States of America | AST-006 | Highlights | HISTORIC ASTORIA AND FORT CLATSOP | \$139 | 4 | MODERATE | Discover historic Astoria! You'll make a brief photo stop at the Astoria Column which was built in 1926. This 125-foot-tall concrete and steel structure features a cast-iron 164 step staircase that leads to an observation deck. If you decide to climb to the top, you'll see majestic views of Astoria, the Pacific Ocean and the lower Columbia River estuary. Views from the base are just as panoramic, the column stands atop Coxcomb Hill, Astoria's highest point. Continue to the Lewis and Clark National Historical Park for a tour of Fort Clatsop. You'll also visit the Columbia River Maritime Museum located on Astoria's historic waterfront. The museum features nautical artifacts including the Lightship, which served as a floating lighthouse. Enjoy a scenic drive through Astoria nestled between the Columbia River and Young's Bay. You'll see picturesque Victorian and Queen Anne style homes and churches, Uniontown - home of the men who worked at the Union Fish Cannery and the Doughboy monument, dedicated to the soldiers who served in World War I. | At the maritime museum, the Lightship is not recommended for individuals with mobility challenges due to steep access ladders and elevated thresholds. Tour order and route may vary. Transportation used on this tour is a motorcoach. |
| Astoria | United States of America | AST-008 | Highlights | MOUNT ST. HELENS | \$279 | 7 | MODERATE | Visit Mount St. Helens National Volcanic Monument, a wilderness area where in 1980 a massive earthquake struck, triggering a volcanic eruption of the mountain and a massive avalanche that decimated everything in its path. During your time at the monument, you will witness firsthand how the landscape is being reshaped and replanted to bring back its natural beauty. Exhibits depict the crater, lava dome and blast zone shortly after the eruption, and the photos seem even more incredible in light of what's here today. During the drive to and from the national monument, the guide will describe another momentous event that occurred nearby—the Lewis and Clark expedition reaching the Columbia River in the winter of 1805. The river forms the border between Washington State and Oregon . | This tour includes approximately two hours of moderate walking and standing and is available to guests who utilise a collapsible wheelchair, are able to make their way on and off the coach and have a companion to assist them. Guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina before joining the tour. |
| Astoria | United States of America | AST-010 | Highlights | SHOT IN ASTORIA | \$109 | 2.5 | MODERATE | View some of Astoria's picture-perfect locations where films such as "Kindergarten Cop" and "Free Willy" were shot. It all started in 1984 when "Goonies" was filmed in Astoria. It was the first major motion picture to be shot here and other films soon followed suit. While touring the city, you will see more than 10 movie locations, including ones that played key roles in "Benji," "The Ring 2" and "Teenage Mutant Ninja Turtles III." Astoria is known for its character, beautiful Victorian mansions and maritime ambiance, all of which make for extraordinary movie settings. Join us for a narrated tour of these sites with photo stops along the way and learn some of the history behind the locations. | This tour includes a moderate amount of walking. It is not available to guests who utilise a wheelchair and those guests with mobility concerns are cautioned to evaluate their personal level of stamina and ability. Casual, weather-appropriate clothing and comfortable, flat walking shoes are suggested. All visits are exterior photo opportunities only, no interior visits. |
| Astoria | United States of America | AST-011 | Highlights | ULTIMATE COAST | \$239 | 6.25 | EASY | Discover Oregon's beautiful and dramatic coast, visit the air museum and cheese factory in Tillamook and enjoy a tasty lunch during the drive. Enjoy impressive views of Saddle Mountain, one of Oregon's highest peaks and the Astoria-Megler Bridge, noted as the longest bridge in Oregon. As your coach winds its way along the 110-mile section of the Pacific Coast Highway on Highway 101 and travel along the Oregon Coast Range. You'll pass Seaside, a charming village with boutiques, art galleries and miles of beach. As you continue south, you'll also pass by Cannon Beach, famous for the natural phenomenon known as Haystack Rock. You'll visit the Tillamook Air Museum, which houses a rare World War II blimp hangar that is over 15 stories high and stretches over seven acres. You'll see a variety of U.S. warplanes and aircraft here and explore the exhibit hall to see historical wartime and aviation artifacts. Lunch will be served at the museum. You'll also visit the Tillamook Cheese Factory - the farmer-owners have been producing quality dairy products here since 1909. Watch the cheese makers at work, enjoy a sample or two and indulge in some ice cream and fudge at your own expense. Time permitting, photo opportunity stops will be made at Tolovana Park, Neahkahnie Mountain overlook and, perhaps, a drive through Cannon Beach. Tour includes a picnic-style lunch. | This tour includes approximately 2 hours of moderate walking and is available to guests who utilise a collapsible wheelchair, are able to make their way on and off the coach and have a companion to assist them. Those guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina. Casual, weather-appropriate clothing (jacket and umbrella) and comfortable, flat walking shoes are suggested. |
| Astoria | United States of America | AST-012 | Local Discovery | WILLAMETTE VALLEY WINE | \$259 | 8 | MODERATE | Sample a selection of premier wines that reflect the extraordinary terroir of the Willamette Valley, home to two-thirds of Oregon's wineries and vineyards. Your visits will include two wineries. Apolloni Vineyards is a family-owned winery and is known for its Pinot Noir and other Italian styled wines. Overlooking a breathtaking view of the countryside, Ardri Winery and Vineyards welcomes you to the Laurelwood District AVA. Here, you will partake in tasting a flight of Pinot Noirs and white wine blends incorporating grapes from the Carneros appellation of California's Napa Valley. A picnic-style lunch will be provided during your stay. We will then return to Astoria and your ship. You'll come away from this tour having tasted about a dozen wines and experienced a glimpse of what the Willamette Valley wine region has to offer. | This tour includes more than four hours of driving and approximately 2 ½ hours of moderate walking. The tour is available to guests who utilise a collapsible wheelchair, are able to make their way on and off the coach and have a companion to assist them. Those with mobility concerns are cautioned to evaluate their personal level of ability and stamina before joining the tour. |

| | | | | | | | | | |
|---------------|--------------------------|---------|------------|----------------------------------|-------|-----|----------|---|--|
| Astoria | United States of America | AST-013 | Highlights | SEASIDE, CANNON BEACH & SHOPPING | \$119 | 4 | MODERATE | Discover two of Oregon's most charming coastal villages and beautiful beaches. Your local guide will travel with you crossing Young's Bay Bridge. Enjoy impressive views of Saddle Mountain, one of Oregon's highest peaks and the Astoria-Megler Bridge, the longest bridge in the state. You'll travel through the Oregon Coast Range before stopping at Cannon Beach, considered an artist's colony and home to photographers, artists and writers. The beach is also well known for Haystack Rock, a 235 foot tall rock formation that is the home of puffins, sea gulls cormorants. You'll have some free time here to explore the colourful courtyards, streets and little shops. Continue on to Seaside, a charming coastal village with arcades, art galleries and miles of beach. Enjoy some free time here to stroll along the boardwalk, buy some salt water taffy or take a ride on the carousel. | Walking on this tour is mainly at the guests' discretion during the stops. There may be some steps and uneven surfaces to negotiate. The tour is available to wheelchair guests who have a collapsible wheelchair, are able to make their own way on and off the bus and have an able-bodied companion to assist them. Those with mobility concerns are cautioned to carefully evaluate their personal level of stamina and ability before joining the tour. Transportation is by motorcoach. Tour order and routes may vary. |
| Astoria | United States of America | AST-014 | Highlights | PANORAMIC ASTORIA | \$89 | 2 | EASY | Travel around Astoria, taking in the most outstanding sights and stopping on occasion at landmarks that best reveal the city's history. Astoria was named for millionaire businessman John Jacob Astor, whose fur trading company established the first permanent settlement west of the Rockies here in 1811. As you continue around the city on this narrated driving tour, you will discover all sorts of fascinating facts about Astoria and see key attractions such as the Liberty Theater, where Clark Gable made his first stage appearance. Other highlights include the Doughboy Monument that commemorates those that fought in World War I, a Victorian mansion built for Astoria's first millionaire and the mural-adorned Astoria Column that the Astor family funded in 1926. You will also learn about the devastating fire of 1922 that almost destroyed Astoria and how the city was rebuilt to become greater than ever. | This tour has limited walking and is mostly panoramic in nature. The tour is available to wheelchair guests who have a collapsible wheelchair, are able to make their own way on and off the bus and have an able-bodied companion to assist them. Those with mobility concerns are cautioned to carefully evaluate their personal level of stamina and ability before joining the tour. The tour is operated on a motorcoach. The itinerary or venues may be modified due to weather, traffic or road conditions. |
| San Francisco | United States of America | SFO-002 | Highlights | VIEWS OF SAN FRANCISCO | \$109 | 4.5 | EASY | See San Francisco's icons on a leisurely drive up to Twin Peaks, along the coast to the Golden Gate Bridge and past landmarks such as Fisherman's Wharf. Coastal scrub and lupine cover the peaks, but the draw isn't so much natural beauty as the 180-degree view of the bay area below. Upon descending, you will soon reach Golden Gate Park, an urban oasis with cultural attractions such as the perforated copper-sheathed DeYoung Museum. Your next stop will be the Sutro Baths, a massive swimming facility built at the ocean's edge in 1894. In its heyday, the glamorous baths could accommodate 10,000 people. You will also see San Francisco's most enduring icon, the Golden Gate Bridge. Opened in 1937, the bridge is considered one of the seven engineering wonders of the United States. To round out the tour, you will then drive past Ghirardelli Square and Fisherman's Wharf. | This tour is primarily panoramic in nature with walking at the guests' discretion during the stops. The tour is available to wheelchair guests who have a collapsible wheelchair, are able to make their own way on and off the coach, and have an able-bodied companion to assist. Guests with mobility concerns should carefully evaluate their personal level of stamina and ability before joining the tour. Tour sequence may vary. Cancellations made within 3 days or less are subject to a 100% cancellation penalty. |
| San Francisco | United States of America | SFO-003 | Highlights | ALCATRAZ AND SAUSALITO | \$239 | 5.5 | MODERATE | Explore the infamous and stark penitentiary on Alcatraz Island and then continue across the Golden Gate Bridge to lovely Sausalito, a small bayside town with extraordinary shopping. On the ferry to Alcatraz Island, the site of the federal penitentiary known as "The Rock," you will learn about its history and notorious inmates such as Al Capone and the Birdman of Alcatraz. While touring the penitentiary, you will see some of the small cells and perhaps where prisoners were held in solitary confinement. Back on the mainland, a short drive up the coast will bring you to Sausalito, whose name refers to the willow trees that once grew along its creek banks. During free time, you might stroll the cobblestone streets and shop for one-of-a-kind merchandise at the boutiques along the waterfront. Or you may prefer to simply relax at a restaurant, admiring the bay views and San Francisco skyline. | This tour must be purchased no later than 10 days prior to the operating date. Cancellations made within 3 days or less are subject to a 100% cancellation penalty. This tour includes approximately 90 minutes of easy to moderate walking, plus any additional walking at the guests' discretion during free time in Sausalito. There will be some uneven terrain and stairs to negotiate. The tour is available to wheelchair guests who have a collapsible wheelchair, are able to make their own way on and off the coach, and have an able bodied companion to assist. Those with mobility concerns are cautioned to carefully evaluate their personal level of stamina and ability. Guests who are prone to motion sickness may wish to take necessary precautions prior to the commencement of the tour. Weather appropriate clothing to include a light windbreaker or sweater; sunglasses; sun cap; and flat, comfortable walking shoes are recommended. |

| | | | | | | | | | |
|---------------|--------------------------|---------|-----------------|---|-------|---------|-----------|--|--|
| San Francisco | United States of America | SFO-006 | Local Discovery | SONOMA WINE COUNTRY | \$259 | 7 | MODERATE | Enjoy tastings at two wineries in Sonoma Valley with the opportunity to dine on your own in the city of Sonoma, whose restaurants are outstanding, especially considering its modest size. After driving over the iconic Golden Gate Bridge, you will stop briefly at the Lonely Sailor statue on picturesque Vista Point. The memorial is dedicated to the countless sailors that have sailed from San Francisco in service to their country. Continuing on, you will stop at the first of two wineries in Sonoma Valley. The exact ones will be chosen the day of the excursion, but they will be in the Carneros region. Its terroir is ideal for cooler-climate wine styles, including varietal Pinot Noir and Chardonnay. Outstanding sparkling wines are also produced in the region. Following a tasting at the first winery, you will head to Sonoma for lunch on your own, perhaps paired with more wine. A second tasting at an esteemed Sonoma Valley winery follows. | This tour includes a moderate amount of walking mainly at the guest's discretion. Cancellations made within 3 days or less are subject to a 100% cancellation penalty. |
| San Francisco | United States of America | SFO-007 | Highlights | MUIR WOODS & SAUSALITO | \$159 | 4.5 | MODERATE | Explore the naturally beautiful area north of San Francisco within the Muir Woods National Monument and in bayside Sausalito. Not long after driving over the Golden Gate Bridge, the countryside becomes more rural and forested, one of its highlights being the towering redwood trees in Muir Woods. During free time, you can hike the winding trails through the old-growth forest at your own pace. You won't have to go far to be awed by the gorgeous setting. It is America's first national monument on land that an individual donated. A bit farther south, you will stop in Sausalito, a wonderfully atmospheric bayside town. Its name derives from an indigenous Coast Miwok word for the little willows that once grew along the creeks. During free time in Sausalito, you might shop along the waterfront, meander down the cobblestone streets or simply admire the views of the bay and the San Francisco skyline in the distance. | This tour includes a moderate amount of walking mainly at the guest's discretion. It is not available to guests who utilise a wheelchair. Cancellations made within 3 days or less are subject to a 100% cancellation penalty. |
| San Francisco | United States of America | SFO-008 | Highlights | CITY TOUR WITH DIM SUM LUNCH | \$209 | 5.5 | EASY | Settle in for a panoramic drive through San Francisco, stopping on occasion for photos and for lunch in Chinatown. Commentary along the way will describe the attractions and impart some of the more fascinating facts about the history of San Francisco. You will pass the 19th-century Ferry Building with its iconic clock tower, the Union Square entertainment district and the well-heeled residential neighbourhood Nob Hill – and that's just on the way to Grace Cathedral. Following a photo stop at this French Gothic landmark, you will head straight for Chinatown, which was founded in the mid-1800s, but was totally rebuilt after the devastatingly 1906 San Francisco earthquake. There you will be served traditional dim sum steamed dumplings for lunch. They will be filled with ingredients such as prawns, pork and vegetables. Other stops will include the Lands End lookout south of the Golden Gate Bridge and Fisherman's Wharf, which you can explore and return on your own later. | This tour includes limited walking, mainly at the guest's discretion. Cancellations made within 3 days or less are subject to a 100% cancellation penalty. |
| San Francisco | United States of America | SFO-009 | Local Discovery | COOKING COURSE IN SAN FRANCISCO | \$309 | 4 | EASY | Spend hours with a chef in her spacious loft home as she demonstrates culinary techniques and provides cooking tips, all in the interest of improving your skills in the kitchen. Whether you are somewhat of a novice or a highly experienced cook, this course has plenty to offer. During the session, you will learn how to prepare dishes using seasonal ingredients that are nutrient-rich and responsibly sourced. You will also discover the principles of flavour composition so you can create memorable dishes without following a recipe when you return home. Much of the course will be hands on, allowing you to better understand the principles by practicing the techniques under the chef's watchful eye. Afterwards, you will be served a lunch made with garden-fresh ingredients that reflect California cuisine. The exact dishes will be determined by what's in season, but past offerings have included summer vegetable galette, balsamic Swiss chard tart and buckwheat crepes with tarragon zucchini. | This tour includes limited walking, but due to vehicle used it is not available to guests who utilise a wheelchair. Cancellations made within 3 days or less are subject to a 100% cancellation penalty. |
| San Francisco | United States of America | SFO-011 | Active | SAN FRANCISCO TREATS - WALKING TOUR | \$279 | 3.5 | STRENUOUS | Indulge in a selection of delectable desserts while walking through some of San Francisco's most attractive neighbourhoods. Your confectionery adventure will begin with a snack not often thought of as a treat—a slice of toast—but one that has been elevated to an artisanal plane. Your so-called "fancy toast" may be topped with freshly ground almond butter or smashed avocado. One bite and you will understand how toast became such a craze. Upon reaching Alamo Square, you will pause for photos of the Painted Ladies, a cluster of seven colourful Victorian and Edwardian homes that are so iconic to San Francisco that they are referred to as Postcard Row. They are a treat for the eyes. Ahead lies the hip Hayes Valley neighbourhood, where you will sample several unusually flavoured ice creams before tantalizing your palate with a fresh-baked macaroon or an over-the-top cupcake. | This tour includes approximately 2.5 hours of walking. The neighbourhood is hilly and there is a large flight of steps to negotiate to see the view of the Painted Ladies from Alamo Square. It is not available to guests who utilise a wheelchair. Those guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina. Cancellations made within 3 days or less are subject to a 100% cancellation penalty. |
| San Francisco | United States of America | SFO-012 | Highlights | HOP ON HOP OFF SAN FRANCISCO ESSENTIAL TICKET | \$75 | Leisure | EASY | See the highlights of San Francisco at your own pace by riding a double-decker bus around the city, hopping on and off whenever you please at the attractions you find most intriguing. Simply hop on one of the buses using your complimentary pass and then hop off when it reaches a destination of interest from more than a dozen designated stops on the Red Route. You might hop off at Chinatown for lunch, the Embarcadero centre for shopping and North Vista Point for a sweeping view of San Francisco and the iconic Golden Gate Bridge. Other stops along the way include the laidback Haight Ashbury neighbourhood, the 19th-century Ferry Building and the extravagant neoclassical Palace of Fine Arts, a faux palace built for the 1915 Panama-Pacific Exposition. Stay as long as you like at each destination and then hop on another bus whenever you are ready. A new bus arrives every 20 minutes or so. | As the HOHO buses are shared with non-cruise tourists; Guests may experience lines and wait times between buses. Walking is at guest's discretion. There is one step to enter the bus and 8 steps to access the top deck. It is available to guests who utilise a collapsible wheelchair, can both make their way on and off the coach and have a companion to assist them. There are 11 buses in the fleet that are wheelchair accessible, to secure availability, please call 1.866.625.1167 for assistance. |
| San Francisco | United States of America | SFO-014 | Highlights | PANORAMIC SUNSET TOUR OF SAN FRANCISCO | \$53 | 1 | EASY | Enjoy a delightful and spectacularly panoramic drive through San Francisco in the evening when the city is beautifully illuminated. With no stops along the way, you can comfortably settle into a seat and watch the ever-changing vistas as you follow a route past many of the most well-known attractions. The sights begin at Fisherman's Wharf, whose iconic crab wheel-shaped sign is particularly easy to spot at night. You will then proceed into the Nob Hill district, from which you will enjoy a close-up view of Grace Cathedral. Its façade is typically illuminated with lights of different colours, making the cathedral look all the more glorious. Next, you will cross the San Francisco-Oakland Bay Bridge to Treasure Island, which will afford extraordinary views of the skylines of both cities. Once you return to the mainland, you will drive to the Embarcadero, an ideal waterfront setting to view the Transamerica Building twinkling against the night sky. | It is available to guests who utilise a collapsible wheelchair, can make their way on and off the coach and have a companion to assist them. |

| | | | | | | | | | |
|----------------|--------------------------|---------|------------|---------------------------------------|-------|-----|-----------|---|---|
| San Francisco | United States of America | SFO-015 | Highlights | FLAVOURS AND SIGHTS OF SAN FRANCISCO | \$299 | 5 | MODERATE | See the icons that first come to mind when visiting San Francisco and dine on an array of dishes that are just as classic. As an introduction to the city, you will first pause for photos at the Golden Gate Bridge, which opened in 1937 and was the world's tallest and longest suspension bridge. You will enjoy another view of San Francisco Bay from the Mission Rock Resort, a waterfront restaurant known for outstanding seafood. After an appetiser of raw oysters – served with sauces such as red wine mignonette – and a bowl of creamy clam chowder with a side of sourdough bread, you will select an entrée from choices that include a grilled avocado bowl and a tavern-style burger. You will have the chance to stretch your legs in Chinatown, the largest ethnic enclave outside of Asia, and at the famed Fisherman's Wharf, where you might sample the sweets at the Ghirardelli Chocolate Experience. | Any allergies must be noted when booking the tour. Coaches do not have a lift, and entering and exiting must be done via stairs. This tour includes some walking and standing. Therefore, those guests with mobility concerns are cautioned to evaluate their level of ability and stamina. It is recommended to wear casual, weather-appropriate attire and comfortable, flat walking shoes. |
| San Diego | United States of America | SAN-001 | Highlights | SAN DIEGO HIGHLIGHTS | \$99 | 4 | EASY | See the very best of San Diego's vibrant downtown by following a route that passes historical landmarks and contemporary attractions. After arriving at the Embarcadero along the waterfront, you will be treated to spectacular views of the sea and perhaps see the USS Midway Museum within the 20th century's longest-serving aircraft carrier. The Star of India, the world's oldest active sailing ship, is just down harbour Drive and serves as part of the city's Maritime Museum. You will delve even deeper into San Diego's history in the Old Town, which became California's first permanent Spanish settlement when a mission was built in 1769. Although the Gaslamp Quarter is also historical, its Victorian-style buildings now house so many trendy shops, restaurants and nightclubs that the quarter has become the ultimate after-dark destination. Nearby La Jolla also offers a charming downtown. | Cancellations made within 3 days or less are subject to a 100% cancellation penalty. |
| San Diego | United States of America | SAN-002 | Highlights | SAN DIEGO BY TROLLEY | \$99 | 2 | EASY | Sit back and relax in the comfort of an open-air trolley while taking in San Diego's most historical sights. Along the way, you will learn about the city's early development in areas such as the Gaslamp Quarter, which is now a popular centre for nightlife. San Diego's maritime history is on display in the museum on the USS Midway, the 20th century's longest-serving aircraft carrier, while nearby Seaport Village offers some of the best shopping and dining. After crossing the Coronado Bay Bridge, you will pass by the iconic Hotel de Coronado, which when built in 1888 became the west coast's first seaside resort. It is now designated a National Historic Landmark. Other historical highlights include the site of California's first permanent Spanish settlement and Balboa Park, where the 1915 California-Panama Exposition was held. Many of the buildings and pavilions are still in use today. | This tour may not be exclusive to guests of your cruise ship. |
| San Diego | United States of America | SAN-003 | Active | SAN DIEGO ZOO SAFARI PARK | \$179 | 6 | STRENUOUS | Spend hours browsing the San Diego Zoo Safari Park on your own and discover a collection of some of the world's most extraordinary animals. A scenic drive into the San Pascal Valley will bring you to the famed zoo, which sprawls over 1,800 acres of open-range enclosures, climate-controlled exhibits and areas that replicate natural habitats. You will have hours to meander at your leisure, but be sure to get a map to make the most of your time. You might visit the Cheetah Safari to watch the world's fastest land mammal demonstrate running at speeds approaching 70 miles per hour. Other safari experiences present close-up views of rhinos, giraffes and gorillas. Pretty much any animal you have in mind can be found at the zoo, including somewhat unusual species such as genenuks and okapis and favourites such as Sumatran tigers and African elephants. | Walking at the park is at the guests' discretion, but to view the animal attractions extensive walking is required. The tour is available to wheelchair guests who have a collapsible wheelchair, are able to make their own way on and off the coach and have a companion to assist them. This tour is not recommended for guests with mobility concerns. Guests that miss the transfer to the ship must arrange their own way back at their own expense. Cancellations made within 3 days or less are subject to a 100% cancellation penalty. |
| San Diego | United States of America | SAN-004 | Highlights | SAN DIEGO HIGHLIGHTS & harbour CRUISE | \$149 | 4 | MODERATE | See San Diego's landmarks by driving through town and then by cruising the harbour, two experiences that will present a remarkably comprehensive overview of the city. It will be one highlight after another as you pass, the site the site of California's first permanent Spanish settlement and Balboa Park, the country's largest urban cultural park. You will also see areas just north of town such La Jolla, one of California's most beautiful and upscale seaside villages. During the cruise portion of the tour, you will enjoy a unique vantage point for viewing attractions such as the Coronado Bay Bridge, the U.S. Navy surface fleet and the Star of India, the world's oldest active sailing ship. To understand San Diego's deep maritime roots, few experiences are more enlightening than cruising around the harbour. | This tour includes limited walking, but guests must be able to negotiate the boat's gangway and steps with limited assistance. The tour is not available to wheelchair guests and guests with mobility concerns should carefully evaluate their personal level of stamina and ability before joining the tour. Cancellations made within 3 days or less are subject to a 100% cancellation penalty. |
| San Diego | United States Of America | SAN-005 | Highlights | SAN DIEGO SEAL TOUR | \$90 | 1.5 | EASY | Enjoy the natural beauty and landmarks around San Diego harbour from the comfort of an amphibious vehicle known as a Hydra-Terra. After boarding, you will first drive around the waterfront, taking in landmarks such as the Maritime Museum of San Diego, where the world's oldest active sailing ship is moored. You will also pass through Little Italy, a neighbourhood that tuna industry workers developed in the 1920s. The Hydra-Terra will then drive straight into San Diego Bay, instantly becoming an unsinkable boat. You will likely cruise past Navy ships and fishing vessels and enjoy a unique perspective of the mansions on Point Loma. Along the way, the guide will impart all sorts of fascinating facts about the area and wildlife. The "seal" referred to in the excursion's name isn't the animal but rather an acronym for SEa And Land, a nod to the Hydra-Terra's ability to travel on water | Guests must be able to climb a 9-step ladder to board the vehicle. This tour is not available to wheelchair guests. |
| Cabo San Lucas | Mexico | CAB-006 | Active | BEACH HORSEBACK RIDE | \$169 | 3.5 | STRENUOUS | Ride horseback along a beautiful stretch of beach where migrating whales are often spotted and then spend free time meandering about the horse ranch and stables. A scenic drive will bring you to the ranch, which nestles in a serene setting not far from the ocean. The guide will lead the way along a picturesque path that ends at the beach. Few places are so idyllic and well-suited for your adventure. Imagine how pleasurable it will be to ride along the soft powdery sand, a cool breeze blowing off the sea and the waves gently lapping at the shore. Back at the ranch, you will enjoy free time, during which you might explore the traditional desert-style homes on the property and shop for handicrafts in the boutique. | Riders must weigh 220 pounds or less and be at least 12 years old. This tour is suitable for riders of all experience levels, including beginners. The horses will not go in the water. The ranch is not exclusive to guests from your cruise ship. |

| | | | | | | | | | |
|----------------|--------|---------|------------|---------------------------------------|-------|------|-----------|---|---|
| Cabo San Lucas | Mexico | CAB-007 | Highlights | LAND'S END BOAT AND CABO VIEW | \$129 | 4.5 | MODERATE | Cruise to the stunningly beautiful southernmost tip of the Baja Peninsula and then enjoy a coastal drive to nearby San Jose del Cabo. After a short but scenic boat ride, you will reach Land's End, the peninsula's appropriately named terminus, whose only inhabitants are sea lions. The barren landscape is so photogenic that it has become an icon for Cabo San Lucas, especially the huge arch that the sea has carved out of the granite at Land's End. The land-based portion of the tour will be just as picturesque, as you will drive through an arid desert. Highlights include visiting a glass-blowing factory in Cabo San Lucas and a mission church in San Jose del Cabo, a town that lies just up the coast. In time, you will pause for a cool beverage at a restaurant that perches atop the area's famed cliffs, which will offer a sweeping view of the Bay of Cabo San Lucas. | This tour includes limited walking over mostly flat surfaces with some steps to negotiate. The coaches and tour boats are not wheelchair accessible and guests must be able to enter and exit both means of transportation themselves. Therefore, this tour may not be suitable for wheelchair guests and those with mobility concerns should evaluate their stamina and ability before joining the tour. Participants may be required to sign a release form. |
| Cabo San Lucas | Mexico | CAB-008 | Highlights | TEQUILA AFICIANADO | \$179 | 2.5 | EASY | Delve into the subtleties of tequila by sampling a number of distinctly different varieties of this classic Mexican spirit. The tasting will educate your mind as well as your palate, as you will learn how tequila is produced and how it is classified. Tequila is made from blue weber agave, a plant that produces a unique sugar that flavours it. The Aztecs were the first to ferment the agave juice for a ceremonial wine that they called "pulque." Spanish conquistadores later altered the process, which today has been further refined. The result is now a liquor with a mystique and a surprising range of flavours. During the tasting, you will sample four premium tequilas that epitomise the complexity of the spirit that has become synonymous with Mexico. As an accompaniment, you will be served fresh tortilla chips and salsa. Afterwards, you will receive a certificate distinguishing you as a tequila ambassador. | Guests must be at least 21 years of age to consume alcohol. |
| Cabo San Lucas | Mexico | CAB-010 | Highlights | THE ART DISTRICT OF SAN JOSE DEL CABO | \$139 | 4 | MODERATE | San Jose del Cabo's origins date back to 1730. The town is rich with historic landmarks and colonial architecture, and one of its shining stars is the ever-growing Art District. A scenic, waterfront drive brings you to this colourful enclave, where you'll embark on a walking tour taking in the Town Square and the San Jose Mission, one of the oldest missions in the Baja, before continuing into the Art District. Visit exceptional galleries that showcase the work of both local and international talent and shop for beautiful pieces to adorn your walls at home. Settle in for a picturesque drive along the oceanfront, taking in the glamorous hotels and emerald golf courses on the stretch of highway that connects Cabo San Lucas to its more colonial sister town of San Jose del Cabo. This quaint, authentic Mexican town is lined with charming streets and historical sights best enjoyed on a walking tour. As early as the 1500s, sailors referred to San Jose as a "safe watering place," an important stop for boats that were low on provisions. Now, tree-lined boulevards mark the shopping and Art District that boasts colourful sidewalk murals painted by schoolchildren and the charming "Zocalo," or town square. After visiting selected galleries and still at the art district, you will be heading for the renowned Patricia Mendoza's Gallery, which presents contemporary pieces from both young and old Mexican artists, the gallery hosts quality abstracts, sculptures and a variety of paintings and graphic art, the wide variety ensures that there will be something that will catch your eye. Here you will be offered a delicious turkey jam sandwich with cucumbers and the secret house dressing, potato chips and a cold beer or hibiscus tea. Your coach will be waiting for you to bring you back you Cabo San Lucas, on route, your guide will be ready to share stories about its foundation, night life and of course answer the questions you may have. | This tour requires walking over uneven surfaces and negotiating 12 steps to enter the mission church. Guests must be at least 21 years old to consume alcohol. The tour includes three beer samples, a light snack and bottled water. |
| Cabo San Lucas | Mexico | CAB-012 | Active | CAMEL & OUTBACK ADVENTURE | \$289 | 5.25 | STRENUOUS | This Mexican Outback and Camel Safari is an unforgettable eco-adventure that combines spectacular views, delicious cuisine and an exciting beach camel ride. Check in at the pier, sign your waivers, and make a quick bathroom stop. Continue with a short walk to board your A/C vans for the scenic 45 minute drive into the heart of the Baja outback and Rancho Tierra Sagrada. Upon arrival at Rancho Tierra Sagrada, you will be greeted by your friendly and knowledgeable local expert who will give you a briefing of the adventure that awaits you. Start by meeting our friendly camels, these gentle giants will then take you on a fun and unique caravan across the white sands of the beach. From your perch high atop the camel, you'll have excellent views of your surroundings and in the winter months, you'll want to keep an eye out for whales which are sometimes spotted off-shore. After you've dismounted your camel, your good times continue as you expert guide leads you on a guided tour through desert vegetation, pointing out the indigenous flora and fauna, making this a true eco experience. The pathway of your nature walk will lead you to the restaurant of our local ranch overlooking the Pacific Ocean, where you'll have a chance to catch your breath and savour some traditional Mexican food of hand-made tortillas, beans and salsas. Your guide will continue with a Tequilla sampling and a short class on how to make traditional tortillas. Then it's time to head back to the pier. Re-board the A/C van and enjoy some breathtaking views of the Baja desert while you drive beside the Pacific Ocean coast line. | This tour includes approximately 40-minutes of moderate walking/standing, some of it over uneven natural surfaces and hilly terrain. The tour is not available to wheelchair guests, pregnant women, those suffering with back/neck problems or mobility concerns. Guests should be in reasonably good physical condition. Light-weight clothing; sun cap; sunglasses; sunscreen; and flat, comfortable walking shoes are recommended. No photography is allowed while on the camel, although pictures will be taken and available for sale after the ride. Minimum age to participate is six years-old and children under 18 must be accompanied by an adult parent or guardian. The tour operator requires all participants to sign a liability waiver before being allowed to participate in the tour. |
| Cabo San Lucas | Mexico | CAB-014 | Highlights | SALSA & SALSA | \$139 | 3.5 | MODERATE | Learn to prepare authentic Mexican salsa in a hands-on cooking class at a beachfront resort and then after lunch, head for the dance floor to learn the basics of salsa dancing. The fun will begin with two top chefs enthusiastically showing you how to make salsa as they add to the experience by salsa dancing around the kitchen. By the end of the fun-filled hands-on class, you will have learned how to prepare as many as seven different salsas. A staple in Mexico, salsa pairs perfectly with dishes such as chicken taquitos and cheese quesadillas, which you will dine on, accompanied by an endless flow of margaritas. Then it's on to the dance floor, where an instructor will show you the ins and outs of salsa dancing. Like the sauce salsa, the dance salsa comes in several varieties. There are classic salsa dances, romantic ones and modern salsas with characteristics that reflect local traditions. | There is limited walking on this tour, mainly at the guests' discretion. The tour is available to wheelchair guests who have a collapsible wheelchair, are able to make their own way on and off the transportation and have an able-bodied companion to assist them. Those with mobility concerns may have difficulty participating in the dancing portion of the tour, but can still enjoy the experience. Guests must be at least 21 years old to consume alcohol. |

| | | | | | | | | | |
|----------------|--------------------------|---------|------------|--|-------|-----|-----------|---|--|
| Cabo San Lucas | Mexico | CAB-016 | Active | SCENIC SUV & BEACH SNORKEL ADVENTURE | \$299 | 4 | MODERATE | Delight in an air-conditioned SUV ride to a lovely beach to snorkel and relax before heading for a glass-blowing factory to watch the artisans demonstrate their talents. The adventure begins by driving the Jeeps caravan-style to Chileno Beach, where the area's natural beauty is on full display. While snorkelling in the surrounding bay, you can expect to see plenty of schooling fish and marine species such as starfish, flower urchins and sea turtles. Feel free to relax on the beach afterwards. You will then hop back in the SUV and drive on to a glass-blowing factory. A few decades ago, only one such factory existed here, but as Cabo became a haven for artisans, others soon followed. After watching a demonstration of their techniques, you may browse the factory's shop for items such as margarita glasses, vases or delicate figurines. | This tour includes moderate walking over natural surfaces. It is not available to wheelchair guests, guests with mobility concerns, pregnant women, or those with heart or respiratory conditions or neck or back injuries. Participants should be in good physical condition. Participants must be at least 8 years. Drivers must be at least 21 years old and present a valid driver's license. The SUV have manual transmission. Those participating in water activities do so at their own risk and responsibility. |
| Cabo San Lucas | Mexico | CAB-017 | Highlights | ARCH EXPLORATION & CLEAR BOAT EXPERIENCE | \$119 | 1.5 | MODERATE | See Cabo's iconic seaside natural landmarks while cruising in a boat that is completely transparent, which will allow you to observe the wonders underwater as well. Unlike boats with only see-through bottoms, this innovative vessel offers unobstructed views, so there is nothing to block your view of life beneath the sea or above. Even the seating is transparent. You will pass over coral reefs teeming with colourful fish and other marine life. The natural attractions along the shore are just as plentiful and include the large arch that the sea and wind have carved out of the granite at Land's End. You will also cruise past Lovers and Divorce beaches. It's a scenic and immersive adventure where every angle is a photo-worthy moment—above the water and below. | All times are approximate and depend on the departure time from the port. Guests must sign a waiver to participate. It is not available to guests who utilise a wheelchair or those with mobility concerns. Beach water clarity can vary throughout the year. |
| Cabo San Lucas | Mexico | CAB-019 | Active | 4X4 OFF ROAD ADVENTURE 2 PEOPLE (PRICED PER VEHICLE) | \$369 | 3.5 | STRENUOUS | Zip off into the desert and along the sea in a two-person all-terrain vehicle, accompanied by a naturalist that will enlighten you on the unusual landscape, flora and fauna. Upon arriving at a recreational and nature centre by motor coach, you will enjoy a tour of the aviary. Hundreds of bird species are commonly found around Cabo, many of them endemic such as the iridescent Xanthus's hummingbird and the yellow-footed gull. You will then hop into the 4x4 vehicle and zip off into the desert, passing through arid mountains, into deep canyons and along the sand dunes that protect the beach-blessed coast. Besides ever-present cacti, a variety of palms dot the landscape, as do damiana shrubs, whose serrated leaves are consumed as tea or infused into margaritas. Back at the recreational centre, you will visit the herpetarium, where you may see rock lizards, geckos and other reptiles and amphibians that inhabit the surrounding desert. | This tour is priced per vehicle, not per person. It includes about a mile of walking over some inclines and uneven surfaces. The ride will be rough and bumpy. The tour is not available to wheelchair guests, those with mobility concerns, pregnant women, or guests with heart, respiratory, back, neck or knee conditions. Guests should be in good physical condition and must sign a liability waiver. There are no drivers available; guest must be able to drive the vehicle. Guests wishing to drive must be at least 21 years of age and present a valid driver's license. |
| Cabo San Lucas | Mexico | CAB-022 | Highlights | DELUXE COASTAL CRUISE | \$139 | 2 | EASY | Cruise to the southernmost tip of the Baja Peninsula in a spacious semi-submersible that offers panoramic views from the open deck and through large windows in the climate-controlled cabin just a few feet below the surface. Along the way, you will pass Neptune's Finger, a thin rock formation that rises straight up out of the sea. The sights will be equally spectacular underwater as the rock attracts all sorts of colourful tropical fish. Before long you will reach Land's End, the peninsula's appropriately named terminus. Its dramatically rocky landscape is so photogenic that it has become a Cabo San Lucas icon, especially the huge arch that the sea and wind have carved out of the granite at Land's End. The only inhabitants are sea lions, which you can expect to see frolicking on shore and swimming in the sea. An open bar and nachos on board will enhance the experience. | Guests must negotiate a ramp to board the catamaran. This tour is suitable for guests using wheelchair or limited mobility. Waiver must be signed. Non slippery shoes, hat and sunscreen is recommended. |
| Cabo San Lucas | Mexico | CAB-023 | Highlights | LOS VELEROS BEACH CLUB | \$149 | 5 | EASY | Take full advantage of the amenities at the Veleros Beach Club, which include an open bar and a beautiful beach that rims an enviable spot on the Sea of Cortez. It won't take long to reach the exclusive beach club, giving you all the more time to relax as you please. The beach is private and spacious, so you can easily find your own quiet piece of paradise. You might stretch out on a cushioned lounge chair and bask in the sun or lie in the shade under a beach umbrella. If you wish to explore a bit farther, feel free to stroll along the shore. The sea there is one of the few swimmable spots in Cabo San Lucas, so a refreshing dip is another great option. Music will be playing to enhance the ambiance and the bar will be open for the first two hours after you arrive. | This tour is not available to guests who utilise a wheelchair or guests with mobility concerns. |
| Cabo San Lucas | Mexico | CAB-025 | Highlights | TIERRA SAGRADA BEACH CLUB | \$199 | 6 | EASY | Relax however you please at an exclusive beach club where everything imaginable is included, which will make the experience all the more carefree. Once you reach the Tierra Sagrada Beach Club and Adventure Park, the day will be yours to enjoy in whatever way you wish. You might stretch out on a padded lounge on a seaside wooden deck and bask in the sun, go beachcombing along the shore and take a refreshing swim in the Pacific Ocean. If you prefer freshwater, a swimming pool is just steps away. A buffet lunch of gourmet Mexican dishes and unlimited drinks are also available at the restaurant that overlooks the sea, ensuring that the views will be as memorable as the dining experience. Other amenities include a hands-on cooking class, a mini-zipline, beach volleyball and plenty of activities for children of all ages. Whatever your idea of relaxation, the beach club is the ideal venue. | This tour is not suitable for the guest with a wheelchair or electric scooter. Guests must be able to walk on sand and to access the Beach Club. The beach is not swimmable. For safety reasons, swimming in the ocean and roaming freely near the shoreline is not allowed. |
| Los Angeles | United States of America | LAX-001 | Highlights | DISCOVER LOS ANGELES | \$99 | 5 | MODERATE | See the absolute icons of Los Angeles, including famed sports and entertainment venues and one of the city's trendiest shopping areas. Sports play a huge role in Los Angeles, as you will discover by passing the Coliseum, which has hosted two Olympics. You will also see the Staples centre, the home of the L.A. Lakers, Clippers and Kings, and usually the site for the Grammy awards. Still, no tour of Los Angeles is complete without visiting locales such as The Music centre, a complex that includes the Dorothy Chandler Pavilion and Walt Disney Concert Hall, and the Hollywood Walk of Fame at the TLC Chinese Theatre. As you stroll past the terrazzo and brass stars embedded in the sidewalk, you will recognise the names of celebrities ranging from Gloria Swanson to Brad Pitt. Other highlights include the sprawling Farmers Market, which opened in 1934, and The Grove, an adjoining shopping district. | This tour includes approximately two hours of moderate to strenuous walking, plus any walking at the guests' discretion during free time. There are steps to negotiate at the Music centre and Farmers' Market. The tour is not available to wheelchair guests and not considered suitable for those with mobility concerns. Cancellations made within 3 days or less are subject to a 100% cancellation penalty. |

| | | | | | | | | | |
|-------------|--------------------------|---------|------------|--|-------|---|----------|--|---|
| Los Angeles | United States of America | LAX-003 | Highlights | THE GETTY VILLA | \$129 | 5 | MODERATE | Explore the Getty Villa and museum, a tribute to the glory of Greek, Roman and Etruscan artistic expression in one of Malibu's most beautiful settings. After pausing for photos at Santa Monica beach, you will continue along the famed Pacific Coast Highway to the Getty Villa, where more than a thousand Greek, Roman and Etruscan antiquities are on display. The museum is modelled on a 1st-century Roman villa discovered near Herculaneum, the Italian town that was destroyed along with Pompeii when Mt. Vesuvius erupted in 79 AD. The collection of antiquities ranges from ancient drinking vessels and clay figurines to classical Greek and Roman statuary, art objects and jewellery. The museum also houses rare manuscripts, drawings, paintings and decorative arts. But not all the treasures lie inside. The grounds feature an aromatic garden of herbs used by the ancient Romans, reflecting pools, ornate fountains and covered walkways leading to spectacular views of the Pacific Ocean. | This tour includes approximately 2½ hours of moderate walking. The tour is available to wheelchair guests who have a collapsible wheelchair, are able to make their own way on and off the coach and have a companion to assist them. Guests with mobility concerns should evaluate their personal level of stamina and ability before joining the tour. Cancellations made within 3 days or less are subject to a 100% cancellation penalty. |
| Los Angeles | United States Of America | LAX-006 | Highlights | EXPLORE LAGUNA BEACH | \$209 | 5 | MODERATE | Enjoy free time in Laguna Beach, an artistic village-like setting where you may browse the boutiques and galleries, stroll the boardwalk or simply relax and people watch. One of California's earliest incorporated cities, Laguna Beach has fiercely preserved its natural beauty, passionately promoted the arts and developed a village-like atmosphere, especially along the streets that end by the waterfront at Main Beach Park. You may spend your time in Laguna Beach however you wish. The boardwalk along the beach is ideal for a leisurely stroll to sites such as Heisler Park, where you will find a sculpture with beams salvaged from New York's World Trade centre. St. Francis by the Sea is an unusual church worth a look, as it's the world's second smallest with seats for only 42. The downtown village also draws serious foodies, as cuisines range from California Contemporary to Japanese, and chain restaurants are banned. | Walking is at the guests' discretion while in Laguna Beach. You may encounter uneven surfaces and steps to negotiate. The tour is available to wheelchair guests who have a collapsible wheelchair, are able to make their own way on and off the coach and have an able-bodied companion to assist them. Guests with mobility concerns should carefully evaluate their personal level of stamina and ability before joining the tour. Cancellations made within 3 days or less are subject to a 100% cancellation penalty. |
| Los Angeles | United States Of America | LAX-007 | Highlights | STARS AND SPACE | \$209 | 7 | MODERATE | Behold the wonders of astronomy and the history of space exploration at the Griffith Park Observatory and the California Space centre. The park and observatory were created as directed by the will of industrialist Griffith J. Griffith in 1919. As you will discover from this vantage point, it's an excellent spot to see the famed Hollywood sign. Inside, you will browse intriguing exhibits that prompt you to ponder your own relationship with the universe. The exhibits in the nearby California Science centre will be equally provocative, especially the area devoted to the retired space shuttle endeavour. Following a short video that describes the 25 missions of the space shuttle and its commanders, you will view some of its artifacts, including an external fuel tank, before seeing the endeavour up close. Expect to be awed by the historical orbiter, which flew the first service mission to the Hubble Space Telescope. | This tour includes approximately 3½ hours of moderate walking and standing that includes a few steps. The tour is available to wheelchair guests who have a collapsible wheelchair, are able to make their own way on and off the coach and have an able-bodied companion to assist them. The tour may not be suitable for those with walking difficulties. Cancellations made within 3 days or less are subject to a 100% cancellation penalty. |
| Los Angeles | United States Of America | LAX-008 | Active | BEVERLY HILLS / RODEO DRIVE WALKING TOUR | \$139 | 5 | MODERATE | Shop along glittery Rodeo Drive, the most renowned and ultra-luxurious street in Beverly Hills, especially the three-block area with one glamorous designer shop after another. Despite the beauty of the affluent neighbourhoods and landmarks such as the Beverly Hills Hotel, shopping reigns supreme in Beverly Hills, especially along beautiful Rodeo Drive. Your time here will be spent strolling the legendary shopping mecca, which has been the epicentre of luxury and fashion in Los Angeles for nearly 50 years. The list of shops and boutiques reads like a Who's Who of the world's most famous designers. Cartier, Dolce & Gabbana, Fendi, Gucci, Jimmy Choo, Louis Vuitton, Rolex and Versace are but a few of the world-renowned shops. This is truly one of the world's finest collection of shops, so be assured that whatever you wish for in luxury merchandise is available on Rodeo Drive. | Walking is primarily at the guests' discretion. You may encounter uneven surfaces and steps to negotiate. The tour is available to wheelchair guests who have a collapsible wheelchair, are able to make their own way on and off the coach and have an able-bodied companion to assist them. Guests with mobility concerns should carefully evaluate their personal level of stamina and ability before joining the tour. Motor coaches are required to drop guests a few blocks from Rodeo Drive, but a short walk will bring you the shopping district. Cancellations made within 3 days or less are subject to a 100% cancellation penalty. |
| Los Angeles | United States of America | LAX-010 | Highlights | BEACHFRONTS & BEVERLY HILLS (INTRANSIT) | \$79 | 5 | EASY | Shop the boutiques and designer stores along famed Rodeo Drive and for a complete change of scenery spend free time on Santa Monica Pier, a landmark since 1909. Rodeo Drive runs through the heart of Beverly Hills and its collection of luxury shops is absolutely legendary. Cartier, Dolce & Gabbana, Fendi, Gucci, Jimmy Choo, Louis Vuitton, Rolex and Versace are but a few of the world-renowned stores that you may visit while shopping there. The atmosphere in Santa Monica is entirely different, as you will discover while strolling the pier, the first one made of concrete on the West Coast. It too is lined with shops and restaurants, but they're much more casual than those along Rodeo Drive. Entertainment opportunities include riding the pier's Ferris wheel and visiting the arcade. Be sure to snap a photo at the End of the Trail sign that celebrates the pier being the western terminus of the Pacific Coast Highway. | This tour includes limited walking, mainly at the guest's discretion. The order of the sites visited or viewed may vary. Cancellations made within 3 days or less are subject to a 100% cancellation penalty. |
| Los Angeles | United States of America | LAX-011 | Highlights | RODEO DRIVE & LOS ANGELES (INTRANSIT) | \$139 | 5 | EASY | Enjoy a panoramic drive in and around Los Angeles, stopping on occasion to shop and browse the attractions. As you drive through the suburbs, you will pass landmarks such as the LA Memorial Coliseum and the University of California on the way to Olvera Street, which was established in 1858. Now considered the heart of the local Mexican culture, the street is lined with historically important shops and ethnic restaurants. For a glimpse into the history of L.A.'s entertainment industry, you will meander the iconic Hollywood Walk of Fame. More than 2,500 brass-and-terrazzo stars are embedded in the sidewalks, and you are sure to find plenty of them with the names of your favourite celebrities. The ultimate shopping experience awaits in Beverly Hills, home to glittery Rodeo Drive. The epicentre of luxury and fashion in Los Angeles for nearly 50 years, it boasts shops and boutiques that read like a Who's Who of the world's most famous designers. | This tour includes limited walking, mainly at the guest's discretion. The order of the sites visited or viewed may vary. Cancellations made within 3 days or less are subject to a 100% cancellation penalty. |



EXPLORATIONS
BY NORWEGIAN®