

# EXPLORATIONS

BY NORWEGIAN®

## Onshore Explorations Guide

Exploration from New York to Reykjavik

**EMBARK** New York 01 August 2027

**DISEMBARK** Reykjavik 20 August 2027



## DISCOVER

Some of the world's most significant historical, cultural and artistic landmarks, thoughtfully designed to enrich every destination you visit.



To make choosing your experience simple, our onshore explorations are grouped into three clear categories:

### Highlights

Effortlessly experience the must-see sights and key points of interest in each port.

### Local Discovery

Go deeper into the destination, with immersive experiences that reveal local life, culture and character.

### Active

Explore your ports of call from a fresh perspective through engaging activities such as cycling, hiking, kayaking and more.

Every port offers a carefully curated collection of tours and adventures. Experience awe-inspiring natural sights, world-renowned landmarks and authentic local culture, history and cuisine that bring these destinations to life.

## Reasons to Explore Onshore

### Seamless and Secure Experiences

All excursions are carefully monitored by shipboard staff and depart directly from the pier for your comfort, safety and convenience.

### Expert Local Guidance

Enjoy insightful commentary from professional, English-speaking guides who bring each destination to life.

### Thoughtfully Planned Itineraries

Our experienced excursion specialists design every tour to help you make the most of your time ashore.

### Premium Transportation

Travel with trusted, licensed and insured tour operators using the best available climate-controlled vehicles.

## Helpful Hints for Your Onshore Exploration

- Wear casual, weather-appropriate clothing and comfortable walking shoes suitable for the day's activities. For more active experiences, sturdy, non-slip footwear or hiking shoes are recommended.
- Dress respectfully when visiting cultural or religious sites. Shoulders and knees should be covered where required.
- Bring a hat, sunglasses and sunscreen to stay protected from the sun.
- Carry bottled water to stay hydrated, particularly during active or warmer excursions.
- For water-based activities, remember to bring swimwear and a towel.
- Insect repellent may be useful for outdoor or nature-focused explorations.



While excursions may be shown for embarkation and disembarkation ports, they may not be available to book on the day you board or leave the ship due to operational requirements. The excursions listed are offered exclusively for ports of call during the voyage.

Once onboard, you are welcome to visit the Destinations Desk to discuss your onward travel plans. In some cases, transfer services may be available to suit your individual arrangements. Please note that these services are not listed in this document, as they cannot be pre-booked and are available for purchase only whilst onboard **Regatta**.

## Important Information About Onshore Explorations

Onshore Explorations offered through **Explorations by Norwegian** are operated by independent, licensed third-party providers. Explorations by Norwegian facilitates these experiences but does not operate them directly.

Details such as itineraries, routes, duration, departure times, pricing and availability are provided as a **guide only** and may be updated, adjusted or withdrawn without notice. Onshore Explorations may be modified or cancelled due to weather conditions, safety considerations, capacity limitations or other operational requirements.

Participation in any Onshore Exploration is at the guest's own discretion and risk. Explorations by Norwegian is not responsible for the actions, services or omissions of third-party tour operators. Cancellation terms and conditions may vary depending on the specific Onshore Exploration and operator.

**All pricing is listed in US\$ on a per person basis. Pricing is correct as at 10 March 2026 but may be subject to change.**

Official Port Name	Country	Tour Code	Onshore Explorations Category	Tour Name	US\$ Cost Per person	Duration (Hours)	Walking	Overview	Please note
New York	United States Of America							Description Pending	
Newport	United States of America	NEW-001	Highlights	NEWPORT SCENIC DRIVE	\$129	1.5	EASY	Explore the rich history and splendid scenery of Newport from Colonial times through the Gilded Age during this picturesque tour of the city. Landmarks that you are likely to see include the early 18th-century Trinity Church, the oldest library in America housed in its original building and a glimpse at the Gothic Church of Saint Mary's, where Jacqueline Bouvier married Senator John F. Kennedy. Upon reaching Ocean Drive, the gorgeous rocky shoreline will take centre stage. Time permitting, a photo stop will be made at Fort Adams, the largest coastal fortification in the United States. You will also pass opulent mansions built by the Vanderbilts, Astors and Morgans, many of which have been beautifully preserved by the Newport Preservation Society.	This tour is mostly panoramic with very limited walking. The tour is available to wheelchair guests who have a collapsible wheelchair, can make their own way on and off the coach and have an able-bodied companion to assist them. Those with mobility concerns are cautioned to carefully evaluate their personal level of stamina and ability before joining the tour. The order of the sights viewed or visited may vary. Cancellations made within 3 days or less are subject to a 100% cancellation penalty.
Newport	United States of America	NEW-002	Active	CLIFF WALK AND THE BREAKERS	\$159	3	MODERATE	Enjoy the natural riches of Newport by following a portion of the popular Cliff Walk trail that leads to The Breakers, one of the city's most opulent mansions. Designated a National Recreation Trail for its stunning beauty, the cliff walk will present a continuous, up close and spectacular view of the waves crashing against Newport's rocky shoreline. Along the way, the guide will share stories of the Gilded Age and the fabulously wealthy that summered here, such as Cornelius Vanderbilt II. He commissioned a "cottage" to be built on 13 acres overlooking the sea and by 1895 his 70-room Italian Renaissance-style palazzo was finished. To enhance your understanding of its detail and cutting-edge technology at the time, you will take a self-guided audio tour of the mansion at your own pace.	Anticipate waiting approximately 30 minutes before touring The Breakers. It includes about 2 ½ hours of walking at times on uneven ground. The tour is not available to guests who utilise a wheelchair and not considered suitable for those with mobility concerns. The order of the sites viewed may vary. Flash photography, selfie sticks, & tripods prohibited inside the mansion. Newport Mansion tours are self-guided, audio tours using the Newport Mansions App and are available in several languages. Guests must bring their own smart device with earbuds and download the Newport Mansions App. Guests are encouraged to download the App prior to arrival at the mansions. Cancellations made within 3 days or less are subject to a 100% cancellation penalty.
Newport	United States of America	NEW-003	Highlights	GRAND MANSIONS OF NEWPORT	\$149	2.5	EASY	See many of Newport's historical landmarks and then tour a lavish mansion representative of the wealthy families that summered here in the Gilded Age. Along the way, the guide will provide commentary that explains the history behind attractions such as Fort Adams, the largest coastal fortification in America. As Newport emerged as a leading seaport in the 18th century, wealthy sea captains and merchants built beautiful homes, and you will see many of them that have been restored to their original splendor. Still, the highlight will be touring one of the grand summer "cottages" along Bellevue Avenue. Depending on the time and crowds, you will see either The Elms or Rosecliff. The former was modelled after a mid-18th-century French chateau near Paris; the latter was designed to reflect the Grand Trianon, a garden retreat for the French kings at Versailles.	Anticipate waiting approximately 30 minutes before touring the mansion. The sites on this tour are only partially wheelchair accessible. Guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina before joining the tour. This tour may operate in reverse order. Cancellations made within 3 days or less are subject to a 100% cancellation penalty.
Newport	United States of America	NEW-004	Highlights	VANDERBILTS NEWPORT	\$169	3.25	EASY	Visit two of the grandest mansions of the Gilded Age, The Breakers and Marble House, both of which the Vanderbilt family built. You will first tour Marble House, which was designed to emulate a chateau on the grounds of the Palace of Versailles. Completed in 1892 at a cost exceeding \$11 million, the mansion became the social and architectural landmark that transformed Newport from a quiet summer colony of wooden houses into a legendary resort of opulent palaces. You will next visit The Breakers, the grandest of Newport's summer "cottages." Cornelius Vanderbilt II commissioned the construction of the 70-room Italian Renaissance-style villa after being inspired by the 16th-century palaces of Genoa and Turin. You will enjoy self-guided audio tours in both mansions that provide insight into the lives of the Vanderbilts and this fascinating time in American history.	Anticipate waiting approximately 30 minutes before touring the mansions. This tour may operate in reverse order. The sites are only partially wheelchair accessible. Guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina before joining the tour. Newport Mansion tours are self-guided, audio tours using the Newport Mansions App and are available in several languages. Guests must bring their own smart device with earbuds and download the Newport Mansions App. Guests are encouraged to download the App prior to arrival at the mansions. Cancellations made within 3 days or less are subject to a 100% cancellation penalty.

Newport	United States of America	NEW-005	Highlights	ROSE ISLAND LIGHTHOUSE & HARBOUR CRUISE	\$129	2.5	EASY	Enjoy a scenic harbour cruise to nearby Rose Island to tour the restored lighthouse and view the remains of 200-year-old Fort Hamilton, now an important wildlife sanctuary. During the cruise through Narragansett Bay, the captain will share some of Newport's 350-year history and how it became the "Yachting Capital of the World." In time, you will arrive at Rose Island, an 18-acre site that first gained military importance in the Revolutionary War. Its fort was named for Alexander Hamilton and is listed on the National Register of Historic Places. You will also see the island's iconic lighthouse that was built in 1870 to accommodate increased shipping traffic. Today, Rose Island is known more as a wildlife sanctuary, and by touring it with a naturalist you will have a greater appreciation for its flora and fauna.	This tour includes approximately one hour of walking and standing, half of which is along dirt pathways. The tour is not available to guests who utilise a wheelchair and not recommended for those with mobility concerns. Participants should be in good physical condition. Since Rose Island is exposed to weather, we suggest you wear comfortable non-slip footwear as well as a windbreaker or rain jacket. The tour will operate rain or shine. Cancellations made within 3 days or less are subject to a 100% cancellation penalty.
Newport	United States of America	NEW-006	Active	COLONIAL WALK OF NEWPORT	\$109	1.5	EASY	Stroll through the heart of Newport's National Register of Historic Landmarks District, an area with one architectural gem after another. As you meander the streets, the guide will share stories of how this long-neglected neighbourhood became a model for historic preservation. With the help of tobacco heiress Doris Duke, who personally financed much of the restoration, the Historic District is now home to more than 80 fully restored colonial homes. In fact, Newport contains more original colonial buildings than any other American city. The treasure-trove of historically important buildings includes the Old Brick Market, the White Horse Tavern and the Great Friends Meeting House, which dates to 1699, making it the oldest house of worship in Rhode Island. You will also pass the Touro Synagogue, the oldest synagogue in the country, which both George Washington and Thomas Jefferson visited. The tour ends at the square where parts of the movie "Amistad" were shot.	This tour includes approximately 90 minutes of walking and is not available to guests who utilise a wheelchair or those with mobility concerns. The tour will operate rain or shine. Cancellations made within 3 days or less are subject to a 100% cancellation penalty.
Newport	United States of America	NEW-010	Highlights	SCHOONER SAIL AND MIMOSA COCKTAIL	\$179	2	EASY	Sail a sleek schooner around Narragansett Bay, admiring the coastal homes and landmarks, while discovering Newport's fascinating history. You will sail an elegant 90-foot schooner designed to look like a turn-of-the-century vessel. You can expect a lively, immensely comfortable ride around Narragansett Bay, made even more enjoyable with a mimosa cocktail or another beverage in hand. One of the many highlights is seeing Fort Adams, America's largest coastal fortification and a National Historic Landmark. It's quite the sight and especially intriguing once you learn its history, starting in colonial times. The captain and crew will regale you with stories about Newport and famous residents such as Jacqueline Bouvier, who married John F. Kennedy in Newport in 1953. The reception was held at her childhood home, Hammersmith Farm. Other photo-worthy sites include Goat Island and a lighthouse built in 1842.	This tour includes approximately 30 minutes of easy walking; however, guests must have enough agility to negotiate 3-4 large steps required to get on and off the schooner with limited assistance. Additionally, there are seven stair steps to access the onboard restroom. The tour is not available to wheelchair guests and not considered suitable for those with mobility concerns. Those who suffer from motion sickness should take the necessary precautions prior to joining the tour. Guests must be at least 21 years of age to drink alcoholic beverages. This tour operates rain or shine. Cancellations made within 3 days or less are subject to a 100% cancellation penalty.
Newport	United States Of America	NEW-012	Highlights	NEWPORT'S GILDED AGE	\$279	3.5	EASY	Enjoy a behind-the-scenes look at some of the Newport mansions featured in the HBO series "The Gilded Age" and come away with an insider's understanding of this extraordinary time. The guide will describe many of the fabulously wealthy people who lived in Newport in the late 1800s as you walk through their opulent "cottages." While visiting Marble House – the summer residence of railroad magnate William K. Vanderbilt and his wife Alva– you will notice that it was designed in the Beaux-Arts style, inspired by the Petit Trianon at Versailles, and adorned with unparalleled opulence. You will also browse The Breakers, the Vanderbilt family's 70-room Italian Renaissance-style palazzo. It too is a National Historic Landmark. As money was no object in its construction, Thomas Edison was hired to build its power station. The home also has more than 300 windows, many with commanding ocean views.	This tour includes a moderate amount of walking mainly at the guest's discretion. Tour is not available to guests who utilise a wheelchair. Those guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina. Tour sensitive to weather conditions (Rain, wind, and sun). Tour sequence may vary. Venues may vary due to operational issues (availability upon arrival, seasonal produce, etc). Kindly note, that some venues on the tour may not be private, and other groups could be present during our visit. Newport Mansion tours are self-guided, audio tours using the Newport Mansions App and are available in several languages. Guests must bring their own smart device with earbuds and download the Newport Mansions App. Guests are encouraged to download the App prior to arrival at the mansions.

Newport	United States Of America	NEW-014	Highlights	NEWPORT ATTRACTION PASS	\$289	3.5	EASY	See Newport's main attractions at your own pace by riding around town in a motor coach that allows you to get on and off whenever you please at the places that sound most intriguing. The vehicles will make continuous loops around Newport, following a designated route. As you approach each attraction, you will hear enlightening commentary about it so you can decide if it is one of the three that you will have time to visit. If not, just continue to the next attraction. If there is an entrance fee, simply present your Attraction Pass and the charge will be waived. You might hop off for a tour of Gilded Age mansions such as Rosecliff, The Breakers, and others. The International Tennis Hall of Fame is another fine option.	This tour includes a moderate amount of walking mainly at the guest's discretion. Tour is not available to guests who utilise a wheelchair. Those guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina. Guests who miss the return transportation will be responsible for getting back to the ship. The visits are to be done during the specified time of the tour, make sure to visit the attractions that interest you the most. Attractions are included. Tour sequence may vary. Tour sensitive to weather conditions (Rain, wind, and sun). Attractions availability is subject to change; if necessary, a comparable replacement will be arranged.
Newport	United States of America	NEW-015	Highlights	AMERICAS CUP 12 MTR	\$299	2.5	MODERATE	Sail through Narragansett Bay on a 12-metre-class yacht that competed in an America's Cup race and lend the crew a hand if you choose. As you prepare to cast off, the captain will describe the yacht's illustrious history in the prestigious America's Cup sailing competition. The vessel will have been restored to the highest level of aesthetics, historical integrity and performance to ensure the ultimate experience. You will be encouraged to help raise the sails as you head out through Newport harbour. If you wish to participate more fully, the crew will assign you a sailing position and instruct you on exactly what to do. Hands-on sailing experience isn't necessary, just a desire to be in the heart of the action. Regardless, your time onboard will be exhilarating as the massive sail area can drive your premier racing class boat to speeds as high as twelve knots.	Tour Operates rain or shine. Guests will have approximately 2 hours on board the vessel. This tour is not recommended for guests with limited mobility. Cancellations made within 3 days or less are subject to a 100% cancellation penalty.
Newport	United States Of America	NEW-CM1	Highlights	CAPTURE THE MOMENT - NEWPORT	\$169	2.5	MODERATE	Snap selfies at the most photogenic spots in and around Newport, many of them iconic attractions that define the city. To ensure the best possible results, a selfie tutor will offer tips so you can capture just the right angle, lighting, and composition for every shot. Your pictures will be ideal for posting on social media and sharing in other ways. As you ride through Newport, you will pause at designated selfie stops that include: <ul style="list-style-type: none"> <li>•Port Adams State Park</li> <li>•Brenton Point State Park</li> <li>•Cliff Walk</li> </ul>	Please make sure devices are adequately charged. If you have a selfie stick, bring it. If not, Selfie sticks and frames will be provided, however they are to be returned at the end of the tour. Comfortable walking or hiking shoes are recommended. Guests who miss the return transportation will be responsible for getting back to the ship. Tour sensitive to weather conditions (Rain, wind, and sun). Tour sequence may vary.
Sydney	Canada	YQY-001	Highlights	FORTRESS LOUISBOURG - NATIONAL HISTORIC SITE	\$219	4	MODERATE	Travel back in time to 1700s and discover what life was like at Fortress Louisbourg, a re-creation of a French fort that is so impressive it has become a National Historic Site. The original settlement was founded in 1713, and it thrived as a centre of fishing and trade until the British destroyed it later that century. You will be free to explore the fort on your own, taking in the beautiful exterior architecture and visiting the exhibit buildings that are open for viewing. You might converse with the costumed characters, as they will provide a rare glimpse into the challenges that the residents of the 18th-century town faced, and revel in the magnificence of the King's Bastion while listening to stirring tales of the soldiers that manned the fortress. Afterwards, you might watch a demonstration of how hot chocolate was made during that time period, and then enjoy a cup.	This tour includes about one hour of moderate walking and standing, plus additional walking at the guests' discretion during free time. There are various gradients and surfaces to negotiate, including gravel. The tour is available to wheelchair guests who have a collapsible wheelchair, are able to make their own way on and off the coach and have an able-bodied companion to assist them. Guests with mobility concerns should evaluate their personal level of stamina and ability before joining the tour.
Sydney	Canada	YQY-002	Local Discovery	ALEXANDER GRAHAM BELL MUSEUM & VILLAGE OF BADDECK	\$189	4	MODERATE	Discover inventor Alexander Graham Bell's remarkable contributions to the world in his namesake museum and then explore the lovely village of Baddeck, where the museum is located. On the way there, you will pause for photos of Kelly's Mountain. Upon arriving at the museum, you will likely be struck by its unusual design, which is based on the tetrahedron form that the inventor used in his flight test kites. Although Bell is renowned for inventing the telephone, that only touches upon his scientific achievements. The Scotsman earned 18 patents alone and collaborated on another 12 in areas such as medicine, genetics, electricity, sound, speech, aeronautics, and marine engineering. After touring the museum at your leisure, you will enjoy more free time in Baddeck, which perches on the shores of Bras d'Or Lake. During your visit, you might browse the waterfront or stop in one of the quaint restaurants for lunch. Seafood is a speciality, especially fresh Atlantic lobster.	This tour includes about one hour of moderate walking and standing, plus additional walking at the guests' discretion during free time. There are various gradients and surfaces to negotiate, including gravel. The tour is available to wheelchair guests who have a collapsible wheelchair, can make their own way on and off the coach and have an able-bodied companion to assist them. Guests with mobility concerns should evaluate their personal level of stamina and ability before joining the tour.

Sydney	Canada	YQY-005	Active	HISTORICAL SYDNEY WALKING TOUR	\$119	2	STRENUOUS	Walk through the historical district of Sydney with a guide dressed in a period costume and see landmarks that reflect how the city has evolved since its founding in 1785. Taking shape around the coal & steel industries, many buildings from that time remain, although they serve different purposes. See the oldest church in town, St. Patrick's Church, which is now a museum, housing artifacts from Sydney's earliest years. You will visit & browse Jost House – the town's oldest wooden building – which now holds a museum with items such as a beehive bake oven, models of ships and an apothecary. Pausing outside the Cossit House, the oldest residence in Sydney, you will gain great insight into the life of Reverend Ranna Cossit and his wife, who died there at age 47 while giving birth to their 13th child. Visiting St. George's Anglican will also be enlightening as it is Sydney's oldest building.	This tour includes approximately 1 1/2 miles of moderate walking. There are various gradients and surfaces to negotiate. The tour is not available to wheelchair guests or those with mobility concerns. Guests should be in good physical condition. Rain resistant layered clothing and flat, comfortable walking shoes are suggested.
Sydney	Canada	YQY-006	Local Discovery	THE BRAS D'OR LAKES GRAND TOUR	\$369	7	MODERATE	Enjoy the beautiful setting and charms of Highland Village, a 50-acre historical site that overlooks Bras d'Or Lakes at the centre of Cape Breton Island. The village is a living history museum of buildings that reflect the island's prevalent Scottish heritage. Most of the buildings are replicas that present a chronological journey through 180 years of Cape Breton's Scottish architecture. To enhance your understanding of the link between Nova Scotia—meaning New Scotland—and the country Scotland, a costumed guide will present a brief history in conversational Gaelic. Afterwards, you will enjoy lunch in the nearby village of Baddeck. Alexander Graham Bell, the Scotsman who invented the telephone and held more than a dozen other patents, summered here. The world's largest collection of Bell's artifacts is housed here in his namesake museum, which you will browse briefly.	Although there is considerable walking at Highland Village, guests can choose to stay on the coach and enjoy the views. The tour is available to wheelchair guests who have a collapsible wheelchair, can make their own way on and off the coach and have an able-bodied companion to assist them. Guests with mobility concerns should evaluate their personal level of stamina and ability before joining the tour.
Sydney	Canada	YQY-008	Local Discovery	HIGHLAND VILLAGE HIGHLIGHTS	\$209	3.5	MODERATE	Stroll through Highland Village, a lakefront living museum of period buildings that replicates a Gaelic community from centuries ago. The village sprawls across a hillside in the centre of Cape Breton Island and has a wonderful authenticity that the costumed guides thoroughly enhance. As you stroll around the village overlooking Bras d'Or Lakes, you will get a sense of stepping back in time. The buildings are re-creations of ones that would be in a traditional Gaelic community in the 18th and 19th centuries. You can expect to see typical residences, a mill, forge, store, and church. You may also watch a demonstration of weaving, quilting and rug hooking that will add to your understanding of the time. You may even pick up a little Gaelic, as Cape Breton is the only place in North America where Gaelic is still spoken, a legacy of the immigrants that came from the Scottish Highlands.	Walking at the Highland Village is over various uneven surfaces at the guests' discretion. However, guests cannot remain on the tour vehicle while it is parked at the village.
Sydney	Canada	YQY-015	Active	FLAVOURS OF SYDNEY-WALKING TOUR	\$259	2.5	MODERATE	savour some of Sydney's most flavourful delights as you walk through its streets and gain historical insight into the town, while walking between landmarks like St. George's Anglican Church and more. At a local restaurant, enjoy an autochthonous food tasting paired with a beverage that may be either a locally brewed craft beer or cider, depending on availability. While sampling, you will learn about how they are made and how it affects the taste. The exact ones chosen for the sampling will depend on what's freshest and seasonal, but you can be sure that they will reflect the locally sourced ingredients. This tasting experience will allow you to enjoy the essence of Sydney's culinary heritage in a single, memorable stop.	This tour includes a moderate amount of walking, approximately 1.2 miles, mainly at the guest's discretion. Tour is not available to guests who utilise a wheelchair. Those guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina. Food tastings are included. Tour not recommended for guests with food allergies. Guest must sign a waiver to participate. The tasting menu is subject to changes. Guest must be of legal age to consume alcohol (21 years) and have a valid ID. Tour sensitive to weather conditions (Rain, wind, and sun). Tour sequence may vary. An uneven and incline path must be expected when walking in some areas. Tour sequence and time at sites may vary due to operational reasons. An umbrella is highly recommended.
Sydney	Canada	YQY-016	Highlights	SYDNEY HIGHLIGHTS	\$139	2.5	MODERATE	Meander through the charming streets of Sydney and discover much about its early history through an array of monuments and architectural gems. Your walking tour will begin at Cape Breton Centre for Craft and Design, where the creativity of the local artisans will be on display, and you may see jewelers, weavers, dyers and glassblowers working on new pieces. Outdoor monuments nearby include one dedicated to the sailors who served Canada in the merchant navy during the world wars and the Big Fiddle, an oversized steel musical instrument that pays tribute to the folk music of the province's Celtic community. While browsing Jost House, Sydney's oldest original wooden building, be sure to notice the more unusual furnishings such as the beehive bake oven. St. George's Anglican is notable for being the island's oldest church.	This tour includes a moderate amount of walking, covering approximately 1.4 miles. Tour is not available to guests who utilise a wheelchair. Those guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina. Tour sensitive to weather conditions. Venues may vary due to operational reasons (availability upon arrival, seasonal produce, etc.). Kindly note that some venues on the tour may not be private, and other groups could be present during our visit. Tour sequence may vary. In the event that Jost House is unavailable, guests will visit the historic Cossit House instead.

Sydney	Canada	YQY-017	Highlights	WATERFRONT LOBSTER BOIL	\$179	1.5	EASY	Enjoy a hearty lobster boil in the Royal Cape Breton Room, the official Royal Canadian Yacht Club of Sydney. Locally caught, ethically and sustainably harvested lobsters are always available on Cape Breton Island. They are among the world's tastiest lobsters because of the favorable environmental conditions that impact their flavour. These crustaceans are cooked in every way imaginable but as you will discover firsthand boiling them may be the most classic preparation. A chef will demonstrate how it is traditionally done on the island. Afterwards, a local musician and lobster expert will demonstrate how to properly shuck a lobster after it is boiled. He will also regale you with entertaining songs about life along the eastern coast of Canada and how lobstering has changed over the years. Your lobster lunch comes with melted butter, a side of potato salad and a beverage.	Participants must be at least 5 years of age.
Sydney	Canada	YQY-018	Local Discovery	MUSIC & MUSSEL: SONG & STORIES FROM CAPE BRETON ISLAND	\$139	1.5	EASY	Watch a captivating performance of live music and storytelling while dining on mussels, one of the most characteristic dishes served on Cape Breton Island. The stage is just a few steps away in the Royal Cape Breton Room in the cruise pavilion overlooking the dock. How fitting that Sydney's iconic 50-foot-high Celtic fiddle is right outside as Buddy MacDonald, a renowned Celtic singer and musician, will provide the entertainment. Sydney is known as a hotbed of Celtic music and Cape Breton Island-born MacDonald one of the genre's most celebrated artists. He has toured all over the world but performing on the island is among his favourite venues. While listening to his original music and entertaining stories, you will learn about the local history, coal mining and fishing. During the performance, you will dine on steamed mussels and garlic toast accompanied by a flight of local craft beers and hard ciders.	Participants must be at least 5 years of age. Weather appropriate clothing; sunglasses; and flat, comfortable walking shoes are recommended.
Sydney	Canada	YQY-019	Highlights	HEART OF THE ISLAND	\$89	3.5	MODERATE	Browse the only living history museum for the Gaelic culture in North America, a setting that captures the spirit of the pioneering Scottish Gaels. The unique Highland Village Museum sprawls across 43 acres in the Bras d'Or Lakes region in the centre of Cape Breton Island. You will be free to explore this fascinating folklore centre independently, which will allow you to concentrate on the attractions that you find most appealing. The 11 buildings include 18th- and 19th-century farmhouses, a period wooden church, a shingle mill and a forge. Costumed guides are in each one, eager to explain the joys and challenges of life for the early Gaelic settlers and how the culture changed over the years. You might watch them weaving, dyeing wool and working with traditional livestock such as long-haired Highland cattle and rare Soay sheep. The guides will also be happy to teach you some Gaelic phrases.	The tour is not available to wheelchair guests and may not be suitable for those with mobility concerns who are cautioned to carefully evaluate their personal level of stamina and ability. This tour includes a significant amount of walking and uneven, crushed gravel and hilly unpaved walkways may prove challenging to some. Wear comfortable walking shoes and dress warmly.
Sydney	Canada	YQY-022	Highlights	SCENIC CABOT TRAIL	\$189	7	EASY	Drive along the phenomenally scenic Cabot Trail into Cape Breton Highlands National Park – the largest protected wilderness area in Nova Scotia – and stop along the way at landmark attractions. As an introduction to the island's natural beauty, you will first pause at St. Ann's Overlook to snap photos of the sweeping panorama. Other brief stops will be made at The Gaelic College, where traditional Gaelic arts are taught, and at the Keltic Lodge, a premier hilltop resort with a highlands link golf course. Lunch follows at a popular restaurant in the nearby town of Ingonish, which was founded as a fishing port perhaps in the early 1500s. Free time follows on Ingonish Beach, a narrow strip of land that borders the ocean on one side and a large freshwater lake on the other. It was the favourite beach of Alexander Graham Bell, the famed Scottish that lived in nearby Baddeck.	The tour includes approximately 3.5 hours of scenic bus ride. Guests with accessibility issues should travel with a companion able to assist with their needs. It is available to guests who utilise a collapsible wheelchair, if they can make their way on and off the coach and have a companion to assist them. Uneven, crushed gravel and unpaved walkways may prove challenging to some. Wear comfortable walking shoes and dress warmly.
Sydney	Canada	YQY-023	Highlights	HERITAGE SIGHTS AND SCENIC VISTAS	\$89	1.75	MODERATE	Embark on a captivating tour that showcases the Sydney area and introduces you to the charming communities in and around the city centre. Discover the many influences that have shaped Sydney's colourful character since its founding by Loyalists in 1785. Your journey begins with an introductory drive through the historic North End, where you'll see beautifully preserved buildings and learn about the city's early settlers. As you continue into bustling downtown Sydney, you'll experience the vibrant atmosphere and local culture that define this area. Next, you'll arrive at the charming Whitney Pier, known for its multicultural churches that reflect the diverse heritage of the community. Here, you'll gain insights into the various cultures that have contributed to Sydney's rich tapestry. Midway through our journey, we will make a memorable stop at Fort Petrie, a key military fort from WWII. This site offers stunning views of the harbour and is a perfect opportunity for photos that capture the essence of Sydney's history. After a short drive to the next stop, you will have free time to explore the Colliery Lands Park, which pays tribute to the area's coal mining industrial past. Enjoy the natural beauty, walking trails, and informative displays that tell the story of Sydney's coal mining heritage. As we continue our scenic drive back to the port, you'll enjoy breathtaking coastal views while passing through Dominion beach, picturesque fishery village, mining towns and the impressive wind farms at Lingan, a testament to the region's commitment to renewable energy. This unique blend of history, culture, and natural beauty makes for an unforgettable experience that highlights the essence of Sydney.	Guests with accessibility issues should travel with a companion able to assist with their needs. It is available to guests who utilise a collapsible wheelchair, if they can make their way on and off the coach. Uneven, crushed gravel and unpaved walkways may prove challenging to some. There will also be 2 short stops, but it is not necessary to get off the bus. Wear comfortable walking shoes and dress warmly.
St. Pierre & Miquelon	Canada	SP2-001	Highlights	HIGHLIGHTS OF SAINT-PIERRE	\$279	6	MODERATE	Enjoy an enlightening driving tour of Saint-Pierre, the capital of the islands Saint-Pierre and Miquelon, which comprise the last remaining French territory in North America. The first permanent French fishing settlement was established here in 1604 and the importance of fishing is still evident around the harbour. As you drive along streets named for French notables such as Jacques Cartier and Louis Pasteur, you will see a high wall where residents play the Basque game pelote and the modest Cathedral of Saint-Pierre. Saint-Pierre also played a key role during Prohibition in America when bootleggers used it as a base of operations. Reminders of this raucous period include the Cutty Sark cottage, which was built entirely of Scotch whisky cases, and Al Capone's straw hat, which is on display in the museum in the Hotel Robert, where he once stayed. Just outside of Saint-Pierre, you will find Savoyard Lake, which is depicted on a local postage stamp.	The tour operator may alter the itinerary without notice for the participants' safety and enjoyment. This tour requires minimal walking and features a brief photo stop, where exiting the bus is optional. The guests must be able to board the motor coach. Relaxing scenic tour in smaller group.

St. Pierre & Miquelon	Canada	SP2-002	Active	SAINT-PIERRE BY FOOT	\$129	2	STRENUOUS	Take a leisurely walk through Saint-Pierre, starting at the harbour, an area settled in the 17th century around cod fishing, which flourished for next 200 years. Named for Saint Peter, the patron saint of fishermen, Saint-Pierre has the look and feel of a rural French town. It's only natural as the teeny islands of Saint-Pierre and neighbouring Miquelon comprise the last remaining French territory in North America. The official language is French, not Canadian French, and many of the streets and squares are named for French notables such as Jacques Cartier, Louis Pasteur and President Charles de Gaulle, who visited in 1967. Your walking tour will end at the Arche Museum, where you may take a self-guided tour or simply drop in to see the French guillotine. It was used once in 1889 and the townspeople were supposedly so horrified by the execution that the guillotine was retired.	This tour includes about 1.5 hour of easy to moderate walking and standing with some steps, uneven terrain and gravel surfaces to negotiate. The tour is not available to wheelchair guests and those with walking difficulties should evaluate their personal level of stamina and ability before joining the tour. The tour operator may alter the itinerary without notice for the participants' safety and enjoyment.
St. Pierre & Miquelon	Canada	SP2-003	Active	ILE AUX MARINS - SAILOR'S ISLAND	\$139	2.5	STRENUOUS	Cruise to nearby Sailor's Island to view the now-abandoned fishing community that thrived there in the late 19th century, when cod was king. A ferry will take you to the minuscule island, where you will find a deserted community of scattered buildings where fishermen and their families lived through the mid-20th century. Although rocky and flat, the stark terrain is hauntingly beautiful. The rocks came in handy for the fishermen, who made stone platforms to dry freshly caught cod in the sun. The cod were salted and loaded onto French ships, replacing the wooden ballast in the vessels. The discarded ballast was then used for construction on the island. Some of the buildings made with wooden ballast are considered an open-air museum so feel free to wander through them at your leisure. You will find a museum, city hall and the Notre-Dame des Marins church with original furnishings from 1874. Explore the traditional houses, the old school and the church, silent witnesses to the lives of the fishing families who forged the island's identity. The visit also includes entry to the Archipelitude museum, located in the island's former school. This museum reveals the secrets of the daily life of the island's inhabitants in days gone by, offering a complete immersion of the archipelago in a bygone era that is still very much alive in people's memories.	This tour includes approximately 1½ hours of easy to moderate walking and standing with some steps, uneven terrain and gravel surfaces to negotiate. Guests must be able to board the ferry unassisted. The tour is not available to wheelchair guests and those with walking difficulties should evaluate their personal level of stamina and ability before joining the tour. The tour operator may alter the itinerary without notice for the participants' safety and enjoyment.
St. Pierre & Miquelon	Canada	SP2-008	Active	HIKE INTO THE HILLS OF SAINT PIERRE	\$129	2	STRENUOUS	Follow a naturalist guide on an enlightening hike through the hills of Saint-Pierre while enjoying spectacular views of the wilderness and learning about the local flora and fauna. You can expect the experience to be quite eye-opening as the French archipelago supports numerous native species. As you walk through the rugged but rather low hills, the guide will point out and describe the plant life, some of which will likely be in bloom. You may see yellow lady slipper's orchids, variegated horsetails and alpine azalea shrubbery. Birds, especially seabirds, will be the most dominant wildlife. Belted kingfishers, snow buntings and purple finches are commonly spotted. Although somewhat rare, gyrfalcons also inhabit the archipelago. Watching one of these powerful predators swoop down on its prey is quite the sight as they are the world's largest falcons. The guide is also knowledgeable about the islands' history and geology and will welcome any questions you may have.	Tour is not available to guests who utilise a wheelchair. Those guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina.
St. Johns NFLD	Canada	SJB-001	Highlights	EXPLORE THE FIRST CITY	\$139	3.5	EASY	Take in the considerable highlights in and around St. John's, a city founded in the late 16th century at the eastern edge of North America. A brief drive will take you to Signal Hill, where signal flags were once flown to announce the names of approaching ships. It was also here that Guglielmo Marconi received the first transatlantic wireless signal in 1901. Then, it's on to downtown St. John's, North America's oldest and most easterly city. As you drive through the narrow crisscrossing streets, you will pass the Government House, which was constructed of red sandstone quarried from Signal Hill in 1831. Other landmarks include rows of colourful wooden Victorian homes and several churches on the Canadian Register of Historic Places. Nearby Cape Spear is also a National Historic Site, as you will discover during an enlightening visit. The cape is noted for being the easternmost point in North America and the site of the province's oldest surviving lighthouse.	This tour includes about 1½ hours of easy to moderate walking and standing that includes navigating wooden boardwalks, slopes, stairs, and uneven surfaces. At Cape Spear there are 185 steps to the Lighthouse. The tour is not available to guests who are confined to a wheelchair. Guests must be able to board the 3 steps to get on and off the coach on their own. The motorcoaches we use can accommodate a limited number of collapsible wheelchairs and scooters. Guests can use their mobility equipment at the sites, though some pathways and trails may be inaccessible. Guests with wheelchairs should have a companion with them. Guides will not push guests in wheelchairs as they need their attention on the whole group.
St. Johns NFLD	Canada	SJB-002	Highlights	GALAPAGOS OF GEOLOGY	\$179	3.5	EASY	See firsthand why Newfoundland is called the "Galapagos of Geology" by visiting some of its most geologically significant sites, including a museum that reveals how the landscape was created. Your first stop will be at the small boat basin near Fort Amherst. The area has been deemed a National Historic Site for its strategic importance. It's significant geologically because you can easily make out an ancient fault line from the hilltop. Another panoramic vista awaits you at nearby Signal Hill, where Guglielmo Marconi received the first transatlantic wireless signal in 1901. While strolling the boardwalks, you will learn about the formation of the rocky coastline. Then, for the ultimate immersion into Newfoundland's unique geology, you will browse the exhibits in the Johnson Geo Centre. You may see fossils from the floor of the sea, some of the Earth's oldest rocks, and a geological timetable that may explain how the Earth was formed.	This tour includes approximately 2½ hours of easy walking that includes navigating wooden boardwalks, slopes, stairs, and uneven surfaces. The tour is not available to guests who are confined to a wheelchair. Guests must be able to board the 3 steps to get on and off the coach on their own. The motorcoaches can accommodate a limited number of collapsible wheelchairs and scooters. Guests can use their mobility equipment at the sites, though some pathways and trails may be inaccessible. Guests with wheelchairs should have a companion with them. Guides will not push guests in wheelchairs as they need their attention on the whole group.

St. Johns NFLD	Canada	SJB-003	Active	PUFFIN-WATCHING ADVENTURE	\$269	4.25	EASY	Cruise the pristine waters off Newfoundland and look for Atlantic puffins, which may number up to a half-million. You will board the boat in the engaging fishing community of Bay Bulls and soon begin cruising the dramatic coastline, where chances are you will see puffins and perhaps even an iceberg (in season). A staggeringly high 95% of all North America's Atlantic puffins breed around the Newfoundland and Labrador coasts, and they are magnificent to watch. Often called "sea parrots," puffins spend most of their lives on the water, either diving as deep as 200 feet for food or resting on the waves when not swimming. They are also skilled flyers, which is surprising considering their stout bodies. These waters are also home to the world's largest population of humpback whales, which often breach the surface in a magnificent display of power. Also, keep an eye out for frolicking dolphins and seabirds such as gannets and storm petrels. After your boat tour return to St. John's to conclude the tour.	Persons who suffer from motion sickness should take the necessary precautions before beginning the tour. The tour boat has both inside and outside seating however, seating is NOT guaranteed and will be on a first come first serve basis. Warm, layered clothing; sun cap; sunglasses; and flat, comfortable walking shoes are recommended. Wildlife sightings, while likely, are not guaranteed. Tour coaches have restrooms.
St. Johns NFLD	Canada	SJB-004	Active	ST. JOHN'S COASTAL HIKE	\$89	2.5	STRENUOUS	Hike the stunningly beautiful coastline from the top of the National Historic Site of Signal Hill to downtown St. John's. While visiting Signal Hill, you will learn about the military history of this strategic site and enjoy magnificent views that may include your ship in the harbour below. Your descent from Signal Hill will be on foot down North Head Trail, a winding path that follows the edge of the bluff in parts. It will be well worth the effort as the views of the sea and surrounding landscape are breathtaking. You may see wildflowers, seabirds and fishing trawlers cruising through the Narrows. In time, you will arrive downtown and make your way to the War Memorial, this is where your tour concludes. You can make your way back to the ship (500 metres away), or if time allows, continue to stroll Water Street, which is thought to be the oldest street in North America.	This tour includes about two hours of strenuous walking. It is not available to wheelchair guests or to those with walking difficulties. All participants must be physically fit to participate. This is a hiking tour covering approximately 3km over well-established pathway and steps. The hike is over terrain that is uneven, has many loose rocks and over 300 wooden steps and travels along high cliffs. Some sections of the trail are narrow and adjacent to steep drops. This may be a concern for persons with a fear of heights. There are sections where the trail rises almost 100 metres, which is like climbing a 20-story building. Hikers should be careful to take their time and not overexert themselves. Guests must exercise caution when navigating the trail. Guests must be physically fit and able to navigate the trail. Maximum age depends on the physical capabilities of the passenger. Minimum age to participate is 12 years old. Those with any walking difficulties, vertigo or fear of heights should not take this tour. There are no restrooms on this coastal trail. Travel to the trail head will be by school bus. Participants will be required to sign a waiver.
St. Johns NFLD	Canada	SJB-006	Local Discovery	DISTILLERY, ALES AND PORT WINE TALES	\$269	3.5	EASY	Hear fascinating tales of St. John's long association with alcoholic beverages and sample several of the best ones as you make your way through town. Your immersion will include a stop at Newman's Wine Vaults, where port from Portugal was first aged in its stone vaults in the late 1700s after a ship carrying the wine had to winter in St. John's. As you will discover during your tasting of ruby port, it was a serendipitous event. Named for the oak-hulled steamers once used in Newfoundland's seal hunts, Wooden Walls Distilling, winners of the World's Best Varietal Vodka and Best Varietal Vodka in Canada, is a newer venue but no less intriguing. Its wonderfully atmospheric interior is an ideal setting for a tour and tasting of its handcrafted spirits – mostly vodkas – which are produced in small batches to ensure their artisanal quality. On the outskirts of town, in the picturesque fishing village of Quidi Vidi, you will sample a flight of beers at Quidi Vidi Brewery, which will likely include its 1892 traditional ale.	Participants must be 19 years of age. It is not available to guests who utilise a wheelchair.
Paamiut (Frederikshab)	Greenland	FRD-001	Active	WALKING TOUR OF PAAMIUT	\$109	1.5	MODERATE	Escorted around town by a local, you'll be introduced to life in Greenland's eighth-largest fishing village. Suffice it to say, rush hour is no big challenge in this burg. But living in Paamiut has its rewards for the 1,500-or-so souls who call it home. Their scattered skyline is colourful, their blue-black mountain backdrop is stunning – they even have a handsome stave church, one hotel and a supermarket. The fishing is excellent, the mitten-makers are busy, and the wildlife is contented. Minke and humpback whales swim by in the fjord, while white-tailed sea eagles (Greenlanders call them "Nattoralik") guard the sky and bring good luck to those who spot them.	This tour includes approximately 1.5 hours of moderate walking, at times over uneven surfaces and up/down steps. The tour is not available to wheelchair guests, and those with mobility concerns are cautioned to carefully evaluate their personal level of stamina before participating. Tour sequence may vary. While wildlife sightings are never guaranteed.
Paamiut (Frederikshab)	Greenland	FRD-002	Highlights	PAAMIUT FJORD SAILING	\$369	2	MODERATE	Sail the sheltered waters of the fjord that Paamiut borders and look for wildlife, your boat captain will describe en-route items of interest. Paamiut – formerly known as Frederikshåb – was founded in 1742 as a navigation landmark at the mouth of Kvanefjord, and the town still serves as the entry point to this narrow, steep-walled body of water. The wild and rugged scenery along the 30-mile fjord has changed little over the centuries, and you might even view icebergs during your tour, an experience that will be absolutely breathtaking. Nature reigns supreme in this part of Greenland, with a rich marine life and diverse bird species. You might encounter whales, seals, and various seabirds, such as kittiwakes and fulmars, against the stunning backdrop of fjord cliffs.	Wildlife sightings are not guaranteed. Weather appropriate clothing (dress in layers); sunglasses; and flat, comfortable walking shoes are recommended.

Paamiut (Frederikshab)	Greenland	FRD-003	Highlights	FJORD SIGHTSEEING BY OPEN-AIR RIB BOAT	\$299	1.25	MODERATE	Zip through the glassy waters around Paamiut in a rigid inflatable boat known as a RIB and look for wildlife along the way. This open-air vessel is designed to race through the water at high speed yet provide a remarkably smooth ride. As soon as the engine fires up, you will feel the power of the RIB as you head into the fjord, which stretches for 30 miles along Greenland's western coast. You can expect an exhilarating, adrenaline-charged ride. Being speedy, the boat can cover a wide area quickly, so you will see a variety of scenery such as arctic islands, rugged coastal terrain, and relatively low-lying mountains typical of the region in just a short time. The mountains near Paamiut are part of the Greenlandic Shield, composed of ancient Precambrian rock formations. Be sure to keep an eye out for marine life as humpback whales, orcas and harp seals are often spotted in these waters. Seabirds such as fulmars and kittiwakes – which are named for the sound of their shrill call – are also abundant.	This tour will be operated by open boat. Therefore, guests will be given a suit to wear to keep warm on the tour. Guest must be able to climb the boat, a high step and to be able to dress in suites on the pier. Please note there is no toilet facilities during this tour. Wildlife sightings are not guaranteed.
Paamiut (Frederikshab)	Greenland	FRD-004	Highlights	FJORD SIGHTSEEING BY CLOSED BOAT	\$299	1.25	MODERATE	Be awed by the wild majestic scenery while cruising the sheltered waters around Paamiut in a boat with a comfortable closed cabin. As you glide along the rugged coastal terrain, you can observe the raw wilderness from out on deck or inside the cabin. Founded in 1742 as a key navigation landmark, Paamiut marks the gateway to the fjord, which has changed little, if at all, over the centuries. It is still a spectacularly rugged landscape of island and jagged mountains, where nature reigns supreme. The captain will stop the boat for better viewing if you catch sight of humpback whales, orcas, harbour seals or any other wildlife of note. Be sure to scan the skies for seabirds such as kittiwakes, fulmars and Brünnich's guillemots, which are large black-and-white auks that breed on the fjord's rocky cliffs.	Guests should consider few steps to access the boat. Greenland's weather can be unpredictable, so layering your clothing will help you adapt to changing conditions throughout the day. Wildlife sightings are not guaranteed.
Nuuk	Greenland	GOH-001	Highlights	HIGHLIGHTS OF NUUK	\$129	1.5	EASY	Drive through Nuuk, the world's smallest capital, and trace the town's history through its marquee attractions. Nuuk means "headland," a reference to its location at the tip of a peninsula at the mouth of an extensive fjord system. Missionary Hans Egede founded the city in 1728, although Inuits, Vikings and various other groups had lived there on and off for about 4,000 years. The route that you will follow passes landmarks that include the Parliament, the University of Greenland and Katuaq, a cultural venue whose modern design was inspired by the magical play of light on the ice and snow. The National Museum occupies several buildings around the colonial harbour, where a statue of Egede overlooks the sea. Other prominent historical buildings include Nuuk Cathedral. You will also drive through Nuuk's neighbouring suburbs, which include Nuussuaq and the more contemporary Qinggorput district. Regardless of where you travel, craggy mountains provide a majestic backdrop.	This tour is panoramic in nature and walking is at the guests' discretion during photo stops. The tour is available to wheelchair guests who have a collapsible wheelchair, can make their own way on and off the bus and have an able-bodied companion to assist them. Warm clothing; cap; sunglasses; and flat, comfortable shoes are recommended. The order of sights seen may vary or might be reversed. Bring insect repellent during the tour.
Nuuk	Greenland	GOH-002	Active	GUIDED SHORT WALK & VISIT W/LOCAL FAMILY	\$129	2	MODERATE	Get a firsthand account of what it's like to live in Nuuk by walking around the town centre and visiting a local family. The tour starts with a guided transfer from shipside to the city centre. Your guide will walk you through the town's library, local pub, shops, and other landmarks, offering insight into everyday life in Nuuk while hearing interesting stories. Still, the most meaningful way to learn about the Greenlandic life and culture is to visit a local family in their home. The charming tradition of Kaffemik (translates to "coffee, please") is a time-honoured Inuit gathering ritual in the home. It is an experience you won't soon forget because Greenlanders are friendly and eager to share their life stories. Over coffee and cake, you will discover what it's like to live in Nuuk and cope with the harsh winter weather. Feel free to ask about the culture and customs, as your hosts welcome all questions. After visiting local family, it's time to say goodbye to your host and return to the ship.	This tour includes approximately 30-minutes of easy to moderate walking. The tour is not available to wheelchair guests and those with walking difficulties are cautioned to carefully evaluate their personal level of stamina and ability. Warm clothing; cap; sunglasses; and flat, comfortable walking shoes are recommended. In case of rain or light showers, please wear waterproof jackets or raincoats especially for the guided walk part. Tour sequence may vary. Bring insect repellent during the tour.
Nuuk	Greenland	GOH-004	Highlights	FJORD BOAT TOUR	\$279	2	EASY	Cruise into the beautiful Nuup Kangerlua fjord and immerse yourself in Greenland's breathtaking scenery—where dramatic mountains meet icy waters and wildlife roams freely in one of the world's last great wildernesses. As you approach uninhabited Sermitsiaq Island in the fjord, you will see a saddle-shaped mountain rising from the island's heart. When the weather warms and the snow and glaciers melt, a waterfall usually thunders off the mountain and into the crystal-clear waters of the fjord below. It is quite the sight, as is the wildlife that typically frequents this area. On a lucky day, you may see soaring eagles, seals, or most exciting of all, humpback whales. If they are present, the whales will no doubt steal the show, especially if one leaps from the water and lands with a tremendous splash. Scientists think whales breach the water to clean pests from their skin. However, they may do it just for fun.	This tour takes place on a boat and is mostly seated. The tour is not available to wheelchair guests and those with walking difficulties are cautioned to carefully evaluate their personal level of ability to enter and exit the boat, as guest must be able to get in and out without assistance. Boat captains can provide only basic commentary enroute. Those who suffer from motion sickness should take necessary precautions. Warm clothing, cap, sunglasses, and flat, comfortable walking shoes with a non-slip sole are recommended. Wildlife sightings are not guaranteed, and the tour's operation is subject to prevailing weather conditions. Guests must be able to walk 0.1 miles to the dock station and negotiate approximately 10 steps down and up to the boat. The boats are covered. Bring insect repellent during the tour.

Nuuk	Greenland	GOH-006	Active	CITY WALK & NATIONAL MUSEUM	\$109	2	MODERATE	Enjoy a leisurely walk-through Nuuk's atmospheric Old Town and browse the National Museum, two experiences that will greatly enhance your historical understanding of Greenland's capital. During the walk, the guide will describe Nuuk's development since its founding in 1728. The house of the missionary founder Hans Egede still stands downtown. Other highlights include the Parliament building and the modern Katuaq Cultural centre, whose organic design symbolises how the light of the aurora borealis reflects on the ice and snow. The Inuits and Vikings lived in this area long before Nuuk became a city as you will discover through the enlightening exhibits in the National Museum. You may learn about the first Arctic Stone Age cultures, how the Norse settlers lived during the Viking Age and how the Inuits travelled on dog sledges and hunted in sealskin-covered kayaks. In the adjoining stone warehouses, you can see equipment once used to extract oil from blubber.	Transfer buses are used for the groups to get from the cruise pier to the city centre. It is a long walk; guests must be able to walk at normal pace for 1½ to 2 hours. The tour is not available to wheelchair guests and those with walking difficulties are cautioned to evaluate their personal level of stamina and ability. Warm clothing, cap, sunglasses, cap, and flat shoes are recommended. Tour sequence may vary.
Nuuk	Greenland	GOH-007	Highlights	GREENLANDIC BARBEQUE AND STORYTELLING	\$259	2	MODERATE	Listen to fascinating stories about Nuuk's heritage and local life while dining on grilled meats and other unique Greenlandic specialties. The venue for this entertaining culinary adventure will be at a local café. The views going to the venue will be spectacular, especially with towering mountains and a view of the coast in the distance. Once you settle in at the cafe, the host will regale you with stories about the life and traditions in Greenland. You will hear some local myths and tales, along with some cultural / Greenlandic song performance. You will learn about the local cuisine, which revolves around the bounty of the sea, including protein-rich marine mammals such as seals. The dishes for your meal will be more conventional but will also include Greenlandic staples to sample, such as reindeer, "matak", (which is the skin and fat of a whale), musk-ox, dried local fish and/or local berries.	Guests with any dietary restrictions must advise shore excursion's desk prior to booking this tour. You may encounter exotic meats such as seals and whales. Please approach the local diet with respect and open-mindedness, as the locals obtain their food from the wild. Weather appropriate clothing; sunglasses; and flat, comfortable walking shoes are recommended.
Nuuk	Greenland	GOH-008	Active	PARADISE TRAIL HIKE AND TASTING ADVENTURE	\$289	4	STRENUOUS	Follow a natural path through the wilds of Paradise Valley and pause at the halfway point for breathtaking view. The trailhead isn't far out of town, yet the surrounding landscape will appear more remote than it really is. The trail is considered moderately challenging but stops will be made along the way to rest and enjoy the gorgeous scenery of rocky hills, jumbles of boulders, waterfalls, and majestic view of the coastline. One can also drink fresh water from rushing streams fed by snowmelt. The guide will also pause to describe the indigenous flora and how best to forage for wild herbs, edible plants, and crowberries when available, which are typically used in salads, juices, and jellies. Along the way, take a break to enjoy a tasting experience of traditional Greenlandic snacks—simple, authentic, and full of cultural flavour. Sample local specialties such as reindeer or muskox hotdogs/sandwiches, and for those interested, a small tasting of whale 'mattak'—a traditional Inuit delicacy—along with other Arctic-inspired bites that reflect Greenland's rich culinary heritage.	Participants must be 10 years old, and waiver must be signed. The tour is not available to guests with walking and eyesight difficulties are cautioned to evaluate their personal level of stamina and ability. Warm clothing, cap, sunglasses, cap, and flat shoes are recommended. Guests must bring their own water bottle to avoid single-use plastic. Refills will be available at the snack station, or for the adventurous, you can drink from the freshwater streams. The tour operates rain or shine. In case of adverse weather conditions, the program may be replaced with an educational urban hike and food tasting with elements of exploration and cultural immersion. The order of sites visited may vary. Weather appropriate clothing: comfortable hiking shoes are recommended. Please note that your tour guide may not speak Greenlandic. We highly suggest bringing insect repellent during the tour. Hikers will be picked up by bus, minibus, or cars at the Cruise Terminal.
Nuuk	Greenland	GOH-009	Highlights	ARTISANS OF NUUK	\$299	3	MODERATE	Behold the extraordinary creativity of Greenlanders at several venues that promote artistic expression. Your immersion into the local art scene will include a stop at the Nuuk Art Museum, whose collection highlights photography, painting and carving in soapstone, bone, and wood. Many of the works are by contemporary artists, which offer an insight into how Greenlandic art has evolved over time. At Ajaqaaq – a workshop named for a traditional cup-and-pin game made from bone, animal hide and rabbit tail – you can watch artisans carve wood and bone crafts tupilaks, which are figurines said to protect the owners from their enemies. Tupilaks are thought to have great spiritual power. Your next visit will be to Kittat Economusée, a traditional costume-making workshop in Nuuk, Greenland, situated in the old colonial harbour area. Here, you will gain unique insights into the creation and history of the traditional Greenlandic costume, the "kalaallisuit." The workshop showcases the detailed processes involved, such as skin embroidery, beadwork, and hide preparation. Final stop will be at a local café or Local Museum for refreshments and drinks.	The order of sights visited may vary. If one of the facilities are closed during day of visit, Art Museum or Kittat will be replaced with a visit to the National Museum to showcase and explain the intricacies of the Traditional Greenlandic Costume and Greenlandic art and crafts. Please note that your tour guide may not speak Greenlandic. We highly suggest bringing insect repellent during the tour.
Nuuk	Greenland	GOH-010	Highlights	GREENLANDIC BEERS, BURGERS AND SAMPLERS	\$289	1.5	EASY	Sample a selection of beers of a local microbrewery in downtown Nuuk, followed by a lunch of grilled burgers made with local seasonal meats. It won't take long to reach the brewery, which produces dozens of different beers. The main ingredients of grains and hops are imported from abroad, as Greenland does not grow these ingredients primarily because of the extensive ice sheet covering 80% of the land. However, Greenland boasts the most pristine and fresh water as one of the secret ingredients, along with unique seasonal herbs that grow from the fjords in some of its beer concoctions. You will sample several characteristic beers. They may include a malt-forward ale, a smoked porter, and a spicy Belgian-style beer. Beer tasting and lunch will be served at the brewery café, where you will snack on small burgers, better known as sliders, and other specially prepared in-season specialties. The burgers will be prepared with unique Greenlandic ingredients such as reindeer meat, muskox, or lamb, depending on seasonal availability.	The Greenlandic beer and food tasting activity will take place in the brewery's café, Killut. Access to the brewery itself is restricted for safety and hygiene reasons during production period. Please inform us of any dietary restrictions when registering for this tour. Please note that your tour guide may not be local Greenlandic. We highly suggest bringing insect repellent during the tour.

Nuuk	Greenland	GOH-011	Highlights	KAFFEMIK WITH A VIP	\$319	2	EASY	Drop by a local resident's home for a Kaffemik, a traditional Greenlandic social gathering that centres around good food and lively conversation. On the way there, you will learn about the upcoming Kaffemik and the origins of these casual events, which are often held as open-house celebrations. Your host will be an accomplished Greenlander who will provide valuable insights into the local culture and lifestyle. You may have the opportunity to meet with an Arctic Scientist, a Shaman Healer, cultural artist, book author, or a former Prime Minister, or a former member of the Parliament residing in the capital of Greenland. Although Kaffemik is a Greenlandic word meaning "via coffee," beverages only touch on what will be served. The homemade delicacies may include dried or smoked fish, mattak (cubed, skin-on whale blubber), fresh-baked breads, cheeses, and berries—most commonly blueberries and crowberries, depending on seasonal availability. You will be encouraged to join in the conversations as the Greenlanders will be as interested in your life as you are in theirs.	This tour may include approximately 5 minutes of easy to moderate walking. The tour is not available to wheelchair guests and those with walking difficulties are cautioned to evaluate their personal level of stamina and ability. Hosts may vary and the format of the home visit may be slightly different due to personal experience and hospitality. The exact host depends on the availability and can be replaced due to personal or family reasons.
Nuuk	Greenland	GOH-012	Active	FJORD EXPLORER: CULTURAL SAIL & TASTING ADVENTURE	\$399	4	MODERATE	Marvel at Greenland's pristine natural beauty while cruising the Nuuk Fjord and stop at a particularly scenic spot. As you cruise into the majestic fjord, which is part of the world's second-largest fjord system, the sights will be breathtaking. You can expect to pass thundering waterfalls, and sheer-faced mountains that plunge into the sea. The large solitary mountain looming just north of Nuuk is Sermitsiaq, which covers most of the island of the same name. The fjord stretches inland for nearly a hundred miles, and wildlife is abundant. On a lucky day be in the lookout for white-tailed eagles, seals, and humpback whales. More than just a scenic sail—this unforgettable experience combines Greenland's breathtaking coastal views with the soul of its culture. savour traditional Greenlandic flavours with a curated tasting on board, while enjoying live music or a cultural performance by a local artist. It's a sensory journey where nature, taste, and tradition meet on the water.	Comfortable shoes, warm clothing and sun protection are recommended. Not recommended for those with mobility issues and Guest must be able to get on and off the boat without assistance, climb over uneven surfaces such as rocks and others when exiting the boat as there will be no handrails available. Operation of this program is contingent upon favorable weather and sea conditions. Although the percentage of marine life/wildlife sightings is high, it cannot be guaranteed. The program can be conducted either with a larger, slower or with several smaller, fast boats of different capacities. The snack and entertainment can be organised either ashore or on board, depending on the capacity of the boat, tides, and weather conditions. Please inform us of any dietary restrictions at least 48h otherwise your request can't be guaranteed. Please note that commentaries and performances will take place during stops, allowing you to fully enjoy the scenery while sailing. We highly suggest bringing insect repellent during the tour.
Nuuk	Greenland	GOH-013	Local Discovery	DISCOVER GREENLAND: FJORDS & DINE ON YOUR CATCH	\$1,039	8	EASY	Go on this special adventure that combines breathtaking scenic small boat cruise among grandiose mountains, waterfalls, and icebergs with good chances of watching whales up close; the fun of deep-sea fishing in the surrounding deep-water fjords and then enjoy the fresh catch for lunch at a restaurant in the heart of the wilderness. You will cruise the glassy-smooth waters of the Nuuk Fjord on the M/V Sterna, a 37-foot custom-built boat that carries just 12 passengers, which will ensure a personalised experience. The bait and tackle will be supplied so all you must do is concentrate on catching the large cod and redfish that are abundant in these waters. Captain Erik Palo Jacobsen and his first mate will offer fishing tips and at times bring the boat close to shore so you can taste the icy water from the cascades plummeting into the fjord. He will also chip ice off a glacier so you can cool your glass of whiskey. Later, the boat will pull into a remote restaurant where the chef will be waiting to prepare the fresh catch for your 3-course meal lunch.	The tour is not wheelchair accessible. Please have warm clothing, including a light jacket or windbreaker, comfortable shoes, hat, and gloves are recommended. The duration of tour elements may vary.
Narsaq	Greenland	JNS-001	Active	CITY WALK	\$139	1.75	STRENUOUS	Gain a firsthand understanding of life in a small Greenland town on this guided Narsaq walk that includes mingling with the locals at a fish market. The heart of Narsaq is a scenic collection of brightly painted buildings bordered by two fjords. While archeological evidence – including an entire Viking longhouse unearthed under a kitchen garden – confirms the area was occupied since Viking times, modern Narsaq is technically Greenland's youngest town. Established as a trading colony in 1830, it took till 1959 for the population to finally break 600 and achieve official town status. During the walk, you'll stop in at the Narsaq Museum where some of that history is presented. While locals here have hunted seals and raised sheep and cattle in the past, the primary mainstay today is fishing. You'll see that clearly on your walk through the open-air fish market full of stands offering salmon, Arctic char and snow crabs. But the biggest new boon to the economy is found in the mountains looming behind town: precious metals and rare, semi-precious tugtupite, a stone prized for its deep-red fluorescent colour. The town shops offer jewellery made with this gem; its name derived from Inuit for "reindeer blood."	This tour requires about 2 hours of standing and walking on gravel and uneven ground. Guests should be comfortable navigating steps and uneven surface. The tour is not recommended to guests utilising wheelchair or those with mobility difficulties. Tour sequence may vary. You will be guided by a representative from the local community whose English might be broken. The standard of guiding may differ considerably from that of other European countries. Your patience and understanding will help explore this remote destination.

Narsaq	Greenland	JNS-002	Highlights	TASTE OF GREENLAND	\$149	1	MODERATE	Amble to the tasting venue and treat your palate to a sampling of traditional Greenlandic dishes made with local ingredients. It's a 10-minute walk from the pier to the venue, which has been gaining attention for its artfully prepared cuisine. Traditionally, this country's diet is heavy on game, fish and marine mammals as they provide much-needed protein needed to survive the harsh Arctic winters. However, the Gulf Stream blesses southern Greenland with a warmer climate, so Narsaq has more fresh ingredients available. In fact, while walking to the hotel, you'll see fenced gardens where produce like potatoes, carrots, lettuce, and strawberries thrive. Sheep farmers and cattle ranchers originally built these fences, but as their businesses waned, gardeners took over and the local cuisine became more diverse. The exact tasting menu served each day varies depending on what's freshest and most available, but it's always flavourful. Dishes sampled might include grilled Arctic char, roast loin of lamb, or honey-marinated breast of ptarmigan. In addition, expect colourful salads, inventive appetisers and dishes made with local flora such as crowberries, which flourish in cool temperatures, and the herb angelica, a celery relative. You'll relate, too.	This tour involves about 20 minutes of moderate walking. The tour is not recommended to guests utilising wheelchair or those with mobility difficulties. Local escort will lead the way from the tender to the tasting venue. The hotel host will introduce the tasting menu on the spot.
Narsaq	Greenland	JNS-004	Highlights	ICEBERG CRUISE	\$299	1	MODERATE	Take a cruise through the crystalline fjords surrounding Narsaq, admiring ancient, blue-tinted icebergs that slowly float by. The tour vessel you'll be travelling on is ideally designed for navigating southern Greenland's waters – in this case, the two fjords known as Skovfjorden and Bredefjord, both deep blue and far enough inland to enable a calm ride. Cruising along, expect to see icebergs calved from nearby glaciers. They take every shape imaginable; like snowflakes, no two are alike. Some are jagged, others have steep walls, and still others resemble miniature mountains or giant mushrooms – all of them free-floating wherever the currents take them. Sailing past these ancient chunks of ice sparkling in the sun can be a mesmerising experience. And a sonic one: at times, you'll likely be close enough to hear the ice pop and hiss as it melts away. These icebergs are old – far older even than the Vikings who sailed these same waters over 1000 years ago. Other than a few buildings, the terrain you're viewing probably didn't look very different thousands of years ago, either. Nature's been fully in charge here in this "green land" for a very, very long time.	This tour includes limited walking, but guests must be able to negotiate their way on and off the boat with limited assistance; there are also steps on board and there are no railings to hold onto. The tour is not available to wheelchair guests and those who suffer from motion sickness should take the proper precautions. Guests must be able to climb the boat, a high step and to be able to dress in suites on the pier. No separate guide is included. Your captain will provide basic commentary en-route.
Prince Kristian Fjord	Greenland							Description Pending (or is this just a sea day??)	
Seydisfjrdur	Iceland	SFD-001	Highlights	A STEP BACK IN TIME	\$489	5	EASY	Experience the joys of a simpler rural life at a wilderness centre at the edge of the most extensive highlands in Northern Europe. Even the journey there will be spectacularly scenic, as you will drive through a mountainous terrain of dense forests, thundering waterfalls and an enormous lake that a glacier created long ago. Upon reaching the Wilderness centre, you will browse exhibits that showcase the struggles of life on the farm where the centre now stands. The museum dioramas are especially insightful, as they accurately depict the challenges of the area's earliest settlers, who embraced the natural world rather than trying to control it. As you meander about, you may see adventurers returning from hiking through the wilderness and horseback riding and others simply enjoying the pristine setting. Later, you will pass through Iceland's largest national forest, which contains indigenous trees and exotics brought from more than 175 locations around the world.	This tour includes approximately 1.5 hour of walking on gravel and grass with approximately 16 steps to negotiate at the Wilderness Exhibitions. It is not available to guests who utilise a wheelchair. Those guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina. Casual, weather-appropriate, warm layered clothing and comfortable, flat, sturdy walking shoes are suggested.
Seydisfjrdur	Iceland	SFD-003	Active	CHASING WATERFALLS	\$209	2.5	STRENUOUS	Enjoy a scenic guided hike through the grassy Vestdalur Valley, stopping along the way to admire the landscape's stunning natural beauty. The valley is known for its glorious waterfalls, which eventually spill into the Vestdala River and on into the pristine fjord. Being a protected nature reserve, the valley is largely undeveloped, although you may see a small homestead or two as you head to the abandoned town of Vestdalseyri. It was originally a whaling station but has been uninhabited since 1963. As you follow the winding trail through the gently rolling hills, the guide will point out the most noteworthy sights and provide enlightening commentary about the flora, fauna and history of the valley. Chances are, you will see birds such as eider ducks and geese and wild horses grazing in the fields. The fjord below will almost always be in sight, making a gorgeous backdrop for photos.	This tour includes approximately 2 hours of walking, about 2.5 miles (4 km) and a maximum elevation of 656 feet (200 metres). Terrain is uneven, grass, meadow, fields. It is not available to guests who utilise a wheelchair or to those with walking difficulties. Casual, weather-appropriate, warm layered clothing and comfortable, flat, sturdy hiking shoes are suggested.
Seydisfjrdur	Iceland	SFD-005	Highlights	IN THE FOOTSTEPS OF THE ELVES	\$479	7	MODERATE	Explore a somewhat remote area supposedly inhabited by elves and hear tales of how the little "hidden people" have come to the aid of Icelanders. The farther you venture along the winding road from Seydisfjrdur, the more dramatic and isolated the terrain. You will see just how secluded this part of Iceland can be while pausing at Njarðvíkurskriður. A cliffside cross there marks the spot where, according to legend, a monster that attacked travellers fell into the sea. You will hear more folkloric tales in the teeny village of Bakkgarði and at the rocky hill Álfaborg, where locals claim the queen of Icelandic elves' lives. One of the country's foremost 20th-century artists painted the altarpiece at a nearby church. Still, few sights compare to Hafnarhólmi, a birdwatcher's paradise. The observation platform will afford you an excellent view of nesting puffins, fulmars and kittiwakes; the latter being loud gulls named for their nasal "ki-ti-waak" callnotes.	This tour includes approximately 2.5 hours of walking on pavement, gravel, boardwalk and a total of 45 steps. It is not available to guests who utilise a wheelchair and not recommended for those with walking difficulties. Guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina. Casual, weather-appropriate, warm layered clothing and comfortable, flat, sturdy walking shoes are suggested.
Seydisfjrdur	Iceland	SFD-006	Highlights	SCENIC EAST	\$329	4	MODERATE	Marvel at the spectacular natural beauty of east Iceland, a largely undeveloped but vast landscape where less than 4% of country's entire population lives. Nature rules here, as you will discover while driving along the extraordinarily scenic coastlines and narrow fjords. During a photo stop at the mountain pass at Fjarðarheiði, it will be easy to imagine just how difficult travel once was in this remote part of Iceland. Not far away in Lagarfjót Lake, you will see where a Loch Ness monster-type creature has supposedly been sighted since the 1400s. For a more detailed and accurate look into the area's natural history, you will browse the Snæfellsstofa Visitor centre within the Vatnajökull National Park. A cultural museum stands nearby in the former home of celebrated Icelandic author Gunnar Gunnarsson, which doubles as a retreat for writers. Other highlights include a 14th-century parsonage that holds a revered chalice and Hallormsstaður, Iceland's largest forest.	This tour includes approximately 500 m between Snæfellsstofa and Skriðuklaustur and total of 45 steps; it is not available to guests who utilise a wheelchair and not recommended for those with walking difficulties. Guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina. Casual, weather-appropriate, warm layered clothing and comfortable, flat, sturdy walking shoes are suggested.

Seydisfjörður	Iceland	SFD-007	Active	SEYÐISFJÖRÐUR TOWN WALK	\$99	1	MODERATE	Walk through the heart of Seyðisfjörður, a town of just 700 people at the innermost point of the fjord of the same name. As you proceed past the town's characteristic chalet-style wooden homes, you will learn how Seyðisfjörður was settled in the mid-1800s by herring fishermen who prospered from the fjord's sheltered, easy-to-fish waters. Upon reaching the iconic Blue Church, you will be treated to a recital of Icelandic melodies. Another landmark in town is the Avalanche Memorial, an intriguing outdoor sculpture created with mangled white girders from a local fish factory that a 1996 avalanche heavily damaged. Although no one was injured, dozens of residents were killed in the 1885 avalanche that the memorial honours. For a town of so few people, Seyðisfjörður has a thriving art community. You will pass the former home of beloved folk artist Ásgeir Emilsson on the way to the Skaffell centre for Visual Art, where you will see a collection of modern multi-media works.	This tour includes approximately 1.5 hours of walking on flat surfaces for about 3 miles (5 km) and 6 steps to enter the Church, there is no ramp. It is not available to guests who utilise a wheelchair. Those guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina. Casual, weather-appropriate, warm layered clothing and comfortable, flat, sturdy walking shoes are suggested.
Seydisfjörður	Iceland	SFD-008	Highlights	SKÁLANES NATURE RESERVE	\$299	3.5	MODERATE	Meander through a nature reserve and research centre in Skálanes and learn about the flora and fauna that flourish in this extraordinary landscape. Chances are, you will see scientists and university students studying the various ecosystems and excavating archaeological sites such as the abandoned farm Thorarinsstaðir, one of more than 80 such sites in the reserve. As you might imagine, wildlife is abundant, especially coastal birds. You can expect to see golden plovers, black-tailed godwits and perhaps gyrfalcons, a magnificent but threatened species that is Iceland's national bird. Be sure to ask how the fluffy down feathers of eider ducks are collected and sewn into duvets on site. It is a fascinating process that doesn't impact the birds at all. If you are lucky, you may also spot reindeer and arctic foxes from the surrounding mountains. Regardless of where you wander, you will behold some of the most spectacular and pristine countryside in east Iceland.	This tour requires a moderate amount of activity and participants should be in good physical condition. It is not available to guests who utilise a wheelchair or to those with walking difficulties. It includes approximately 1 hour of walking for about 1 mile (1.5 km). Participants must be able to manage a high step to get on/off the vehicle. The hike is optional but strongly recommended. There is an elevation of approximately 130 feet (35-40 metres) up to a viewing platform. Casual, weather-appropriate, warm layered clothing and comfortable, flat, sturdy walking shoes are suggested.
Seydisfjörður	Iceland	SFD-009	Highlights	VISIT THE TINIEST TOWN IN ICELAND	\$589	4.5	MODERATE	Enjoy an adventurous ride in a 4x4 vehicle through some of east Iceland's most beautiful countryside to the miniscule town of Brekka. To reach this municipal curiosity, you will travel inland, stopping along the way atop a mountain pass to take in the magnificent scenery. Not far away, you will find Egilsstaðir, the largest town in east Iceland. Its population is only about 2,500, so you can imagine the size of Brekka, the country's tiniest town. It overlooks the narrow fjord Mjóifjörður and is just a few small buildings clustered around the waterfront. Even so, it is well worth a visit because of the pristine setting, which boasts a spectacular row of waterfalls nearby. Brekka perches on a part of the fjord that is home to an abundance of birds, particularly the powerful Great Northern Diver, which is known elsewhere as the Common Loon. It is thought to be the world's oldest species of bird.	This tour includes minimal walking on uneven terrain, gravel, grass. It is not available to guests who utilise a wheelchair. Those guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina. Participants must be at least 6 years of age and able to manage one high step to get on/off the vehicle. This tour is not recommended for guests with back, hip or neck injuries, those who suffer motion sickness/vertigo or pregnant women. Vehicles have no air-conditioning. Large families/groups may be split into different vehicles. Casual, weather-appropriate, warm layered clothing and comfortable, flat, sturdy walking shoes are suggested.
Seydisfjörður	Iceland	SFD-010	Highlights	VÖK NATURE BATHS	\$279	3	EASY	Soak in the soothing geothermal waters rising from the bottom of Lake Urriðavatn, an unparalleled experience as the two Vök baths are Iceland's only floating pools. You will notice that the pool water is crystal-clear; in fact, it is so pristine that it is considered the purest spring water in Iceland and the only spring water certified to drink. Before the baths were constructed, the geothermal water streaming to the surface left melted holes in the thick ice. Centuries ago, people believed that a monster lived at the bottom of the lake and melted the ice. That legend gave rise to the origin of the name Vök, which means "melted ice holes." The setting will be nearly as relaxing as soaking in the baths, as the surrounding wilderness has been respectfully left undisturbed. If you want to dine on your own, soups and salads are available, as well as tea and craft beers produced with water from the spring.	This is a non-guided transfer to/from Vök. It includes limited walking, mainly at the guest's discretion. Walking is on paved surfaces and wooden paths which are usually wet and slippery. It is available to guests who utilise a foldable wheelchair with partner to assist. Those guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina. Vök Baths have a strict code of hygiene, all guests are required to shower without swimwear before entering the lagoon. Guests need to bring a towel and swimsuit. Casual, weather-appropriate, warm layered clothing and comfortable, flat, non-slippery walking shoes are suggested.
Seydisfjörður	Iceland	SFD-012	Active	HIDDEN WATERFALLS & E-BIKE TOUR	\$349	3.25	STRENUOUS	Ride an electric mountain bike from tiny Seydisfjörður along the shores of its namesake fjord and on to a series of waterfalls tucked away in the surrounding mountains. Travelling by e-bike couldn't be easier because its battery-powered motor makes pedaling a breeze, allowing you to go farther with less effort, even across challenging terrain. You will experience that firsthand as you follow a gravel road toward Vestdalseyri, an early settlement now in ruins. As you bicycle inland, you will come upon the Vestdalsfossar waterfalls, a collection of multi-tiered cascades in a magical setting. The waterfalls are fullest in the summer from the snowmelt that rushes off the mountains, so you can expect the views to be magnificent.	Minimum age to participate is 10 years of age and minimum height required is 150cm/60inches. This tour is not available for guests with limited mobility and tour may not be suitable for those with mobility concerns.

Akureyri	Iceland	AEY-001	Active	AKUREYRI WALKING TOUR	\$179	2.5 3	MODERATE	Take an unhurried stroll through Akureyri, set majestically between fjord and mountain near the Arctic Circle. Discover its colourful cultural life and learn about its 16th-century origins as a remote Danish trading post. Foremost among the landmarks you'll encounter is a hilltop Lutheran church whose modern design has become a symbol of the city (outside visit). It was spirited here for safekeeping after Coventry Cathedral was bombed by air raids during World War II, and never went back. Then we weave our way uphill to one of the northernmost botanic gardens in the world. There you can find a surprising number of alien taxa, beside Icelandic native species. The charming coffeehouse in the garden is a popular meeting place for both locals and foreign visitors. On the way back to the centre, we will pass Akureyri Junior College which is among the oldest and best-known educational establishments in Iceland. At your guided walk's end, you'll be in midtown and free to either head back to the pier or – better yet – spend awhile exploring the cool design shops and Icelandic eateries along pedestrian-friendly Hafnarstæti street, just near the harbour.	This tour includes approximately 2.5 hours of moderate to strenuous walking, at times over gravel pathways. To reach the church, there is an uphill climb of approximately 95 steps. Participants should be in good physical condition; the tour is not available to wheelchair guests or those with mobility concerns.
Akureyri	Iceland	AEY-002	Highlights	GODAFOSS & LEISURELY AKUREYRI	\$169	3	MODERATE	Travel by coach to thundering Godafoss waterfall, then tour Akureyri and the world's most northerly botanical garden. Plunging down in a roaring torrent from its high horseshoe-shaped rim, Godafoss is one of Iceland's most impressive natural wonders. The name translates to "Waterfall of the Gods," and legend has it that a local chieftain tossed statues of the old Norse gods into these waters a thousand years ago to proclaim the country's conversion to the Christian faith. Motoring back into town, you'll be treated to a rolling inspection tour of Akureyri's charming architecture and stunning fjord-side views. Then, despite being practically within shouting distance of the Arctic Circle, you'll find yourself on a guided walk through the unpredictably lush Akureyri Public Parkland Botanical Garden. The secret to all that fertility is a warm microclimate that flora finds irresistible. Besides abundant oxygen, there's plenty of birdsong in the air here, too. After soaking up this dose of verdant Icelandic nature, the excursion winds down with some further panoramic sightseeing enroute back to your ship.	This tour includes approximately 1 hour of moderate walking/standing. The terrain at the falls includes some rough and sometimes muddy pathways, with no handrails; guests are cautioned to take extra care. Similar conditions may also be found at the botanical gardens. Tour is recommended for those using a foldable wheelchair with companion to assist. Those guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina.
Akureyri	Iceland	AEY-003	Highlights	AKUREYRI & SANTA'S HOUSE	\$139	3	MODERATE	Tour a range of Akureyri attractions, capped off by a visit to a famous store where Christmas stays in full swing 365 days a year. A compact city considered the unofficial capital of Northern Iceland, Akureyri packs a lot of sightseeing punch for its size. On this walking excursion, you'll encounter everything from a balmy botanical garden filled with colour and fragrance, to a museum dedicated to one of Iceland's most beloved children's book authors, to a modernistic Lutheran church that's become the enduring icon of the city, and more. But the absolute top treat of all has to be the visit to Santa's House – a gingerbread-clad emporium awash in Yuletide joy no matter what month visitors drop by. Inside, you'll see decorations from all over the world, and be introduced to the quirky ins-and-outs of Iceland's holiday traditions. One of them involves children leaving shoes in their windows for 13 consecutive nights leading up to Christmas, so that 13 different Santas (affectionately referred to as The Yuletide Lads) can pop by to fill them with presents.	This tour includes approximately 2 hours of moderate walking/standing, a few rough or sometimes muddy pathways, and 20-some steps at Santa's House. The excursion is not available to wheelchair guests, and those with mobility concerns are cautioned to carefully evaluate their personal level of stamina before participating.
Akureyri	Iceland	AEY-005	Local Discovery	JEWELS OF THE NORTH	\$309	8	MODERATE	This fascinating tour brings you face to face with some of Iceland's most beautiful – and sometimes bizarre – natural attractions. You'll travel by coach along the shore of picturesque Eyjarfjörður fjord, cross an ancient glacial valley, gaze in awe at a legendary horseshoe waterfall and marvel at the eerie volcanic pseudo-craters of Skutustadir – and that's all before lunch. After breaking for a hearty meal at a local venue, you'll be ready for an afternoon filled with even stranger examples of this country's bubbling geothermal roots. Like those twisted lava formations at Dimmuborgir, an imaginative landscape formed over 2,000 years ago and full of hardened lava lakes, natural arches and craggy grottoes. Then there's the barren field of gurgling sulfur cauldrons and boiling mud pits at Namaskard, where you'll be able to peer directly into the superheated heart of Iceland – catching a sulfurous whiff of the nasty brew that bubbles about beneath the ground no plant can survive in. Overall, few places on Earth are as curious.	If guest has any dietary restrictions, please inform the Destination Services desk upon embarkation. This tour includes approximately 2-1/2 hours of moderate walking/standing. The terrain visited includes some rough, uneven, and sometimes muddy pathways. There are no handrails; guests are cautioned to take extra care. Tour includes visits to environmentally sensitive/fragile sites. Námaskarð is a geothermal area, hot springs contain water of extremely high heat. Waterfall can be viewed from coach. It is not recommended for guests who utilise a wheelchair. Those guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina.
Akureyri	Iceland	AEY-007	Highlights	MYVATN NATURE BATHS	\$269	5	EASY	This superb tour demonstrates the importance of Iceland's natural phenomena in legend and lifestyle, as you'll visit an epic waterfall and then bathe in a soothing geothermal spa. Depart from the pier and drive inland to thundering Godafoss, one of the most spectacular waterfalls in Iceland. Godafoss means "Waterfall of the Gods" and refers to a momentous event that supposedly occurred 1,000 years ago when an Icelandic chieftain threw statues of the Norse gods into the water to symbolically demonstrate Iceland's conversion to Christianity. Whether the legend is true or not, it's quite a sight to behold the Skjalfandafjot River cascade over the horseshoe-shaped cliff and plummet into the roiling tempest below. Continuing through the pristine countryside, you soon arrive at Myvatn Nature Baths, a luxurious geothermal spa. Here, you'll have the opportunity to bathe in a pool of warm water drawn from deep within the earth. The water contains a blend of minerals, silicates and geothermal microorganisms that are beneficial to the skin and spirit, creating an unparalleled sense of well-being for bathers. It's a wonderfully soothing experience that has been a tradition in the Myvatn region for centuries. In fact, the inhabitants of this area have been relaxing in natural geothermal springs since the Vikings founded Iceland. After luxuriating at the spa for approximately an hour and a half, you'll return to the pier in Akureyri.	This tour includes approximately 1-hour of optional walking/standing. The area at the falls requires negotiating some rough pathways and can be muddy. The surfaces at the baths are uneven and rough and can be very slippery and challenging. There are no handrails, so guests are cautioned to take extra care. The tour is suitable for guest with mobility difficulties. There can be varying water temperatures at the baths so guests should enter slowly and proceed with caution. Warm, weather appropriate clothing that should include a water/wind proof jacket; swimwear; towel; cap; sunglasses; and comfortable, flat walking shoes with a non-slip sole are recommended.

Akureyri	Iceland	AEY-011	Highlights	HRISEY ISLAND	\$239	4	MODERATE	Cross the fjord by ferry to tour an island filled with rustic charm and predator-free birdlife. Hrisey Island is home to just about 200 human inhabitants who live in a quaint fishing village featuring paved streets, tidy gardens, and super mountain views. But it does have crowds...of the feathered variety. Thanks to a total lack of foxes, minks and other egg hunters, winged locals live in a veritable island-wide sanctuary. During your two-hour guided tour, you'll have a chance to witness this – including the often-hilarious antics of the ptarmigan, so fearless they can sometimes be spotted strolling down main street. You'll range the isle aboard a farm-style wagon, a traditional but certainly unconventional mode of transport. On a clear day, Hrisey offers superb views of the ocean and the mountains that line the fjord.	This excursion is not available to wheelchair guests and not considered suitable for those with mobility concerns. There is limited walking involved, but guests must be able to make their way on and off the ferry with limited assistance and be able to climb aboard the wagon in Hrisey. The ferry transfer can be cold, and the wagon ride is uncovered. Those with asthma or grass allergies should be aware that the wagon ride will travel through areas surrounded by high vegetation, and those prone to motion sickness should take the necessary precautions. Bird and wildlife sightings are likely, but not guaranteed.
Akureyri	Iceland	AEY-014	Highlights	WHALE WATCHING FROM AKUREYRI	\$199	4	MODERATE	Sail into the nutrient-rich waters of Iceland's longest fjord, looking for whales, dolphins and porpoises that feed here in abundance. Chances are, you will also spot colonies of puffins nesting in the rocky cliffs and diving for small fish. They are easy to identify by their bright orange beaks and short, stout wings. Still, whales are the star attractions. Species such as humpback, blue and minke whales frequent these waters to gorge on the abundant plankton and fish larvae carried in the coastal currents. You may also spot white-beaked dolphins and harbour porpoises. It is a breathtaking sight to see humpback whales acrobatically breaching the water's surface, waving their flukes up and down as they dive, and feeding to fatten up for their winter migration south. If blue whales surface to exhale, the spray from their blowholes will shoot about 30 feet into the air, so it will be quite the spectacle.	This tour includes walking from the cruise ship to the whale watching boat (about 10 minutes) The whale watching boat is not wheelchair accessible. Guests with foldable wheelchair and a companion to assist can participate in the tour. Those with mobility concerns must be able to enter and exit the boat with limited assistance and should evaluate their stamina and ability before joining the tour. Wildlife sightings are not guaranteed.
Akureyri	Iceland	AEY-019	Highlights	WHALE WATCHING FROM HAUGANES	\$299	3.5	EASY	Cruise into the nutrient-rich waters of Iceland's longest fjord, looking for whales, dolphins and porpoises that feed there in abundance. After a scenic drive to Hauganes, you will board a wooden fishing boat and cruise into Eyjafjörður. Chances are, you will spot colonies of puffins nesting in the rocky cliffs. Still, the star attractions are whales. Species such as humpback, blue and minke whales frequent these waters to gorge on the abundant plankton and fish larvae carried in the coastal currents. It is a breathtaking sight to see humpback whales acrobatically breaching the water's surface, waving their flukes up and down as they dive, and feeding to fatten up for their winter migration south. If blue whales – the world's largest animals – surface to exhale, it will be quite the spectacle as the spray from their blowholes shoots about 30 feet into the air. You may also spot white-beaked dolphins and harbour porpoises.	This tour is not suitable for guests using a wheelchair. Those guests with mobility concerns are cautioned to evaluate their personal level of stamina and ability. Recommended to bring windproof/waterproof clothes and shoes. Overalls for weather protection are provided for whale watching experience. Please be informed that in summer time the sea is 80% flat but sometimes there are winds and splashes that may cause your wear wet.
Akureyri	Iceland	AEY-021	Highlights	WHALE, FISH & DISH	\$489	6	EASY	Watch whales breaching the water's surface in Iceland's longest fjord and fish from the boat, after which you will dine on your fresh catch. While your success isn't guaranteed, this trifecta of whale watching, reeling in fish and enjoying them for lunch happens on almost every cruise. Humpback, minke and blue whales, white-beaked dolphins and harbour porpoises are abundant because the waters of Eyjafjörður are pristine and teeming with everything that they feed on. Fish such as cod, haddock and herring are also plentiful, especially on the borders of the cold and warm zones. As you will be cruising in a vintage fishing boat, it is only natural for you to cast a line and try your luck. Fishing teams will be chosen and the winners will get bragging rights and a bottle of Icelandic gin. After disembarking, the catch – a sure thing – will be grilled for your open-air picnic lunch.	This tour is not suitable for guests using a wheelchair. Those guests with mobility concerns are cautioned to evaluate their personal level of stamina and ability. Recommended to bring windproof/waterproof clothes and shoes. Overalls for weather protection are provided for whale watching experience and fishing onboard. Please be informed that in summer time the sea is 80% flat but sometimes there are winds and splashes that may cause your wear wet. Fishing rods are provided on board the boat. Please note that rods may be shared among guests. The boat may change a few spots for fishing.
Akureyri	Iceland	AEY-022	Active	AKUREYRI CITY WALK & LOCAL FOOD	\$339	3	MODERATE	Discover Akureyri's humble beginnings as a Danish trading post on a leisurely walk through town with occasional stops to sample the local cuisine. The walk will start right at the pier and follow a waterfront road called the Strandgata, which offers gorgeous views of Eyjafjörður, the longest fjord in Iceland. Depending on the route, you may pass Artist's Alley – the centre of Akureyri's cultural life – and a hilltop Lutheran church whose modern design has become a symbol of the city. The tastings will reflect the culinary side of Akureyri, particularly the lamb soup as the source sheep graze freely in the nearby hills, lending the lamb a flavour not found elsewhere. You can also expect to sample traditional dried fish, which will go well with a beer from the local brewery. The most unusual sampling will likely be Brennivin, Iceland's national spirit, which can be flavoured with caraway.	This is walking tour and walking portion is approximately 4 km/ 2.5miles. It is not recommended to guests who utilise a wheelchair. Those guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina.

Akureyri	Iceland	AEY-023	Local Discovery	GAME OF THRONES-BEYOND THE WALL	\$299	7	MODERATE	Behold natural wonders in northern Iceland that are so dramatic that they were used as locations for the blockbuster HBO series "Game of Thrones." Many of the scenes that represented the lands beyond The Wall – a solid ice fortification that separated the Seven Kingdoms from the tribal wildings – were shot in the surrounding countryside. One look at the glorious Goðafoss waterfalls and the basalt lava pillars at Kálfastrandavogur, and you will instantly understand why they were chosen to represent areas in the show's Haunted Forest. Then, there is Dimmuborgir, known as the Dark Fortress, a land of volcanically sculpted caverns and craggy black peaks. You may recognise it as the camp site for Mance Rayder, the leader of the wildings. You will also visit Grjótagjá, a surreal lava cave with a thermal spring, and the Námaskarð geothermal field, where the battle scenes on the Fist of the First Men plateau took place.	There is approximately 1 hour of walking on this tour, as well as a few steps to negotiate. This tour visits locations, not film sets; all locations are returned to their original state after filming. Please have comfortable footwear and dress according to local weather.
Akureyri	Iceland	AEY-024	Highlights	EXCLUSIVE WHALE WATCHING RIB BOAT	\$349	3.5	STRENUOUS	Take an exhilarating ride into the nutrient-rich waters off Akureyri and look for whales, dolphins and porpoises that feed there in abundance. After suiting up in a thermal floatation suit, gloves and goggles, you will board a rigid inflatable boat, commonly known as a RIB, and speed off into Eyjafjörður, Iceland's longest fjord. Framed by glacier-carved mountains, this narrow deep fjord is a stunning setting, made even more spectacular if you spot a whale breaching the water's surface. RIBs allow you to get closer to the whales than any other type of boat because of their size and maneuverability. There is no way to predict what marine life you will see, but humpbacks, blue fin, minke and sei whales are often spotted in the fjord. Occasionally, a blue whale – the world's largest animal – will surface to exhale. It will be quite the spectacle as the spray from their blowholes shoots about 30 feet into the air.	This tour is not suitable for pregnant women and those with a history of back injuries and this tour is not recommended for people with any walking difficulties. Passengers need to be at least 145 cm/ 57 inches high in order to participate in this tour and minimum age of 10 years old.
Isafjordur	Iceland	ISF-001	Highlights	LIFE & CULTURE OF ISAFJORDUR	\$299	3	MODERATE	Travel by panoramic coach on a tour that offers fascinating insights on the lives of those who make the sometimes-harsh landscape of Iceland's Westfjords their home. Beginning from the pier, you'll drive through the streets of Isafjordur and out along the coastal road for a tour of wondrously remote Bolungarvik, a fishing village towered over by its surrounding mountains. Nearby, you'll stop at the outdoor Ósvör Museum, where a century-old fisherman's hut has been restored, complete with the tools of the trade – and the fisherman. On another leg of the journey, you'll find yourself up amidst breathtaking views of the magnificent mountains of the Djup, largest of the West Fjords and the Buna River. Not far from that spot, you'll stop to admire a beautiful, stepped waterfall in Tunguskogur and take an opportunity to taste the freshest, clearest mountain water you may ever have encountered. Back in Isafjordur, you'll stop in at the Maritime and Folk Museum, which calls one of the town's oldest and best-preserved houses its home. The museum presents an excellent collection of artifacts related to the region's maritime history – as well as a sizable accordion collection. Gotta has something to do during those long winters.	This tour includes approximately 90 minutes of moderate walking and standing, at times over uneven pathways. The tour is not available to wheelchair guests and those with mobility concerns are cautioned to evaluate their personal level of stamina before participating.
Isafjordur	Iceland	ISF-003	Highlights	FJORDS & FLOWERS	\$209	3	MODERATE	See the nature, meet some locals and catch a glimpse of what goes on behind the scenes in small Icelandic fishing towns during this enlightening tour. Included is a breathtaking drive through the West Fjord Mountain landscape, where farms and villages huddle on narrow strips of land isolated between rocky ridges and deep fjords. Appearing as if an apparition at one point will be tiny Skrudur, Iceland's oldest botanical garden. You'll go in and have a look around. Over 100 years old, this dot-sized green oasis in the midst of the badlands proves what can be grown this far north. Another curiosity you'll encounter is the old shark-fishing town of Flateyri, perched on a spit of land projecting out into Onundarfjordur fjord and boasting a current population of about 200. You'll take a guided stroll along main street and into the life of this mountain-surrounded outpost, entering an intimate little church where you'll be treated to an Icelandic music program, and visiting the old bookstore that doubles as the village museum and archive, before enjoying coffee and local traditional pastries at Gunnukaffi.	This tour includes approximately 45 minutes of moderate walking and standing, at times over uneven pathways. The tour is available to wheelchair guests who have a collapsible chair, can make their own way on and off the coach and have a companion to assist them. Those with mobility concerns are cautioned only to participate to the extent of their personal stamina and may decide with the guide to skip some of the walking portions of the tour.
Isafjordur	Iceland	ISF-004	Highlights	THE BIRD ISLAND OF VIGUR	\$309	3	MODERATE	Travel by boat to the island of Vigur, famous for its huge colonies of sea birds and tiny colony of friendly locals. The journey is both scenic and swift; just about half an hour to traverse the Isafjarðardjúp fjord to Vigur, where a cluster of red-roofed buildings sits tranquilly against a dramatic snow-capped backdrop. This sparsely populated islet is home to thousands of feathered citizens – comical puffins, eider ducks, guillemots and sometimes-overprotective arctic terns who love to swoop. Upon arrival, you'll have a chance to observe local life on the island, where the farmers make a living by harvesting the down of eider ducks – and provide essential protection for their nests and chicks. It's hard not to feel like you've stepped back in time as you meet with the tiny band of welcoming inhabitants. Their relaxed, easy manner and unique lifestyle will certainly make an impression. Once you've seen how the humans live here, you'll take a leisurely guided island walk to see how Vigur's resident birds thrive in their own natural habitats. As your visit draws to a close, refreshments will be served by the farmer's family before the boat ride back to Isafjordur.	This tour includes approximately 90 minutes of moderate walking and standing, at times over uneven pathways. The tour is not available to wheelchair guests and those with mobility concerns are cautioned to evaluate their personal level of ability before participating. It is a short walk from the pier to the touring boat. Sightings of sea birds are not guaranteed after mid-August as it depends on both season and weather.
Isafjordur	Iceland	ISF-006	Highlights	EXPLORE THE STREETS OF ISAFJORDUR ON FOOT	\$139	2	EASY	Mix with the locals on a walking overview tour of the largest and liveliest town in the West Fjords. Surrounded by dramatic mountains and arcing into its namesake fjord on a curving spit of land, it's tempting to envision Isafjordur as a remote and unworldly outpost. But on this survey of town, you'll soon discover that there's a surprisingly cosmopolitan vibe afoot here, blending seamlessly with an undeniable frontier character. The old town still has blocks lined with some of Iceland's oldest wood-and-tin houses, built by the early fishing merchants who found prosperity here in the 18th and 19th centuries, but it's also home to a thriving arts and emerging culture scene. Though isolated, Isafjordur is the kind of place that independent and eccentric thinkers have always been drawn to. Your knowledgeable guide will relate some of that history and lead the way as you soak up the town's relaxed ambiance and most interesting sights. One of those will surely be the Maritime Museum out at the tip of the spit. Set up inside one of the town's oldest and best-preserved houses, the exhibits include an excellent collection of maritime artifacts – as well as a sizable accordion collection.	This tour includes approximately 2 hours of moderate walking. The tour is not available to wheelchair guests and not recommended for those with mobility concerns.

Isafjordur	Iceland	ISF-007	Local Discovery	A VISIT TO AN ABANDONED VILLAGE	\$219	4.5	MODERATE	Travel from Isafjordur to the Jökulfirdir Fjord by boat to visit a remote village deserted by all its residents over 60 years ago. The only way to get to Hesteyri is from the water; it's about a 70-minute ride. The tiny settlement never did have any roads leading to it, and no electricity or telephone links. What it did have – and still does – is an outstandingly picturesque setting amidst steep snow-dusted mountains and quiet, secluded coves. Notwithstanding the natural beauty, in the 1940s the 80 inhabitants decided they'd had enough, and by 1952 the last of them had moved away. Many of their structures still stand, little changed from how they were then. And since the village has been an ecologically protected area for decades, the native flora and fauna have had a field day. Hikers here often encounter Arctic foxes, seals, and birds of many types. You'll stroll around the eerily empty village with your guide, enjoying traditional Icelandic refreshments at a house where the doctor used to live. Don't miss this chance for what will certainly be an excursion unlike any other you take this voyage. It can get quite chilly out at sea, especially since the boat is only partially covered—so be sure to dress warmly for maximum comfort during your adventure.	The tour is not available to wheelchair guests and those with mobility concerns are cautioned to carefully evaluate their personal level of ability before participating. Those prone to motion sickness should take the necessary precautions. It can get quite chilly out at sea, especially since the boat is only partially covered—so be sure to dress warmly for maximum comfort during your adventure.
Isafjordur	Iceland	ISF-009	Active	CALM FJORD KAYAKING	\$259	2	STRENUOUS	Kayak the serene waters of the fjord that fronts Isafjörður, a natural setting enhanced by the many seabirds that flock here to raise their young during the summer. After a briefing on how to get the most out of the experience, you will ease into a sleek kayak and paddle off into the clear, calm waters of the fjord. Ísafjörður sits in a spectacularly scenic setting, so there will be plenty to see as you paddle between the majestic mountains that rise abruptly from both sides of the fjord. Because of the steep backdrop, almost all the buildings are at the water's edge. Although Ísafjörður is the largest town on the Westfjords peninsula, its population is only a few thousand, and the town has remained remarkably quaint and well worth a photo. You can also expect to see quite a bit of wildlife while kayaking, especially seals and seabirds that may include oystercatchers and arctic terns.	Minimum age to participate is 13 years of age and children under 18 must be accompanied by an adult parent or guardian. Participants must be in good physical condition and know how to swim. This tour includes a walk of 5 min to go to/from the place where kayaks are prepared. The kayaks are tandem kayaks (2 person per kayak). Kayaking gear and life vest are provided. Tour operation is subject to weather conditions. It is not recommended for guests who utilise a wheelchair. Casual, warm, and waterproof clothes and shoes are suggested.
Isafjordur	Iceland	ISF-010	Local Discovery	DYNJANDI WATERFALL & LOCAL VILLAGE	\$359	5	MODERATE	Discover the scenic wonders of the Westfjords peninsula and sample fresh seafood in one of its fishing villages. Long ago, glaciers carved their way across the peninsula, leaving behind a dramatic landscape of deep fjords, steep mountains and craggy inlets. Because the terrain is so harsh, life here has always revolved around the sea. The draw of water is even more powerful farther inland at Dynjandi, the largest waterfall in Westfjords. This natural wonder consists of seven cascades, each with its own name and identity. According to legend, supernatural beings once lived in Dynjandi, whose name means "The Thunderer." At Dynjandi you will enjoy refreshments. You will next visit Suðureyri, a fishing village that was considerably more remote until a tunnel through the surrounding mountain made travelling there easier. During your stop in Suðureyri we will walk the popular seafood trail and get acquainted with local village life at the edge of the Arctic Circle. And see how the thriving community processes Iceland's finest fish, and taste their products and learn about how the fish can be on your dinner plate just 36 hours after leaving the ice-cold ocean waters.	This tour includes approximately 50 minutes of walking over grass, gravel and uneven ground. It is not recommended for guests who utilise a wheelchair. Those guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina. Casual, weather-appropriate clothing and comfortable, flat walking shoes are suggested.
Isafjordur	Iceland	ISF-013	Highlights	WHALE & NATURE WATCHING	\$279	3	MODERATE	Cruise into the pristine seas off the Westfjords peninsula, looking for some of the more than 20 species of whales and porpoise that feed in these nutrient-rich waters. The seemingly endless food supply of krill and small fish attracts humpback whales, minke whales and many others. You will have the opportunity to watch for these fascinating creatures from inside the boat or out on the observation deck. It is a breathtaking sight to see humpback whales acrobatically breaching the water's surface, waving their flukes up and down as they dive, and feeding to fatten up for their winter migration south. Minke whales are quite a bit smaller, but no less impressive. They have sharply pointed snouts that appear first when they breach. Although minkes are typically solitary, they are inquisitive and are often spotted swimming alongside vessels or feeding beneath flocks of seabirds. If you see one, it will be a mesmerising sight that you will not soon forget.	This tour includes approximately 5 steps. It is not recommended for guests who utilise a wheelchair. Those guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina. Casual, weather-appropriate clothing and comfortable, flat walking shoes are suggested. Although very common, wildlife sightings cannot be guaranteed.
Isafjordur	Iceland	ISF-014	Local Discovery	SECLUDED VALLEY & TASTING	\$259	3.5	MODERATE	Enjoy tastings of locally sourced Icelandic specialties in beautiful settings that will enhance the experience. At Arnadalur, which offers spectacular views of the fjord, you will sample dried fish such as cod or haddock right off the outdoor wooden drying racks. Dried fish has long been a staple in Iceland, and you will learn how it is processed. Locally made chocolate and mountain berries dusted in sea salt will be served as a special treat once you arrive at the ski resort that overlooks Isafjordur. You will delve even deeper into the local cuisine at the Holt Inn, where you will meet with a group of sheep farmers and hear about their products as you snack on traditional Icelandic marriage cake. Another sampling awaits you at the end of Isafjordur's pier, where you will sip Sæunn beer, which is named in honour of a cow that heroically swam across the icy fjord to avoid being slaughtered.	This tour includes approximately 90 minutes of walking. It is not available to guests who utilise a wheelchair.
Isafjordur	Iceland	ISF-015	Highlights	A TASTE OF ICELANDIC FISHES AND BEER	\$269	2	EASY	Gain an appreciation for local Icelandic specialties through tastings at three venues, each one a unique setting. Upon arriving at the only seafood store in Isafjordur, you will meet owner Kári Þór Jóhannsson, he will invite us to the back of the store where the fish is taken directly in from the boats. The day's catch usually includes cod, halibut, haddock and herring, at least one of which will be offered as sushi. Isafjordur also has just one microbrewery – Dokkan Brugghús, where you will sample a trio of beers made with local ingredients. The brewery uses artesian mountain spring water from the Westfjords that has been naturally filtered through ancient volcanic lava, which imparts a unique taste to every beer. Afterwards, you will be served a bowl of seafood soup at Tjörhúsið, a family-owned restaurant that occupies one of the oldest buildings in Isafjordur. The soup's ingredients change daily depending on the fresh catch.	It is available to guests who utilise a collapsible wheelchair. We recommend comfortable clothing as well as warm layers, depending on local weather.

Isafjordur	Iceland	ISF-016	Active	ATV ADVENTURE	\$509	2	STRENUOUS	Ride into the breathtaking countryside on the outskirts of Isafjordur on an ATV made for rugged terrain and exhilarating adventures. After a briefing to ensure that you maximise the experience, you will drive off following the guide in a caravan of four-wheel-drive all-terrain vehicles. Much of the way will be on gravel roads that would otherwise be inaccessible. As you ascend into the mountains behind Isafjordur, the views will become even more spectacular as you will enjoy a unique elevated perspective of the town below. Many of its most colourful, well-preserved wooden buildings date to the 19th century. As you look out over the pristine waters of Skutulsfjörður fjord, which is an arm of a larger fjord, you can't help but be awed by the dramatic setting. During stops, the guide will describe the natural beauty that draws so many outdoor enthusiasts such as hikers and kayakers to Isafjordur.	The gear for this tour will be provided, this includes insulated coverall, helmet, gloves, and guidance. There will be 2 passengers per ATV. Everybody with a driving license can drive an ATV. Passengers must be at least 16 years of age in order to drive. It is not recommended to guests who utilise a wheelchair. Those guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina.
Isafjordur	Iceland	ISF-017	Highlights	IT'S A VIKING THING	\$299	3	MODERATE	Become immersed in the Viking lifestyle at a cultural centre that has preserved their traditions in entertaining ways. At the Skálin Viking Centre, you will learn about the Vikings that settled in Iceland more than a millennium ago. You may be surprised by what the Vikings were really like, which goes far beyond being fierce warriors. If you want to get into character, feel free to put on hand-sewn Viking clothing and carry around replicas of Viking weapons. For a glimpse into the domestic side of Viking life, you can try your hand at baking bread over an open fire. A short walk will bring you to the ruins of the Viking parliament in Thingeyri, which is known as The Thing. It is one of 36 Viking parliaments that sent representatives to Alþingi/Althing – the main parliament – to pass legislation and resolve conflicts. Founded in 930, Alþingi/Althing is world's oldest surviving/continuous parliament.	There will be some inclines, steps, and cobblestone surfaces to negotiate plus any additional walking at the guests' discretion. The tour is not available to wheelchair guests and may not be suitable for those with mobility concerns who are cautioned to carefully evaluate their personal level of stamina and ability. We recommend comfortable clothing as well as warm layers, depending on local weather.
Grundarfjordur	Iceland	GRU-001	Highlights	MYSTICAL CHARM OF SNAEFELLSNES	\$369	8.5	MODERATE	Spend a day steeped in the magical atmosphere of western Iceland's most dramatic landscapes, many of them mysterious and sacred. The circular expedition begins with an immensely picturesque coastal drive, passing through one beautiful fishing village after another enroute to Snæfellsjökull National Park. This 65-square-mile wonderland is where the adventurers in Jules Verne's 1864 Journey to the centre of the Earth found a passage to the earth's core, and it looks every bit the part. You'll walk along pebbled Djúpalónssandur Beach, admiring strange rock formations along the shore – where sailors once proved their fitness to crew on ships by hoisting the heavy boulders. Passing the Lóndranga Cliffs, you'll stop for photos and lunch in tiny Arnarstapi, known for its abundant birdlife and curious lava formations. In remote Búðir, you'll encounter a modest church of black painted wood, sitting in a lava field blanketed with lush grass. The visual contrast is stunning, especially with the park's namesake glacier-capped volcano as its backdrop. Then it's on to Helgafell – the famous "Holy Mountain" of Icelandic literature and history; you'll learn about its magic powers. Some free time in charming and eco-friendly Stykkisholmur at the tip of the peninsula marks the outing's end.	This tour includes approximately 3 hours of easy-to-moderate walking and standing, plus any additional walking done at guests' discretion during free time. There are steps and uneven and gravel surfaces to negotiate, which can be slippery at times. The tour is not available to wheelchair guests or those with mobility difficulties. Wildlife sightings are not guaranteed. The tour sequence may vary.
Grundarfjordur	Iceland	GRU-002	Highlights	HIGHLIGHTS OF SNAEFELLSNES	\$309	5.5	MODERATE	Discover the must-see attractions of the Snæfellsjökull Peninsula, a geological and natural wonderland famed for its harsh but beautiful volcanic landscape. You'll begin with an immensely picturesque coastal drive, passing through one beautiful fishing village after another enroute to Snæfellsjökull National Park. This terrain in the setting Jules Verne's used in his 1864 bestseller, Journey to the centre of the Earth – it looks the part. The park's landscape looks primeval in every direction, especially at Djúpalónssandur, a jagged coastline strewn with large boulders sailors once hoisted to prove their fitness to crew on ships. The remains of a sizable trawler wrecked in 1948 add to the edge-of-the-earth feel here. A visit to Malarri and its majestic white lighthouse also brings an encounter with curious volcanic pillars some believe local elves use as churches. Passing the Lóndranga Cliffs, you'll stop for photos in tiny Arnarstapi, known for abundant birdlife and its own set of intriguing lava formations. In remote Búðir, you'll visit a modest church of black painted wood, sitting in a lava field blanketed with lush grass. The visual contrast is stunning, especially with the park's namesake glacier-capped volcano as its backdrop. Better clear plenty of storage on your camera.	This tour includes approximately 3.5 hours of easy-to-moderate walking that includes negotiating uneven and gravel surfaces as well as some steep inclines. The tour is not available to wheelchair guests or those with mobility difficulties. Wildlife sightings are not guaranteed. The tour sequence may vary.
Grundarfjordur	Iceland	GRU-003	Highlights	LAVA TRAILS & VIKING TALES	\$349	4.5	MODERATE	Explore Iceland's legend-laced volcanic landscape on a walk-through lava field, a climb up a small magic mountain, and a visit to a farm with an unusual crop. First, you'll travel by coach along the incredibly picturesque coast to Berserkjahraun, an ancient field of lava spikes and mossy boulders. If its name sounds familiar, that's because the phrase "going berserk" comes from an old Icelandic tale about two warriors who were killed here; these Berserkers were known to fight in an uncontrollable trance-like state. Then it's on to Helgafell; where legend has it that those who scale this 240-foot "Holy Mountain" are granted three wishes. You'll have your chance to confirm if that's true – and be rewarded with sweeping hilltop vistas no matter what. In Stykkisholmur, you'll you will have some free time. A different sort of museum awaits you on a lava-surrounded farmstead in Bjarnarhofn. Here you'll visit the Shark Museum and meet the resident farmer who specialises in shark curing. You'll also have a chance to taste his products, but a word to the wise: they're quite 'aromatic.' Might be wise to bring some mints for the way home.	This tour includes approximately 2.5 hours of easy-to-moderate walking that includes negotiating uneven and gravel surfaces as well as some steep inclines. The tour is not available to wheelchair guests or those with mobility difficulties. Wildlife sightings are not guaranteed. The tour sequence may vary. Breath mints optional.
Grundarfjordur	Iceland	GRU-004	Active	NATURE SAIL & VIKING SUSHI ADVENTURE	\$349	4	EASY	Board a ferry for a cruise through the prime birdwatching habitats of Breidafjordur Bay and enjoy a taste of fresh-caught "Viking sushi." Your archipelago adventure begins with a drive to Stykkisholmur, a quaint coastal town on the Snæfellsnes peninsula. Here you'll board the ferry and head into Breidafjordur Bay, which is encircled by mountains and dotted with volcanic islands that are havens for nesting seabirds. As you sail through whirlpool currents, passing dozens of islands with strangely beautiful rock formations and basalt columns, you can expect to spot a variety of species. Puffins, eider ducks and shags are commonly seen, as are kittiwakes. These handsome black-legged gulls typically nest on narrow cliff ledges, perched facing the wall with tails stuck out over the edge. You might also catch sight of magnificent white-tailed eagles diving to pluck fish straight from the sea with their razor-sharp talons. These waters also teem with marine life, even occasional seals. As if to prove this abundance, your captain will at some point cast a net overboard to haul in a bounty of seafood. Some of it can be eaten raw as so-called Viking sushi, and you'll have a chance to sample. Nothing could be fresher.	Walking on this tour is primarily at guests' discretion during free time in Stykkisholmur. The tour is not available to wheelchair guests; those with mobility concerns must be able to enter and exit the coach and boat unassisted. If you suffer from motion sickness, please take necessary precautions prior to the tour's start. Wildlife sightings are not guaranteed. The tour sequence may vary.

Grundarfjörður	Iceland	GRU-005	Highlights	A JOURNEY TO THE CENTRE OF THE EARTH	\$409	3.5	MODERATE	Embark on an adventurous exploration deep into the lava caves of Vatnshellir, formed thousands of years ago by a violent eruption. Western Iceland is the setting Jules Verne used for his epic 1864 page-turner, Journey to the centre of the Earth, wherein the professor and his intrepid crew get into all kinds of adventures after entering a passage into the earth on Snæfellsjökul Peninsula. Your expedition down into Vatnshellir will be much the same, but with better ventilation – and no dinosaurs. The lava tube entrance is a scenic hour’s drive from the pier, along a rugged coast and majestic volcanic landscape. Equipped with helmet and flashlight, you’ll follow your guide through an above-ground entry capsule and down into the cave’s upper section, lined with fascinating lava formations along its sides. A long, narrow passage and spiral staircase lead ever deeper until you reach the cave’s lower section, a completely soundless chamber with black igneous walls. Once there, all lights will briefly be turned off so that you can experience true total darkness. Expect your sense of smell to become heightened as your brain lets go of sight and sound. Then it’s back up to the surface, with new perspective.	This tour includes approximately an hour of moderate-to-strenuous walking that covers ½ mile and includes a long, narrow and circular staircase as well as uneven, rocky and gravel surfaces with steep inclines. There may also be some uneven and slippery surfaces within the cave. The tour is not available to wheelchair guests or those with mobility concerns. Participants should be in good physical condition. Helmet and flashlight will be provided before entering the cave.
Grundarfjörður	Iceland	GRU-006	Active	TOWN WALK & KIRKJUFELL WATERFALL	\$119	3	STRENUOUS	Take an invigorating walk-in exhilarating scenery as you venture through Grundarfjörður to an idyllic waterfall at the base of Iceland’s most photographed mountain. Setting out on foot from the pier, you’ll cross through this picture-perfect fishing village perched on a fjord and surrounded by mountains. Soon you’ll ascend a small hill above the town and, weather permitting, be treated to one of the Snæfellsnes peninsula most breathtaking vistas: the iconic Mt. Kirkjufell. This distinctive monolith rises steeply from shore to a height of over 1,500 feet – a barren but magnificent landmark that only the adventurous climb. Conveniently, you’ll be taking on an easy and super-scenic alternative as you trek to the gorgeous waterfall near Kirkjufell’s base, its multiple torrents of crystalline water fed by glacier melt. Any photograph taken with this cascade in the foreground and Kirkjufell soaring to the heavens behind can’t help but be a winner. In fact, photographers, and filmmakers from all over the world come to Grundarfjörður just to capture this image. On the return walk, you’ll want to check out the fishing boats in the charming harbour, the church, and the homes built by the town’s French founders.	This tour includes approximately 3 hours of moderate-to-strenuous walking that includes uneven, gravel and mud paths as well as uphill climbs. The tour is not available to wheelchair guests or those with mobility concerns. Participants should be in good physical condition.
Grundarfjörður	Iceland	GRU-007	Highlights	PUFFINS OF MELRAKKAÆY ISLAND	\$169	1.5	MODERATE	Cruise to rocky Melrakkaey Island to for up-close views of a colony of puffins doing all the things that puffins naturally do. This includes nesting on the steep cliffs, swimming in the sea and perhaps even flying – much faster than you might expect. After a short walk from the pier, you’ll reach and board a small tour boat that is ideal for sightseeing in hard-to-reach places. Craggy little Melrakkaey Island is one of those enviable spots, a protected bird refuge since 1972 where the only crowds ever seen have wings. While you’ll likely spot other seabirds here – like guillemots, shags and kittiwakes – puffins are the star attractions. They’re easy to identify with their bright orange beaks and penguin-like colouring; some people even call them “sea parrots” because of the shape of their beaks. Iceland is the breeding ground for most the world’s Atlantic puffins, and Melrakkaey is one of their favourite spots. You’ll see their nests on the precipitous rocky cliffs and surely spot puffins resting on the water between dives for the tasty small herring they love to eat. Your guide will share fascinating facts about the lifestyle of these charming birds during the excursion.	Time on the water is approximately one hour. The walk from the ship to the tour boat dock is 15 minutes each direction and there are steps to negotiate getting on and off the boat. The tour is not available to wheelchair guests and those with mobility concerns are cautioned to carefully evaluate their personal level of ability before participating. Guests subject to seasickness should take proper precautions prior to tour start. Seating areas are limited, and the boat is open-air
Grundarfjörður	Iceland	GRU-010	Highlights	WONDERS OF THE WEST	\$289	4.5	MODERATE	Discover the natural wonders in western Iceland, especially around Snæfellsjökull National Park, an area that has been famous since 1864, when Jules Verne used it as a setting in his classic science fiction novel “Journey to the centre of the Earth.” The landscape looks eerily primeval, especially at Djupalónssandur, whose coastline is strewn with large rocks and the remains of a shipwrecked fishing trawler. Sailors once demonstrated their strength there by lifting boulders to show that they were fit to work on ships. While walking along the beach at Arnarstapi, you will observe birds nesting in the craggy lava formations. A noticeably different volcanic terrain awaits you in Búðir, whose beach features yellowish sand instead the pitch-black sand commonly found elsewhere. The modest Búðir church is also noteworthy. Painted black, it sits in a lava field blanketed with lush grass, and the contrast is stunning. An ice-capped volcano looms dramatically in the background.	This tour includes approximately 30 minutes of walking on gravel and grass with approximately 20 steps to negotiate at the Djupalónssandur beach viewing platform. It is not available to guests who utilise a wheelchair. Those guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina. Casual, weather-appropriate, warm layered clothing and comfortable, flat, sturdy walking shoes are suggested.
Reykjavik	Iceland	REK-001	Highlights	ICELAND ON HORSEBACK	\$379	3.5	MODERATE	Saddle up and get your sense of wonder going full gallop on a scenic ride through the countryside outside Reykjavik on an Icelandic horse. On arrival at the riding centre in Hafnarfjörður, you’ll be geared up with overalls, riding helmet, boots and gloves – and introduced to your extremely sure-footed, keen and friendly Icelandic mount. Adorned with long, shaggy manes and thick coats, these purebred descendants of ancient Viking steeds and renowned for their good ride and gentle, calm disposition. Which is handy, because much of the terrain you’ll be seeing is wild. It might be the lava fields surrounding Mt. Helgafell Volcano and the Kaldársel area, or remote and primal Lake Hvaleyraryvatn, with the beautiful Bláfjöll Mountains as your companion on the horizon. Icelandic horses also have one other unique trick about them, one well suited to the country’s rugged glacial landscape. Beyond the usual walk, trot and gallop, they know another unique gait: the tölt. It’s a flowing four-beat gait where the rider stretches down in the stirrup, then sits back into the sensation of floating. The secure high steps involved let your Icelandic horse move easily over terrain that might stop other breeds in their tracks.	This tour involves limited walking, but is not available to wheelchair guests, pregnant women, or those with mobility concerns or recent back or neck injuries. The order of sights viewed or visited may vary. Minimum age is 8 years old and maximum weight is 240 lbs. Children under 18 must be accompanied by a parent or adult guardian. Experiencing the “tölt” gait is based on riders’ ability and is not guaranteed.

Reykjavik	Iceland	REK-002	Highlights	WHALE WATCHING	\$289	4	EASY	Seize your opportunity to catch a glimpse of nature's largest marine denizens up-close on an exciting offshore whale watching expedition. You'll board your expertly-captained vessel at Reykjavik's Old harbour and head out – usually no more than 15 nautical miles but it all depends on where the whales are most likely to be spotted that day. Your onboard guide will provide an introduction and safety briefing, and keep you informed throughout the excursion about what you can see and where to look. Observe from the comfort of indoors, gazing out through large windows – or embrace the fresh salt air and adventure as you watch from the outside deck. Either way, you could find yourself experiencing close encounters with minke, humpback at any moment along the way. Other marine creatures commonly seen on these journeys include white-beaked dolphins, harbour porpoises and many species of seabirds and seals. Between sightings, or if you get too chilled outdoors, you can always come in for a warm-up with some coffee or to make use of the onboard restrooms. Just don't dawdle; the whales won't wait for you.	This tour includes a minimal amount of walking and is available to wheelchair guests who have a collapsible chair, can make their own way on and off the coach and tour vessel, and have a companion to assist them. Those with mobility concerns are cautioned to evaluate their personal level of ability before participating. Guests prone to motion sickness should take the necessary precautions. Even though Reykjavik weather is warm, it can get very cold and windy out on the bay; bring warm clothing and make use of special thermal suits carried on board if necessary. Although common, sightings of marine life are not guaranteed.
Reykjavik	Iceland	REK-003	Highlights	BATHING IN THE BLUE LAGOON	\$329	4	EASY	Revitalise your mind, body and spirit in a unique new way with a relaxing visit to Iceland's famously mineral-rich Blue Lagoon. It's a pilgrimage many, many have made before you – though people only really began bathing here in 1981. That's when the restorative effects of the lagoon's unique geothermal seawater, rich in both silica and sulfur, was first discovered. You'll depart the pier for the scenic coach drive out into the volcanically active Reykjanes Peninsula, and in about 45 minutes' time find yourself gazing at the Blue Lagoon's sizable expanse of milky-blue waters. A pre-dip shower is not only traditional but mandatory before entering the lagoon, and once in, you'll find the water warm but not excessively hot. Once all your stress has melted away – that usually doesn't take long – you may want to spend a bit of time at the sauna; it overlooks the lagoon and features silica-white walls and a cosy steam bath carved into a lava cave. You can also let yourself float to the in-water bar to enjoy one complimentary drink. Best of all, Blue Lagoon guests have ready access to globs of the famous white silica mud that forms an essential part of this natural spa experience only Iceland could offer.	The Blue Lagoon visit is for bathing in geothermal seawater, not regular swimming. The tour includes a minimal amount of walking and is available to guests who have a collapsible chair, can make their own way on and off the coach and into and out of the lagoon, and have a companion to assist them. Those with mobility concerns are cautioned to evaluate their personal level of ability before participating. Pregnant women and heart patients should check with their doctor before booking this tour. For hygiene reasons, guests will need to take a shower without swimwear before their dip; separate men's and women's dressing rooms and showers are provided. The minimum age to bathe in the Blue Lagoon is 2 years.
Reykjavik	Iceland	REK-004	Local Discovery	THE GOLDEN CIRCLE	\$329	8	EASY	Experience the thrill of visiting Reykjavik's "Big Three" scenic wonders – Gullfoss Waterfall, Geysir Geothermal Area and Thingvellir National Park – all on one excursion. Arrayed along a route known as the Golden Circle, this trio pretty much singlehandedly fills the bucket list of Icelandic natural phenomena. Rolling along via comfortable panoramic coach, you'll encounter vast lava fields, a greenhouse community warmed by hot springs and fertile South Iceland farmland – and that's just en route to your first stop of the day. Two-tiered Gullfoss Waterfall is one of Iceland's most beautiful and iconic sights, its vast water volume plummeting down over 100 feet into a river gorge. It's a tough act to follow, but the hyperactive star geyser at aptly named Geysir Geothermal Area spouting off 65-foot jets of boiling hot water every few minutes might just do the trick. You'll see other geysers here too, though the granddaddy of them all, Geysir itself, has been resting of late. Appetite sated after a two-course lunch with the soup of the day and salmon at a local restaurant, you'll make your way to UNESCO-listed Thingvellir National Park, a dramatic rift valley where the Earth's North American and Eurasian tectonic plates meet – and where the Icelandic parliament first met over a 1,000 years ago.	This tour includes a moderate amount of walking, though most of the sights can be viewed from the coach. The tour is available to wheelchair guests who have a collapsible chair, can make their own way on and off the coach and have a companion to assist them. Those with mobility concerns are cautioned to carefully evaluate their personal level of stamina before participating. The order of sites viewed or visited may vary. Please notify of any dietary restrictions at least 48 hours before tour departure.
Reykjavik	Iceland	REK-006	Highlights	CLASSICAL REYKJAVIK CITY HIGHLIGHTS	\$269	4	EASY	Discover some of the sights, quirks and impossible-to-pronounce names that make the world's northernmost capital city unlike any other. Its engaging oddity is one of Reykjavik's biggest draws, along with its modern, forward-thinking attitude and green approach to living and energy. Hot water comes naturally here, bubbling up from geothermal sources everywhere. You'll see this in action in Laugardalur, its massive outdoor pools heated by water from hot springs under the city. Even the Cold War thawed nicely in Reykjavik when Reagan and Gorbachev had their historic 1986 summit meeting at Hofdi House; you'll drop by for snaps of this photogenic white landmark. A visit to Árbær Open Air Museum lands you in the middle of a life-size cultural diorama – a walkable town square, village and farm comprised of authentic buildings painstakingly relocated here from all over Iceland. A far more futuristic structure will provide epic views in the city centre. The Pearl is an enormous glass dome built atop tanks that stockpile natural hot water for heating the city, and its amazing observation platform is on your agenda. So is the National Museum, packed with artifacts dating all the way back to Iceland's 9th-century settlement.	This tour includes a moderate amount of walking. It is available to wheelchair guests who have a collapsible chair, can make their own way on and off the coach and have a companion to assist them. Those with mobility concerns are cautioned to evaluate their personal level of ability before participating. The order of sites viewed or visited may vary.

Reykjavik	Iceland	REK-007	Highlights	PANORAMIC REYKJAVIK	\$159	2.5	EASY	Join us on an orientation spin through Reykjavik, highlighting must-see landmarks like the Pearl, the president's home, a 15th-century farmstead and the University of Iceland. You'll discover Iceland's capital is both a cosmopolitan city and a small town, a place of vibrancy and quietude, of innovative architecture and untamed nature. In the Laugardalur valley you'll see where the city plays, and out in rural Bessastadir, the estate where the country's president lives. You'll survey Reykjavik's colourful old quarter and pass by Hofdi House, where Reagan and Gorbachev held their historic 1986 confab that ended the Cold War. You will also catch a glimpse of the Árbær Open Air Museum with its traditional farm and village buildings relocated from all over Iceland, and at Tjornin, admire the lake that brings tranquility and ducks to the centre of town. You'll crane your neck at majestic Hallgrímskirkja Church, its iconic tower soaring high above the city. But perhaps the most impressive Reykjavik sight of all with be the views you enjoy from the Pearl, a glittering hilltop dome. The town looks spectacular from up here.	This tour is mostly panoramic with minimal optional walking at the stops. It is available to wheelchair guests who have a collapsible chair, can make their own way on and off the coach and have a companion to assist them. Those with mobility concerns are cautioned to evaluate their personal level of ability before participating. The order of sites viewed or visited may vary. The photo stop at Hallgrímskirkja does not guarantee an inside visit as it is based on opening hours and services and events.
Reykjavik	Iceland	REK-009	Highlights	ANCIENT RING OF FIRE; PLANNING FOR THE FUTURE GEOTHERMAL ICELAND: TODAY & TOMORROW	\$289	5.5	EASY	Tour a world of green and steam on this environmentally focused excursion that revolves around Hengill Volcano, just a few miles from Iceland's capital city. It's a landscape formed by cataclysmic eruptions and still bubbling with active vents and other geothermal features. Hengill has been quiet for 2,000 years since its last big blow, yet still pumps out enough steam and hot water to provide plentiful power to Reykjavik and its neighbours. You'll circle the mountain's flanks, where fumaroles dot the landscape, and stop in at Hellið Geothermal Plant Visitor centre to learn more about the green technology being used to harness the volcano's energy in new ways. In nearby Hveragerði, a town built directly atop a magma chamber, you'll drive by naturally heated greenhouses and stroll out to one of the hot springs that bubble and hiss all around this steamy community. You will also enjoy a light lunch at a local restaurant which takes advantage of the geothermal heat in its culinary work. At UNESCO-listed Thingvellir National Park you'll encounter a dramatic rift valley where Iceland's parliament was founded over 1,000 years ago. A drive along Iceland's largest lake at Thingvallavatn leads to a breathtakingly scenic viewpoint, and the return drive to the pier traverses a lunar landscape brimming with volcanic phenomena and other geological wonders.	This tour includes limited walking, mainly at the guest's discretion during the stops. The tour is available to guests who utilise a wheelchair who can make their way on and off the coach and have a companion to assist them. The order of the sites visited or viewed may vary. Please notify of any dietary restrictions at least 48 hours before tour departure.
Reykjavik	Iceland	REK-015	Highlights	ICELANDIC LAVA FIELDS	\$299	4	EASY	Marvel at southwest Iceland's volcanic scenery as you encounter lava fields, geothermal pools and stunning lakes – then top it all off with a succulent Icelandic Langoustine lunch. A drive into hauntingly beautiful Reykjanes Peninsula reveals a rugged landscape shaped by ancient volcanoes and glaciers. After Hafnarfjörður, a city built on an ancient lava flow, every mile travelled grows more dramatic. A stop at Kleifarvatn Lake presents a striking photo op and a chance to spot the Nessie-like serpent believed to inhabit its 300-foot depths. At the hyperactive Krysuvík geothermal area you'll walk along a wooden boardwalk past boiling mud pools and hissing steam vents, amidst terrain stained bold red, green and yellow from mineral deposits. Excellent views of lava fields and the ocean shore are available from a nearby hill; they could almost be of another planet's landscape. Unexpected hues show up again at Green Lake, a deep dish of seafoam-coloured water sitting inside a dormant volcano crater. The setting is more heavenly than hellish at lovely wooden Strandarkirkja Church, a place that Icelandic seamen have prayed for centuries. Speaking of which, the flavour of that lobster lunch at a coastal restaurant will feel like a prayer, answered.	Walking on this excursion is mainly at guests' discretion during the stops. The tour is available to wheelchair guests who have a collapsible chair, are able to make their own way on and off the coach and have an able-bodied companion to assist them. Those with mobility concerns are cautioned to carefully evaluate their personal level of stamina before participating.
Reykjavik	Iceland	REK-016	Active	SUPER 4X4 ADVENTURE	\$359	4	MODERATE	Go well off the beaten path and into the dramatic, volcanically formed terrain surrounding Reykjavik in a 4x4 "super truck" expressly configured for this environment. At times you'll be on the highway, at others, your skilled driver/guide will head off-road into the scenic hinterlands left behind by ancient eruptions and grinding glaciers. You'll visit normally-inaccessible areas that have remained pure and unspoiled for centuries – like Úlfarsfell, a smallish mountain offering surprisingly expansive views of Reykjavik and Faxaflói Bay. On a clear day, you might even spot glacier-capped Snæfellsjökull volcano across the water to the northwest. But then, this whole trip is one of continuous awe-inspiring scenery, whether en route to a power plant that uses geothermal energy to produce electricity and hot water for Reykjavik, or up at the observation point above Iceland's largest lake, Thingvallavatn – with Hengill volcano looming in the distance. And then there's that gravel lakeside road that leads to wonderfully picturesque Thousand Waters Trail, that winds through countless rivers and streams, that taken all together gives the wilder scenery a run for its money. Fact is, you may find it hard to decide which of these amazing settings was your favourite. It's a nice problem to have.	Walking on this tour is limited and mainly at guests' discretion; however, the vehicle will at times travel over unpaved natural tracks and the ride can become quite bumpy. The tour is not available to wheelchair guests, pregnant women, or those with mobility, back or neck issues. Views are dependent on prevailing weather conditions.
Reykjavik	Iceland	REK-019	Active	SUPER 4X4 ADVENTURE AND HVAMMSVIK HOT SPRINGS	\$749	7.5	MODERATE	Follow the rugged Thousand Water Trail in an off-road Super Truck and stop along the way for photos of the most stunning natural attractions. You will travel caravan-style in a convoy of 4x4 vehicles that can easily handle the harsh, rugged terrain as you will discover firsthand by driving across rivers and through mud banks. After passing the active Hengill volcano, which supplies geothermal energy to much of South Iceland, you will pause near the Nesjavéllir Power Plant and take in the sweeping views of Lake Þingvallavatn. Ahead lies Hvammsvík, where you can ease into the outdoor hot springs. Few experiences are quite so relaxing and picturesque as the 1,200-acre resort is nestled along the shore of Hvalfjörður, a lengthy fjord named for a folkloric red-headed whale. Later, you will stop to snap photos of thundering Þórufoss waterfall and Úlfarsfell, a smallish mountain that offers surprisingly long views of Reykjavik and Faxaflói Bay.	This tour is not recommended for persons with limited mobility or very young children. Pregnant women should evaluate their physical condition before joining this tour.
Reykjavik	Iceland	REK-021	Highlights	SKY LAGOON & CITY DRIVE	\$299	4	EASY	Ease into the naturally heated waters of a geothermal lagoon and enjoy a panoramic driving tour past key landmarks that define Reykjavik. Inspired by Iceland's spa culture, Sky Lagoon is an outdoor oceanfront infinity pool designed to restore mind, body and soul. There you will indulge in The Ritual, a multi-step wellness immersion that will leave you deeply relaxed by partaking in the soothing hot springs, detoxifying sauna, stimulating fog-mist, reinvigorating body scrub and more. It will be an experience unlike any other, especially considering the lagoon's gorgeous setting overlooking the sea. The drive through Reykjavik will be enlightening in a different way as you pass icons such as the futuristic rotating glass dome of the Perlan museum. You will also pause for photos at the majestic Hallgrímskirkja Church and pass by Hofdi, a stately house often visited by heads of state such as Ronald Reagan and Mikhail Gorbachev, who held a summit there in 1986.	Participants must be at least 12 years of age. Weather appropriate clothing; sunglasses; and flat, comfortable walking shoes are recommended. Walking on this excursion is mainly at guests' discretion during the stops. The tour is available to wheelchair guests who have a collapsible chair, are able to make their own way on and off the coach and have an able-bodied companion to assist them. Sky Lagoon has accessible changing rooms and a chair lift to get in and out of the lagoon.

Reykjavik	Iceland	REK-029	Highlights	PUFFINS & SEABIRDS BY RIB BOAT	\$479	2.25	STRENUOUS	Go birding in a rigid inflatable boat or RIB specifically designed for navigating seas much like those that you will encounter off Reykjavik. The boat can cover a wide area quickly and maneuver effortlessly, allowing you to get as close as possible to the islands. Auks and gannets are commonly seen flying overhead and nesting in the sea cliffs. The guide will identify the birds and provide entertaining commentary about their behaviours. Puffins tend to be the showstoppers as these black-and-white birds sport bright-orange beaks and feet that make them exceptionally photogenic. Often called "sea parrots," puffins spend most of their lives on the water. They are also skilled flyers, reaching speeds up to 55 miles per mile, which is surprising in light of their rather stout appearance. To enhance the viewing experience, the captain will turn off the engine at times, allowing you and the birds to enjoy the setting undisturbed.	Wildlife sightings are never guaranteed. Puffin season is from approximately May – August. This tour may not be suitable for pregnant women. This tour is not recommended for those with history of back and knee problems or severe heart conditions. Dress warmly and bring warm outdoor clothing like a wool or fleece sweater, some warm headgear, and gloves. Minimum age to participate is 10 years of age & height limit of 145cm/57inches.
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