

CEREAL

COLD

all bran

corn flakes

frosted flakes

granola

raisin bran

rice krispies

shredded wheat

special k

served with your choice of whole milk | skim milk

müesli

toasted oats, raisins, fruit yogurt, apples, oranges, bananas, honey

HOT

cream of wheat | oatmeal

served with your choice of honey, maple syrup, cinnamon powder, brown sugar

BAKERY

french croissant

brioche

pain au chocolat

danish pastries

assorted muffins

bread rolls

baguette

bagel

toast

white | rye | whole wheat
sourdough

served with assorted jams, orange marmalade, honey and butter

EXPRESS BREAKFAST

*scrambled eggs, crisp bacon

hot toast, orange juice, freshly brewed coffee

EGGS

*scrambled | *poached | *fried | *hard boiled | *soft boiled

*egg benedict

poached egg, bacon, hollandaise sauce

OMELETS

*plain | *cheese | *ham | *smoked salmon | *onion | *combination

SIGNATURE OMELETS

*spanish

onions, potatoes, tomatoes, bell pepper, parsley

*western

onions, ham, tomatoes, bell peppers, cheddar cheese

*fine herbs

parsley, chives, tarragon, chervil

GALLEY

COLD

*smoked salmon, cream cheese

assorted cold cuts

assorted cheese

HOT

*breakfast steak

*broiled kippers

SWEET TREATS

pancakes

plain | buckwheat | blueberry | banana | pecan

waffle

french toast

FRUIT & YOGURT

assorted seasonal fruit

[75/tr/1]

fruit salad

[94/tr/3]

FRUIT IN SYRUP

apricots | peaches | pears | prunes

yogurt

fruit | plain

JUICE

orange | apple | tomato

cranberry | grapefruit

prune | v-8

BEVERAGES

freshly brewed coffee

regular | decaffeinated

english breakfast tea

darjeeling tea

earl grey tea

assorted herbal teas

decaffeinated tea

hot chocolate

milk

whole | skim

SIDE DISHES

baked beans

hash browns

grilled tomatoes

sautéed mushrooms

corned beef hash

broiled breakfast ham

bacon

crispy | grilled

turkey bacon

sausage link

pork | turkey

plant-based

lacto-ovo vegetarian

[calories / fat grams / fiber grams]

Reflecting the holistic approach of the Aquamar Spa + Vitality Center, these exceptionally light, healthy and flavorful options are designed to nourish your body and support your wellness.

*Public Health Advisory: Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk for foodborne illness, especially if you have certain medical conditions.

APPETIZER

- roasted butternut squash 🌿
arugula, black radish, mango, hearts of palm
- *fresh local mussels
coconut lemongrass
- serrano cured ham
marinated artichokes, pecorino romano

SOUP

- cream of cauliflower
chicken quenelles
- beef consommé
diablotins

SALAD

- sicilian salad
baby greens, onions, tomato, italian black olives,
capers, red wine vinaigrette
- caesar salad
traditional garnish
- mixed greens salad 🌿
choice of dressing

SIDE DISHES

- assorted vegetables
- stir-fried vegetables
- mashed potatoes
- baked potato
- rosemary potatoes
- pasta
choice of sauce: bolognese | tomato 🌿 | pesto 🌿

ENTRÉE

- tamarind-braised grouper fillet
sweet ginger sauce, steamed rice,
stir-fried vegetables
- traditional beef bourguignon
tagliatelle
- pancetta-wrapped turkey tournedos
truffle-balsamic jus, potato gnocchi, vegetables
- stuffed roasted tomatoes 🌿
orzo, mediterranean vegetables,
mushrooms, cashew pesto
- cavatelli
fresh littleneck clams, garlic-pinot grigio sauce
- *salmon supreme
rice pilaf, green beans, choron sauce
- *sirloin steak
certified black angus beef, french fries,
garlic butter rosette
- herb-crusted rotisserie chicken
mashed potatoes, jus de roti

WINE BY THE BOTTLE

WINE

- 2022 | g rard bertrand ch teau l'hospitalet la clape white blend,
languedoc-roussillon, france 95
- 2022 | honig vineyard & winery cabernet sauvignon, napa valley, california 110

PUT YOURSELF IN OUR HANDS
Tell us about your likes, aversions & allergies

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- 🌿 lacto-ovo vegetarian
- 🌿 plant-based
- 🍷 no-sugar-added

— THE —
GRAND DINING
— ROOM —

DESSERT

almond croquant

pistachio mousse

chocolate brownie

seasonal fresh fruit plate

AQUAMAR VITALITY CUISINE

[calories / fat grams / fiber grams]

mango sticky rice

[170 / 11 / 1]

ICE CREAM

vanilla

chocolate

strawberry

raspberry

SORBET

passion fruit

 plant-based |  no-sugar-added